

## ACTIVE NEWHAM 60m INDOOR OPEN 29/12/13 - RESULTS

60m U11-U17 Round 1 Time :11:51

						Time	Reaction Time
Heat:1	1	5	Abass Hemoh	Newham and Essex Beagles	U17M	7.37	0.182
	2	20	Cameron Skeete	Orion Harriers	U17M	7.48	
	3	34	Tchai Codrington	Orion Harriers	U17B	7.53	
	4	10	Emmanuel Sosanya	Newham and Essex Beagles	U17M	7.73	
	5	15	Femi Seki	Newham and Essex Beagles	U15B	7.82	
	6	11	Maya Bruney	Blackheath & Bromley AC	U17W	7.88	0.143

60m U11-U17 Round 1 Time :11:51

Heat:2	1	21	Gabriel Yiadom	Ilford AC	U17M	7.49	0.158
	2	29	Abdul Abdillahi	Highgate Harriers	U17M	7.80	
	3	1	Vera Chinedu	Cambridge Harriers	U15G	7.81	0.168
	4	14	Jordan Lucky	Herne Hill Harriers	U17M	7.94	0.175
	5	40	Karl Johnson	Newham and Essex Beagles	U15B	8.17	

60m U11-U17 Round 1 Time :11:51

Heat:3	1	22	Dennis Jefia	Newham and Essex Beagles	U15B	7.97	
	2	38	Matthew Attalah	Serpertine	U15B	7.98	
	3	42	Danny Burrowes	Thames Valley Harriers	U17B	7.99	
	4	35	Moshope Onafuwa	Newham and Essex Beagles	U15G	8.57	
		39	Arron Shaw	Serpertine	U15B	DQ	

60m U11-U17 Round 1 Time :11:51

Heat:4	1	23	Joseph Harding	Newham and Essex Beagles	U13B	8.40	
	2	8	Shanlle Heywood	Newham and Essex Beagles	U15G	8.47	
	3	33	Megan Walsh	Medway & Maidstone AC	U15G	8.49	
	4	9	Ashleigh Spiliopoulou	Hertford and Ware Combines	U17W	8.51	
	5	26	Natasha Scott	Medway & Maidstone AC	U15G	8.68	
		13	Ashley Kossa	Newham and Essex Beagles	U17W	DQ	

60m U11-U17 Round 1 Time :11:51

Heat:5	1	41	Shannon Jameson	Newham and Essex Beagles	U17G	8.69	
	2	32	Poppy Dinley	Medway & Maidstone AC	U15G	8.73	
	3	27	Tara Farrell	Medway & Maidstone AC	U15G	8.87	
	4	17	Mude Lomodong	Highgate Harriers	U17W	9.21	
	5	16	Naomi Kyezu	Highgate Harriers	U17W	9.24	

60m U11-U17 Round 1 Time :11:51

Heat:6	1	12	Olton Plichon	Highgate Harriers	U17M	8.20	
	2	6	Cindy Obasa	Newham and Essex Beagles	U15G	8.63	
	3	7	Victoria Olukoga	Newham and Essex Beagles	U17W	8.95	
	4	19	Mark Thomas-Sengati	Newham and Essex Beagles	U15B	9.21	

5 28 Sasha Farrell Medway & Maidstone AC U13G 9.96

60m U11-U17 Round 1 Time :11:51

Heat:7

1 37 Dita Jaja Shaftsbury Harriers U15B 7.87  
2 43 Seyi Wilson-Oluwole Newham Essex U15 7.89  
3 25 Isabella George Newham and Essex Beagles U13G 8.90  
4 30 Danielle Bakare Newham and Essex Beagles U15G 9.11  
5 36 Richard Chinedu Cambridge Harriers U11 9.36  
6 31 Ozgur Uckan Newham and Essex Beagles U13G 10.10

60m U11-U17 Round 2 Time :12:39

Heat:1

1 5 Abass Hemoh Newham and Essex Beagles U17M 7.30 0.148  
2 20 Cameron Skeete Orion Harriers U17M 7.47  
3 34 Tchai Codrington Orion Harriers U17B 7.55  
4 29 Abdul Abdillahi Highgate Harriers U17M 7.71  
5 10 Emmanuel Sosanya Newham and Essex Beagles U17M 7.73  
21 Gabriel Yiadom Ilford AC U17M DQ 0.092

60m U11-U17 Round 2 Time :12:39

Heat:2

1 15 Femi Seki Newham and Essex Beagles U15B 7.58  
2 1 Vera Chinedu Cambridge Harriers U15G 7.79 0.155  
3 43 Seyi Wilson-Oluwole Newham Essex U15 7.84  
4 14 Jordan Lucky Herne Hill Harriers U17M 7.89  
5 11 Maya Bruney Blackheath & Bromley AC U17W 7.91 0.141  
6 37 Dita Jaja Shaftsbury Harriers U15B 8.18 0.175

60m U11-U17 Round 2 Time :12:39

Heat:3

1 38 Matthew Attalah Serpertine U15B 7.94  
2 22 Dennis Jefia Newham and Essex Beagles U15B 7.94  
3 42 Danny Burrowes Thames Valley Harriers U17B 8.03  
4 40 Karl Johnson Newham and Essex Beagles U15B 8.05  
5 39 Arron Shaw Serpertine U15B 8.24  
12 Olton Plichon Highgate Harriers U17M DQ

60m U11-U17 Round 2 Time :12:39

Heat:4

1 23 Joseph Harding Newham and Essex Beagles U13B 8.37  
2 33 Megan Walsh Medway & Maidstone AC U15G 8.41 0.145  
3 35 Moshope Onafuwa Newham and Essex Beagles U15G 8.43  
4 9 Ashleigh Spiliopoulou Hertford and Ware Combines U17W 8.53  
5 8 Shanlle Heywood Newham and Essex Beagles U15G 8.55  
6 13 Ashley Kossa Newham and Essex Beagles U17W 9.06

60m U11-U17 Round 2 Time :12:39

Heat:5

1 6 Cindy Obasa Newham and Essex Beagles U15G 8.58

2	41	Shannon Jameson	Newham and Essex Beagles	U17G	8.67	
3	26	Natasha Scott	Medway & Maidstone AC	U15G	8.69	0.135
4	32	Poppy Dinley	Medway & Maidstone AC	U15G	8.69	0.176
5	27	Tara Farrell	Medway & Maidstone AC	U15G	8.93	
6	25	Isabella George	Newham and Essex Beagles	U13G	9.00	

60m U11-U17 Round 2 Time :12:39

Heat:6

1	7	Victoria Olukoga	Newham and Essex Beagles	U17W	9.01	
2	19	Mark Thomas-Sengati	Newham and Essex Beagles	U15B	9.21	
3	30	Danielle Bakare	Newham and Essex Beagles	U15G	9.22	
4	17	Mude Lomodong	Highgate Harriers	U17W	9.27	

60m U11-U17 Round 2 Time :12:39

Heat:7

1	36	Richard Chinedu	Cambridge Harriers	U11	9.40	
2	28	Sasha Farrell	Medway & Maidstone AC	U13G	10.00	
3	31	Oznur Uckan	Newham and Essex Beagles	U13G	10.03	
	16	Naomi Kyezu	Highgate Harriers	U17W	DNS	

60m U20+ Round 1 Time :14:51

Heat:1

1	164	Conifdence Lawson	Shaftesbury Barnet Harriers	SM	6.91	0.135
2	122	Oweka Wanogho	Croydon Harriers	SM	6.93	0.133
3	167	Jordan Duvigneau	Harrow AC	SM	7.05	0.132
4	136	Duayne Bovell	Blackheath & Bromley AC	SM	7.14	0.143
5	151	Dane Shepherd	WGEL	SM	7.15	0.180
6	133	Jevone Robinson	Herne Hill Harriers	SM	7.23	0.149

60m U20+ Round 1 Time :14:51

Heat:2

1	146	Rich Morrissey	Crussaders	SM	7.04	0.123
2	121	Victor Nwagbara	Kingston & Poly	SM	7.07	0.122
3	149	Daniel Awde	WGEL	SM	7.09	0.119
4	163	Kaylen Stuart	Thames Valley Harriers	U20M	7.17	0.139
5	154	Andrew Steele	Trafford	SM	7.31	0.158
6	150	Silvester Juwe	WGEL	SM	7.41	0.133

60m U20+ Round 1 Time :14:51

Heat:3

1	162	Ugo Umekwe	Thames Valley Harriers	SM	7.21	0.149
2	160	Chaka Maillet	Thames Valley Harriers	SM	7.27	0.118
3	145	Hanif Henry	Orion Harrier	U20M	7.32	
4	143	Sam Malpass	Ilford AC	U20M	7.33	0.154
5	125	Ashley Wilson	Victoria Park Harriers & Tower Hamlets	SM	7.43	0.140
6	108	Andrew Ajube	Victoria Park Harriers & Tower Hamlets	SM	7.54	0.191

60m U20+ Round 1 Time :14:51

Heat:4

1	158	Isaac Ogunlade	Herne Hill Harriers	SM	7.20	0.174
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2	144	Jahmal Germaine	Newham & Essex Beagles	SM	7.23	0.122
3	119	Gideon Okoh	Kingston upon Hull	SM	7.27	0.179
4	138	Reece Young	Blackheath & Bromley AC	U20M	7.37	0.164
5	142	Mark Cryer	Blackheath & Bromley AC	SM	7.43	0.201
	128	Pierre Walker	Belgrave Harriers	SM	DQ	0.056

60m U20+ Round 1 Time :14:51

Heat:5

1	148	James Weaver	Enfield & Haringey AC	U20M	7.35	0.150
2	124	Lennox Thompson	Newham & Essex Beagles	SM	7.45	0.147
3	129	Kamal Esty	Newham & Essex Beagles	U20M	7.55	0.204
4	113	Simon Alexander	Croydon Harriers	SM	7.71	0.140
5	161	Bashir Mohamed	Thames Valley Harriers	U20M	7.96	0.233
	152	Kaspars Kazemaks	Woking	SM	DQ	-0.184

60m U20+ Round 1 Time :14:51

Heat:6

1	159	Steven O'Hara	Windsor Slough & Eton	U20M	7.59	0.181
2	109	Scott Garraway	Reading AC	U20M	7.59	0.148
3	110	Jason Garraway	Reading AC	SM	7.62	0.145
4	135	Serita Solomon	Blackheath & Bromley AC	SW	7.67	
5	104	Mark Celaire	Newham & Essex Beagles	SM	7.83	0.152
6	156	Mary Iheke	Kingston and Polytechnic Harriers	SW	7.87	0.155

60m U20+ Round 1 Time :14:51

Heat:7

1	140	Holly Woodward	Enfield & Haringey AC	U20W	7.69	0.145
2	157	Christopher Zah	Victoria Park Harriers & Tower Hamlets	U20M	7.73	0.152
3	134	Page Fairclough	Stevenage & North Herts AC	U20W	7.87	0.148
4	147	Keishana Larose	Victoria Park Harriers & Tower Hamlets	SW	7.95	0.181
5	139	Jahisha V.E Thomas	Blackheath & Bromley AC	SW	7.96	0.155
6	166	Antonio Scaringella	Unattached	SM	8.38	

60m U20+ Round 1 Time :14:51

Heat:8

1	141	Andrew Elie	Newham & Essex Beagles	SM	7.67	0.148
2	111	Mark Garraway	Unattached	SM	7.89	0.165
3	155	Franziska Wahl	Unattached	SW	8.02	0.133
4	116	Katie White	Tonbridge AC	U20W	8.08	0.202
5	126	Alima Diabate	Highgate Harriers	SW	8.27	
6	153	Indea Adams-Burnett	Oaklands College	U20W	8.59	0.163

60m U20+ Round 1 Time :14:51

Heat:9

1	165	Joseph Dennison	London Heathside	U20M	7.48	0.187
2	117	Sara Henderson	Newbury AC	SW	8.90	0.154
3	107	Bradley Brown	Ilford AC	M40	9.40	
4	132	Lesley Richardson	Enfield & Haringey AC	W40	9.93	0.175

60m U20+ Round 2 Time :15:41

## Heat:1

1	164	Conifdence Lawson	Shaftesbury Barnet Harriers	SM	6.82	0.156
2	122	Oweka Wanogho	Croydon Harriers	SM	6.91	0.128
3	167	Jordan Duvigneau	Harrow AC	SM	6.92	0.113
4	146	Rich Morrissey	Crussaders	SM	7.01	0.114
5	121	Victor Nwagbara	Kingston & Poly	SM	7.08	0.127
	149	Daniel Awde	WGEL	SM	DIS	0.005

60m U20+ Round 2 Time :15:41

## Heat:2

1	151	Dane Shepherd	WGEL	SM	7.13	0.176
2	133	Jevone Robinson	Herne Hill Harriers	SM	7.17	0.157
3	136	Duayne Bovell	Blackheath & Bromley AC	SM	7.18	0.136
4	163	Kaylen Stuart	Thames Valley Harriers	U20M	7.19	0.136
5	158	Isaac Ogunlade	Herne Hill Harriers	SM	7.21	0.121
	162	Ugo Umekwe	Thames Valley Harriers	SM	DNF	0.129

60m U20+ Round 2 Time :15:41

## Heat:3

1	119	Gideon Okoh	Kingston upon Hull	SM	7.16	0.152
2	144	Jahmal Germaine	Newham & Essex Beagles	SM	7.18	0.149
3	160	Chaka Maillet	Thames Valley Harriers	SM	7.25	0.110
4	145	Hanif Henry	Orion Harrier	U20M	7.28	
5	154	Andrew Steele	Trafford	SM	7.29	0.147
6	128	Pierre Walker	Belgrave Harriers	SM	7.37	0.146

60m U20+ Round 2 Time :15:41

## Heat:4

1	143	Sam Malpass	Ilford AC	U20M	7.27	0.168
2	148	James Weaver	Enfield & Haringey AC	U20M	7.33	0.145
3	125	Ashley Wilson	Victoria Park Harriers & Tower Hamlets	SM	7.37	0.153
4	138	Reece Young	Blackheath & Bromley AC	U20M	7.39	0.180
5	150	Silvester Juwe	WGEL	SM	7.41	0.150
6	142	Mark Cryer	Blackheath & Bromley AC	SM	7.45	0.134

60m U20+ Round 2 Time :15:41

## Heat:5

1	124	Lennox Thompson	Newham & Essex Beagles	SM	7.34	0.124
2	165	Joseph Dennison	London Heathside	U20M	7.41	0.161
3	108	Andrew Ajube	Victoria Park Harriers & Tower Hamlets	SM	7.44	0.175
4	129	Kamal Esty	Newham & Essex Beagles	U20M	7.53	0.162
5	159	Steven O'Hara	Windsor Slough & Eton	U20M	7.57	
	152	Kaspars Kazemaks	Woking	SM	DIS	0.055

60m U20+ Round 2 Time :15:41

## Heat:6

1	135	Serita Solomon	Blackheath & Bromley AC	SW	7.53	0.143
2	109	Scott Garraway	Reading AC	U20M	7.54	0.155
3	110	Jason Garraway	Reading AC	SM	7.55	0.143
4	113	Simon Alexander	Croydon Harriers	SM	7.62	0.128

5	140	Holly Woodward	Enfield & Haringey AC	U20W	7.67	0.126
	141	Andrew Elie	Newham & Essex Beagles	SM	DIS	0.098

60m U20+ Round 2 Time :15:41

Heat:7

1	157	Christopher Zah	Victoria Park Harriers & Tower Hamlets	U20M	7.74	0.143
2	104	Mark Celaire	Newham & Essex Beagles	SM	7.77	0.129
3	111	Mark Garraway	Unattached	SM	7.86	0.136
4	134	Page Fairclough	Stevenage & North Herts AC	U20W	7.89	0.162
5	147	Keishana Larose	Victoria Park Harriers & Tower Hamlets	SW	7.89	0.190
6	156	Mary Iheke	Kingston and Polytechnic Harriers	SW	7.96	0.165

60m U20+ Round 2 Time :15:41

Heat:8

1	139	Jahisha V.E Thomas	Blackheath & Bromley AC	SW	7.90	0.140
2	161	Bashir Mohamed	Thames Valley Harriers	U20M	7.93	0.205
3	116	Katie White	Tonbridge AC	U20W	8.02	0.149
4	155	Franziska Wahl	Unattached	SW	8.05	0.144
5	126	Alima Diabate	Highgate Harriers	SW	8.28	
6	166	Antonio Scaringella	Unattached	SM	8.43	

60m U20+ Round 2 Time :15:41

Heat:9

1	153	Indea Adams-Burnett	Oaklands College	U20W	8.51	0.140
2	117	Sara Henderson	Newbury AC	SW	8.88	0.159
3	107	Bradley Brown	Ilford AC	M40	9.25	
4	132	Lesley Richardson	Enfield & Haringey AC	W40	9.90	0.190