

# Brighton 10k

Run Base Events · 17 November 2024

## Results - 10k

Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1	4	Adam CLARKE	Aldershot Farnham & District AC	M	MSEN	29:47	0:29:47
2	17	Paul WHITTAKER	Road Runners Club	M	MV35	30:07	0:30:06
3	1	Jack WOODS	Worthing & District Harriers	M	MSEN	30:09	0:30:09
4	2718	Cole GIBBENS	Tonbridge AC	M	MSEN	30:23	0:30:22
5	2622	Dominic NOLAN	Croydon Harriers	M	MSEN	30:41	0:30:40
6	33	Alex POINTON	Aldershot Farnham & District AC	M	MSEN	30:44	0:30:44
7	36	Peter HART	Southampton AC	M	MSEN	30:51	0:30:49
8	25	Wegahta ZEROM	Ashford AC	M	MSEN	31:01	0:31:00
9	10	Matt GRINDROD	Brighton & Hove AC	M	MSEN	31:15	0:31:14
10	19	Steven STRANGE	Tonbridge AC	M	MSEN	31:16	0:31:15
11	15	Nick DAWSON	Brighton & Hove AC	M	MSEN	31:17	0:31:16
12	3	Andrew GREEN	Brighton & Hove AC	M	MSEN	31:20	0:31:19
13	11	Kieran BARNES	Brighton & Hove AC	M	MSEN	31:25	0:31:24
14	12	Josh BURTON	Brighton Phoenix	M	MSEN	31:25	0:31:23
15	20	Toby JONES	City of Southend AC	M	MU20	31:37	0:31:36
16	2906	Cameron WALKER-POWELL	City of Portsmouth AC	M	MSEN	31:37	0:31:35
17	2750	Matthew JAMES	Southampton AC	M	MSEN	31:37	0:31:36
18	9	Ben SAVILL	Brighton & Hove AC	M	MSEN	31:40	0:31:40
19	940	Jon HART	Wolverhampton & Bilston AC	M	MV45	31:40	0:31:39
20	2429	Ally JONES	City of Portsmouth AC	M	MV35	31:42	0:31:40
21	41	Jude BELL	Shaftesbury Barnet Harriers	M	MSEN	31:44	0:31:44
22	1658	Jack PARSLOW	Dacorum AC	M	MV35	31:47	0:31:44
23	34	Andrew GREENLEAF	Winchester & District AC	M	MV40	31:47	0:31:46
24	1318	Richard LOVEJOY	Aldershot Farnham & District AC	M	MV35	31:49	0:31:47
25	27	Ben TYLER	Medway & Maidstone AC	M	MSEN	31:55	0:31:54
26	28	Daniel BRADLEY	Tonbridge AC	M	MV35	31:57	0:31:56
27	26	Barry STEPHENSON	Dartford Harriers AC	M	MV40	32:00	0:31:59
28	2109	Thomas THAYRE	Crawley AC	M	MSEN	32:01	0:31:58
29	3003	Adam HOLLAND	Tavistock AC	M	MV35	32:04	0:32:03
30	35	George MORRIS	Aldershot Farnham & District AC	M	MSEN	32:05	0:32:03
31	2329	Liam WILSON		M	MV35	32:13	0:32:10
32	2993	Benjamin CONNOLLY	Brighton Phoenix	M	MSEN	32:16	0:32:13
33	2430	Alex WINCHESTER	Dulwich Runner AC	M	MV40	32:16	0:32:15
34	301	Bryan BRETT	Eastbourne Rovers AC	M	MV40	32:17	0:32:16
35	1071	Dave HUNT	Ryde Harriers	M	MV40	32:18	0:32:16
36	18	Charlie EVEREST	Newham & Essex Beagles AC	M	MSEN	32:19	0:32:18
37	2431	Ben SHORT	Crawley AC	M	MV35	32:19	0:32:18
38	1198	Arun KHURSHEED	Brighton & Hove AC	M	MU17	32:20	0:32:16
39	2687	George STEWART	Lewes AC	M	MSEN	32:25	0:32:22
40	49	Peter ROBINS	Ranelagh Harriers	M	MSEN	32:29	0:32:28
41	1516	David MORGAN	Kent AC	M	MV40	32:35	0:32:33
42	43	Stefano FEDERICI	St Albans Striders	M	MV40	32:37	0:32:36
43	1855	Danny ROCK	Felixstowe Road Runners	M	MV40	32:44	0:32:42
44	282	Jack BRADLEY	Thanet Roadrunners AC	M	MV35	32:49	0:32:47
45	44	Matthew HOLMAN	Belgrave Harriers	M	MSEN	32:50	0:32:49
46	1119	Alex JEFFREYS	Brighton Phoenix	M	MSEN	32:51	0:32:48
47	1238	Robert LAING	Kent AC	M	MV45	33:01	0:32:58
48	2646	Will BUSWELL	Brighton & Hove AC	M	MSEN	33:08	0:33:06
49	63	Neil ADAMS	North Norfolk Beach Runners	M	MV45	33:08	0:33:07
50	653	Chris DYSON	Woking AC	M	MV35	33:10	0:33:08

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
51	2303	Sam WILKINSON	Brighton & Hove AC	M	MSEN	33:12	0:33:10
52	2376	Alex WRIGHT	Reigate Priory AC	M	MSEN	33:18	0:33:16
53	198	Jonathan BECKETT	Brighton & Hove AC	M	MU20	33:20	0:33:18
54	632	Thomas DORAN	Southampton AC	M	MV35	33:21	0:33:20
55	2870	Adam DART	Brownlee Fitness	M	MSEN	33:24	0:33:22
56	3075	Kyle TURNER	RAF Athletics	M	MSEN	33:25	0:33:22
57	57	Charlie A MADELAINE	Reading AC	M	MV40	33:26	0:33:21
58	1506	Rory MONTI	Brighton & Hove AC	M	MU20	33:26	0:33:22
59	471	Che COMPTON	Kent AC	M	MV50	33:27	0:33:24
60	322	Luke BROWN	Brighton Phoenix	M	MSEN	33:28	0:33:24
61	42	Matthew COOPER	St Albans Striders	M	MV40	33:29	0:33:27
62	1681	Ben PEPLER	Lewes AC	M	MSEN	33:31	0:33:28
63	1908	Andrea SANSOTTERA	Lewes AC	M	MV35	33:36	0:33:32
64	1537	Simon MUGGLESTONE	Bideford AAC	M	MV55	33:39	0:33:35
65	3009	Tom HARVEY	Lingfield RC	M	MV45	33:43	0:33:41
66	1944	Keith SHAPLAND	Bideford AAC	M	MV45	33:43	0:33:39
67	1718	Luke PIPER	Brighton Phoenix	M	MSEN	33:47	0:33:44
68	2633	Andrew MCCASKILL		M	MV35	33:49	0:33:44
69	2701	Garry TURNER		M	MV35	33:52	0:33:47
70	2769	Shane FITZGERALD		M	MSEN	33:52	0:33:48
71	1835	Ben RINGROSE-VOASE	Belgrave Harriers	M	MSEN	33:52	0:33:47
72	1754	Michael PRIEST	Haywards Heath Harriers	M	MSEN	33:54	0:33:50
73	1612	Tom ONEILL		M	MSEN	33:58	0:33:53
74	2868	Chrstian LEE	Holland Sports AC	M	MSEN	33:58	0:33:55
75	205	Nick BEER	Tonbridge AC	M	MV35	33:59	0:33:58
76	39	Cassie THORP	* Portsmouth AC	F	FV35	34:02	0:33:57
77	52	Harry MULLARD	Reigate Priory AC	M	MSEN	34:06	0:34:04
78	350	Mark BURCHETT	Worthing & District Harriers	M	MV35	34:07	0:34:04
79	320	Luke BROWN		M	MSEN	34:11	0:34:05
80	2497	Charlie ARNELL	*	F	FSEN	34:14	0:34:13
81	478	Simon COOPER	Aldershot Farnham & District AC	M	MV50	34:15	0:34:11
82	50	Brandan MORRELL	South London Harriers	M	MU20	34:15	0:34:13
83	540	Rowan CURTIS	Brighton & Hove AC	M	MU17	34:15	0:34:11
84	55	Alice CRANE	* Dorking & Mole Valley AC	F	FSEN	34:16	0:34:11
85	2059	John STODDART	Henfield Joggers	M	MV35	34:19	0:34:15
86	2980	James RHODES	Striders of Croydon	M	MSEN	34:22	0:34:20
87	51	Daniel EVANS	Dorking & Mole Valley AC	M	MSEN	34:22	0:34:20
88	2779	Harry STANDING		M	MSEN	34:23	0:34:08
89	3001	Kate ESTLEA-MORRIS	* Aldershot Farnham & District AC	F	FSEN	34:24	0:34:19
90	315	Luke BROCKS	City of Portsmouth AC	M	MSEN	34:24	0:34:24
91	2126	Christopher THOMSON	Metro Aberdeen RC	M	MV40	34:27	0:34:23
92	2254	John WAYLAND	Wellngborough & Dsitric AC (WDAC)	M	MV45	34:27	0:34:24
93	2903	Cassie GASSON	*	F	FSEN	34:28	0:34:22
94	2327	Kevin WILLSSHER	Lordshill Road Runners	M	MV45	34:30	0:34:22
95	2	Sam WADE	Brighton Phoenix	M	MSEN	34:35	0:34:34
96	2715	Rob PETERS	Liss Runners	M	MSEN	34:39	0:34:33
97	2483	Oliver COBB	Sevenoaks AC	M	MV45	34:40	0:34:37
98	2534	Connor ADAMS	City of Portsmouth AC	M	MU20	34:42	0:34:38
99	2989	Iain MEAGER		M	MV35	34:42	0:34:37
100	72	Andrew AITKEN	Striders of Croydon	M	MV45	34:42	0:34:39

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101	397	Ruby CARTER	* Hercules Wimbledon	F	FSEN	34:49	0:34:44
102	53	Lisa BAILEY	* Stragglers	F	FV40	34:53	0:34:50
103	1507	Kit MONTI	Brighton & Hove AC	M	MU20	34:57	0:34:53
104	2559	Joshua BATH		M	MSEN	34:58	0:34:54
105	1358	Shaun MANN	City of Norwich AC	M	MV50	35:03	0:34:58
106	1077	Finley HURREN	Highgate Harriers	M	MSEN	35:09	0:35:04
107	5	Grace BAKER	* Hastings AC	F	FSEN	35:10	0:35:06
108	433	Sebastian CIRILLO	Chelmsford AC	M	MSEN	35:11	0:35:02
109	1683	Simon PERKINS	Horsham Joggers	M	MV50	35:11	0:35:03
110	2962	James RIDGER	Paddock Wood AC	M	MV45	35:12	0:35:05
111	1230	Jani KRANER	Walton AC	M	MV40	35:16	0:35:08
112	48	Freya WEDDELL	* St Albans Striders	F	FSEN	35:17	0:35:12
113	829	Joseph GONZALEZ-ARMAS	26.2 Road Runners Club	M	MV55	35:19	0:35:15
114	2511	Euan TURNER	Imperial College AC	M	MSEN	35:19	0:35:14
115	2707	Thomas HOMES	Thames Valley Harriers	M	MU20	35:21	0:35:16
116	1446	Toby MEANWELL	Lewes AC	M	MV45	35:22	0:35:19
117	731	Dara FITZGERALD		M	MV40	35:24	0:35:01
118	1538	Jake MULCAHY		M	MSEN	35:25	0:35:19
119	171	Thomas BARNETT	Brighton & Hove AC	M	MU17	35:26	0:35:19
120	6	Nicole ALLAN	* Brighton Phoenix	F	FSEN	35:27	0:35:22
121	489	Jhon COSGROVE	City of Portsmouth AC	M	MV40	35:29	0:35:23
122	3010	Ricky COLEMAN	Arena 80 AC	M	MV35	35:31	0:35:21
123	1080	Dave HUTTON		M	MSEN	35:33	0:35:27
124	1271	Ellen LEGGATE	* Cambridge & Coleridge AC	F	FV45	35:34	0:35:27
125	317	Sam BROOKS	Brighton & Hove Frontrunners	M	MSEN	35:34	0:35:27
126	2911	Martin FOOTMAN	Worthing & District Harriers	M	MV40	35:35	0:35:31
127	395	Max CARROLL		M	MV35	35:35	0:35:31
128	405	Dan CELANI	Lingfield RC	M	MV45	35:36	0:35:31
129	560	Joe DAVIES	Bideford AAC	M	MV35	35:37	0:35:32
130	1721	Ed PLAGER		M	MV40	35:38	0:35:27
131	676	Trevor ELKINS	Lordshill Road Runners	M	MV45	35:39	0:35:33
132	1613	Christo OOSTHUIZEN	Bognor Regis Tone Zone Runners	M	MV55	35:41	0:35:34
133	2302	Bertie WILKINS	Brighton Phoenix	M	MSEN	35:45	0:35:40
134	29	Nicolene HANEKOM	* Sevenoaks AC	F	FV45	35:46	0:35:44
135	2421	Carwyn OWEN	City of Portsmouth AC	M	MSEN	35:48	0:35:42
136	2558	Harry DINNAGE		M	MSEN	35:50	0:35:44
137	2933	Luc VEZZU		M	MSEN	35:51	0:35:46
138	1917	Lee SAVAGE	Reigate Priory AC	M	MV45	35:51	0:35:41
139	2877	Alex MITTON	BRJ Run & Tri	M	MSEN	35:52	0:35:45
140	2226	Charlie WAKEFIELD		M	MSEN	35:56	0:35:50
141	2545	Paul HOWARD	Brighton & Hove AC	M	MV40	35:58	0:35:51
142	2496	Cameron HUTTON	London Frontrunners	M	MSEN	36:03	0:35:55
143	1716	Richard PINELES-WEST	Brighton & Hove Frontrunners	M	MV40	36:03	0:35:56
144	7	Linda SCHOFIELD	* Brighton & Hove AC	F	FV50	36:06	0:36:02
145	2690	Stewart ELLABY	Chichester Runners & AC	M	MSEN	36:08	0:36:03
146	902	Stephen HAMIL	Durham City Harriers & AC	M	MV50	36:09	0:36:03
147	1425	Ewan MCKAY	Reigate Priory AC	M	MV45	36:16	0:36:06
148	2995	Sam OAKDEN	Brighton & Hove AC	M	MU17	36:17	0:36:10
149	2789	Ethan COLLINS	Wycombe Phoenix Harriers	M	MSEN	36:18	0:36:13
150	1543	Cameron MUNSON	Run with us	M	MSEN	36:20	0:36:10

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
151	2139	Christopher TIZZARD	Aldershot Farnham & District AC	M	MV70	36:20	0:36:17
152	2802	Tom BRISTOW		M	MU20	36:22	0:36:12
153	1024	Mike HOLLYOAK		M	MV35	36:22	0:36:20
154	2458	Paul WISHART	Brighton Phoenix	M	MV55	36:23	0:36:16
155	2912	Ritchie LECCIA		M	MV45	36:25	0:36:24
156	2827	Jamie HARROWING	Thames Valley Harriers	M	MSEN	36:29	0:36:24
157	2555	Ben PETERS	Burgess Hill Runners	M	MSEN	36:30	0:36:20
158	574	Jez DAVISON	Lewes AC	M	MV40	36:30	0:36:23
159	1585	Matt NUNN	Yate and Sodbury Striders	M	MV35	36:31	0:36:28
160	1482	Paul MINGAY	Colchester Harriers	M	MV65	36:34	0:36:25
161	2649	Connor MURPHY	Lancing Eagles	M	MSEN	36:34	0:36:28
162	2981	Rachel LAURIE	* Chichester Runners & AC	F	FSEN	36:35	0:36:32
163	21	Lauren REED	* Havering AC	F	FV40	36:39	0:36:35
164	2575	Robert GUEST	City of Portsmouth AC	M	MSEN	36:44	0:36:18
165	1815	Eddie REX	City of Hull AC	M	MV45	36:44	0:36:42
166	345	Eloise BULL	* Reigate Priory AC	F	FSEN	36:46	0:36:36
167	1495	Koji MIYAZAKI	Aldershot Farnham & District AC	M	MV60	36:46	0:36:41
168	147	Osama BALDO	Hart road runners	M	MV50	36:47	0:36:42
169	2973	Daniel QUINN	South London Harriers	M	MV40	36:50	0:36:43
170	2725	Almos BEER	Brighton Phoenix	M	MSEN	36:54	0:36:45
171	754	Nick FRANCUZ	Brighton Tri Club	M	MV40	36:56	0:36:47
172	2983	Mark ALGER	Horsham Joggers	M	MV35	36:57	0:36:48
173	1648	Darryl PARKER	Arena 80 AC	M	MSEN	36:57	0:36:49
174	2223	Dom WAKE	Hart road runners	M	MV50	36:59	0:36:54
175	1309	Simon LODGE	Stevenage Phoenix RC	M	MV55	37:00	0:36:55
176	1232	Tariq KURD	Bristol & West	M	MV50	37:00	0:36:56
177	2506	Rawa ISELI	* Brighton Phoenix	F	FU20	37:03	0:37:00
178	2554	Alistair MOSES	Reigate Priory AC	M	MV45	37:05	0:36:56
179	845	Josh GRANT		M	MSEN	37:06	0:37:00
180	2326	Erin WILLMERS	* Winchester RC	F	FV40	37:07	0:37:01
181	1017	James HODGE	Bristol & West	M	MV50	37:07	0:37:04
182	2710	Darek KOPRUCKI		M	MV35	37:08	0:36:59
183	1369	Anthony MARSHALL	Midland Masters AC	M	MV60	37:09	0:37:02
184	2936	Rachel HILLMAN	* Lewes AC	F	FV35	37:09	0:37:02
185	2171	Malcolm TUFF	Fenland RC	M	MV60	37:11	0:37:03
186	1355	Lewis MAMOANY	Henfield Joggers	M	MSEN	37:12	0:37:04
187	1058	Aaron HUDSON	South London Harriers	M	MV35	37:13	0:36:57
188	595	Sophie DELDERFIELD	* Vale of Aylesbury	F	FV40	37:13	0:37:07
189	2446	Bethan MALE	* Arena 80 AC	F	FSEN	37:14	0:37:09
190	16	Lucie BOURNE	* Brighton & Hove AC	F	FSEN	37:15	0:37:11
191	1882	Rhys ROWLANDS	Dacorum AC	M	MSEN	37:16	0:37:11
192	1582	Roger NORRIS	Lancing Eagles	M	MV45	37:18	0:37:07
193	1223	Simon KNIGHTBRIDGE	Brentwood Beagles AC	M	MV50	37:19	0:37:11
194	2624	Jack RATHBORN	Clapham Chasers	M	MV35	37:20	0:37:12
195	1153	Andy JORDAN	St Albans Striders	M	MV60	37:20	0:37:17
196	363	Jonathan BURRELL	Lewes AC	M	MV60	37:22	0:37:13
197	354	Connor BURFORD	Dartford Harriers AC	M	MSEN	37:22	0:37:15
198	2938	Alasdair HAWKINS	Rogue Runners	M	MV35	37:24	0:37:14
199	554	Owen DARE	Witham RC	M	MV60	37:26	0:37:17
200	22	Abby REX	* Basildon AC	F	FSEN	37:26	0:37:16

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201	2997	Ben MCCALLION		M	MSEN	37:26	0:37:18
202	2351	Gary WITTON	Worthing & District Harriers	M	MV50	37:27	0:37:17
203	618	Amy DIXON	*	F	FV40	37:28	0:37:24
204	2602	Samuel HART		M	MSEN	37:29	0:37:15
205	377	Peter CALLANAN	City of Salisbury RC	M	MV50	37:30	0:37:27
206	1722	Neil PLIMMER	Henfield Joggers	M	MV45	37:30	0:37:21
207	1522	Francis MORRIS		M	MV40	37:32	0:37:25
208	1745	Neil PRAINE	Windle Valley Runners	M	MV45	37:33	0:37:24
209	1694	Simon PETITT	Lingfield RC	M	MSEN	37:33	0:37:20
210	2365	Robert WOODWARD		M	MSEN	37:37	0:37:23
211	38	Charlotte RAGAN	* Winchester RC	F	FV35	37:37	0:37:31
212	889	Mark HAGGER	Little Baddow Ridge Runners	M	MV50	37:38	0:37:31
213	2309	David WILLET	Southern counties veterans AC	M	MV40	37:39	0:37:35
214	371	Tash BYRNE	*	F	FSEN	37:39	0:37:25
215	2493	Peter MILLS	Striders of Croydon	M	MV35	37:39	0:37:33
216	2665	Leon MACDONALD		M	MSEN	37:39	0:37:31
217	2210	Bradley VIRGO	Shoreham Coasters	M	MSEN	37:40	0:37:29
218	2544	Luke BANGERTER	Paddock Wood AC	M	MV35	37:41	0:37:33
219	775	Sam GARRITY	Brighton Phoenix	M	MV45	37:44	0:37:37
220	1953	Marcus SHELDON	Rogue Runners	M	MV40	37:45	0:37:35
221	475	Rachel COOKE	* Buckingham and Stowe	F	FV50	37:46	0:37:41
222	2683	Jody MILLS		M	MSEN	37:46	0:37:33
223	3029	Catherine O'CONNOR	* St Albans Striders	F	FSEN	37:47	0:37:45
224	603	Niki DENSLEY	* Camberley & District AC	F	FV45	37:49	0:37:44
225	1139	Dean JONES	Vegan Runners	M	MV50	37:49	0:37:38
226	1368	David MARSH		M	MV35	37:50	0:37:43
227	78	Chris ALDEN	Burgess Hill Runners	M	MV50	37:50	0:37:42
228	711	Mark FAULKNER		M	MV40	37:53	0:37:29
229	47	Helen MUSSEN	* Watford Joggers	F	FV45	37:53	0:37:47
230	757	Richard FRIAR	Reigate Priory AC	M	MV40	37:54	0:37:43
231	1783	John RAWLING	Crawley AC	M	MV45	37:55	0:37:43
232	2469	James POLTON	Brighton & Hove AC	M	MU17	37:56	0:37:49
233	1860	Hector RODRIGUEZ DRUMOND	Petts Wood Runners	M	MV40	37:57	0:37:46
234	2276	Tom WHEATLEY	Brighton Phoenix	M	MV40	37:57	0:37:43
235	193	Daniel BEARD		M	MV40	37:58	0:37:46
236	904	Mitchell HAMILTON		M	MSEN	37:59	0:37:00
237	2190	Jack UPTON	Brighton & Hove Frontrunners	M	MV40	38:01	0:37:50
238	30	Lucy THOMASON	* Tonbridge AC	F	FSEN	38:01	0:37:51
239	13	Emily ANDERSON	* Lewes AC	F	FV35	38:02	0:37:55
240	2729	George STRONG	Sevenoaks AC	M	MSEN	38:05	0:37:54
241	24	Hayley LAMKIN	* Halstead Road Runners	F	FSEN	38:06	0:38:02
242	1395	Tobias MAY	Brighton Phoenix	M	MV45	38:08	0:37:56
243	1489	Jamie MITCHELL	Brighton Phoenix	M	MV40	38:10	0:38:00
244	1660	Craig PARTRIDGE	Arunners RC	M	MV60	38:10	0:38:02
245	1906	Oscar SANCHEZ-REY		M	MV45	38:12	0:38:04
246	270	Gary BOWDEN	Brighton & Hove Frontrunners	M	MV40	38:13	0:38:03
247	2064	Ginevra STONELEY	* Reigate Priory AC	F	FV50	38:13	0:38:03
248	1449	Garry MEEHAN	Dulwich Runner AC	M	MV60	38:15	0:38:01
249	2549	Archie BROWNE	Imperial College AC	M	MSEN	38:16	0:38:10
250	14	Emma FOOTMAN	* Worthing & District Harriers	F	FV40	38:17	0:38:13

# Brighton 10k

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
251	2298	Matthew WIGG	Norfolk Gazelles	M	MV40	38:17	0:38:08
252	2900	Richard NEWMAN	Brighton phoenix	M	MV35	38:17	0:38:08
253	216	Archie BESLEY	Brighton Phoenix	M	MU17	38:21	0:38:18
254	23	Stephanie MIGLIORINI	* Leigh On Sea Striders	F	FSEN	38:22	0:38:19
255	1280	David LEWIS		M	MV35	38:25	0:38:13
256	2935	Laura SMITH	*	F	FSEN	38:26	0:38:16
257	40	Katie SLATER	* Fareham Running club	F	FV35	38:26	0:38:14
258	688	Richard ERDELYI	Run Things Run Club	M	MV35	38:28	0:38:20
259	3039	Izzy WHITE	*	F	FSEN	38:28	0:38:18
260	1456	John MERVYN-THOMAS		M	MV50	38:32	0:38:25
261	2988	Phil WALLEK	Burgess Hill Runners	M	MV45	38:33	0:38:24
262	1515	Gary MORAN	Brighton Phoenix	M	MV40	38:33	0:38:21
263	2815	Alex POLLARD	Brighton Phoenix	M	MSEN	38:36	0:38:23
264	225	Katie BINGLE	* Aldershot Farnham & District AC	F	FSEN	38:37	0:38:31
265	3058	Thomas BOND		M	MV35	38:39	0:37:54
266	54	Nicky HORNZEE	* Stragglers	F	FV45	38:40	0:38:34
267	324	Daniel BROWN	Arena 80 AC	M	MV45	38:42	0:38:32
268	824	Flaminia GOLD	*	F	FSEN	38:42	0:38:34
269	2111	Paul THOMAS	South West Road Runners	M	MV60	38:45	0:38:34
270	2628	Joe MARSHALL		M	MV35	38:45	0:38:32
271	545	Simon DAHDI	Petts Wood Runners	M	MV45	38:46	0:38:35
272	2604	Geraldine MOFFAT	* Portslade Hedgehoppers	F	FV60	38:47	0:38:36
273	2777	Kayleigh OLDFIELD	* Crawley AC	F	FU20	38:48	0:38:31
274	1042	Giles HORRIDGE	Harpenden Arrows	M	MV50	38:49	0:38:45
275	2541	Katie NEWTON	* Reigate Priory AC	F	FSEN	38:49	0:38:39
276	764	Kieran FULLER	Brighton Phoenix	M	MV35	38:49	0:38:41
277	1429	Cameron MCLATCHIE	Worthing & District Harriers	M	MV40	38:50	0:38:36
278	1483	Luke MINOGUE	Horsham Joggers	M	MV40	38:52	0:38:41
279	2699	Cameron COE	Bognor Regis Tone Zone Runners	M	MSEN	38:52	0:38:41
280	88	Chris ALLEN		M	MV45	38:54	0:38:44
281	2523	Reece PATTERSON		M	MSEN	38:54	0:38:32
282	2743	Damien MILLS		M	MV35	38:55	0:38:41
283	2708	James BRADLEY	Arunners RC	M	MV35	38:55	0:38:53
284	37	Kerry RICHES	* Fareham Running Club	F	FV35	38:56	0:38:44
285	1603	Hadley O'DWYER	Horsham Joggers	M	MV35	38:57	0:38:46
286	304	Julie BRIGGS	* Arena 80 AC	F	FV55	38:57	0:38:44
287	1652	Rocco PARR		M	MSEN	39:01	0:38:52
288	1453	Mark MELLISH	Run Academy Worthing	M	MV55	39:04	0:38:50
289	1517	Chris MORGAN	Brighton Phoenix	M	MV45	39:07	0:38:56
290	2476	Matthew CHEE	Portslade Hedgehoppers	M	MU20	39:07	0:38:56
291	31	Hannah ROBERTS	* Dartford Harriers AC	F	FV40	39:08	0:38:55
292	1978	Paul SIMPSON	Richmond and Zetland Harriers	M	MV50	39:09	0:39:00
293	2481	Michael HOBBS	Crawley AC	M	MSEN	39:09	0:38:57
294	3020	Sam SPALDING		M	MSEN	39:11	0:38:50
295	2275	Natalie WETTLER	* Brighton Phoenix	F	FV40	39:12	0:39:02
296	2617	Andy HAIGH	Elmbridge Road Runners	M	MV45	39:17	0:39:09
297	2816	Thomas OWEN		M	MSEN	39:18	0:38:50
298	1991	David SLATER		M	MV35	39:20	0:39:08
299	112	Paul ARTHUR	Brighton & Hove Frontrunners	M	MSEN	39:23	0:39:13
300	1956	Sarah SHEPHEARD	* Paddock Wood AC	F	FSEN	39:24	0:39:10

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
301	2047	Dan STENT	Vegan Runners	M	MV35	39:24	0:39:11
302	2670	Francisco GASSIN	Arena 80 AC	M	MSEN	39:24	0:39:11
303	733	Thomas FLETCHER	Brighton Phoenix	M	MSEN	39:25	0:39:11
304	1199	Ian KIDD		M	MV40	39:25	0:39:07
305	1727	Benn POMFRETT		M	MV40	39:27	0:39:10
306	2661	Matthew FOSTER		M	MSEN	39:27	0:39:17
307	1913	Mark SASO		M	MV40	39:27	0:39:15
308	3056	Paul HICKEY		M	MV35	39:29	0:39:15
309	1686	Jacob PERRY		M	MU17	39:31	0:39:15
310	1891	Suzy RUSHFORTH	* Brighton Phoenix	F	FV50	39:35	0:39:27
311	1374	Clare MARTIN	* Lewes AC	F	FV35	39:38	0:39:23
312	1380	Iain MARTIN		M	MV55	39:38	0:39:30
313	1687	Will PERRY		M	MV45	39:39	0:39:23
314	2212	Raff VITALE	Horsham Joggers	M	MV40	39:40	0:39:28
315	1331	Craig LYNCH	Worthing Gazelles	M	MV40	39:40	0:39:23
316	153	Laurie BALLARD		M	MSEN	39:41	0:39:16
317	712	Tom FAULKNER	Brighton Phoenix	M	MSEN	39:42	0:39:30
318	1246	Robin LANGSTON		M	MV40	39:43	0:39:26
319	1693	Laura PETHER	* Windle Valley Runners	F	FSEN	39:44	0:39:30
320	2473	Alex RICHER	* Horsham Blue Star Harriers	F	FSEN	39:44	0:39:42
321	1982	Harriot SINCLAIR	* Paddock Wood AC	F	FV55	39:45	0:39:30
322	2494	Adam WELLER	Hastings Runners	M	MV40	39:45	0:39:25
323	642	Laurence DUFFY	Stragglers	M	MV60	39:46	0:39:33
324	2921	Tom HARRISON	Brighton Phoenix	M	MSEN	39:48	0:39:32
325	639	Graeme DRYSDALE	Striders of Croydon	M	MV55	39:48	0:39:34
326	2992	Belal OUACHAN		M	MSEN	39:49	0:39:33
327	797	Daniel GIBSON		M	MSEN	39:50	0:39:32
328	1245	Brian LANGERAK		M	MSEN	39:51	0:39:28
329	1954	Paul SHELLEY	Sevenoaks AC	M	MV50	39:51	0:39:34
330	3035	Sarah FROMAGEOT	*	F	FV35	39:51	0:39:38
331	2986	Martha WOOLLARD	* Brighton Phoenix	F	FSEN	39:51	0:39:38
332	3014	Sarah GEE	* Reading Roadrunners	F	FV60	39:53	0:39:30
333	2758	Andy ROBERTS	Brighton Phoenix	M	MV45	39:55	0:39:38
334	1624	Oscar OSPINA RODRIGUEZ	Brighton Phoenix	M	MV40	39:57	0:39:45
335	1957	David SHEPHERD	Lordshill Road Runners	M	MV60	39:58	0:39:46
336	2582	Matt KNOWLES	Xempo Pace Team	M	MSEN	39:58	0:39:41
337	544	Alberto DA RE	Personify Fitness	M	MV40	39:58	0:39:47
338	2939	Matt HARVEY		M	MSEN	39:59	0:39:36
339	843	Alan GRAHAM	Lordshill Road Runners	M	MV60	40:00	0:39:49
340	46	Paige HARVEY	* Hillingdon AC	F	FSEN	40:02	0:39:56
341	909	Chloe HAMMOND	* Medway and Maidstone AC	F	FV40	40:02	0:39:59
342	149	Reuben BALFOUR	Runpac	M	MV35	40:02	0:39:36
343	735	Jim FLYNN	Brighton Phoenix	M	MV50	40:02	0:39:54
344	977	Darren HENDLEY	Paddock Wood AC	M	MV45	40:02	0:39:48
345	2640	Mark CLEMENTS	Personify Fitness	M	MV45	40:03	0:39:52
346	2099	Edward TEMPLE-SMITHSON		M	MV35	40:03	0:39:43
347	2583	Matt HILL	Xempo Pace Team	M	MSEN	40:03	0:39:46
348	2377	Katie WRIGHT	* Arena 80 AC	F	FV40	40:06	0:39:54
349	2839	Eva WINTON	* Lewes AC	F	FU17	40:10	0:40:01
350	2848	Hannah ARMSTRONG	*	F	FSEN	40:13	0:39:51

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
351	1405	Nicola MCBRIDE	* Cambridge & Coleridge AC	F	FV55	40:15	0:39:58
352	376	Lynne CALLAGHAN	* Trentham RC	F	FV45	40:17	0:40:02
353	1723	Luke PLOWMAN		M	MV40	40:18	0:39:54
354	3093	Phil HOLTAM	Sanctuary Runners Brighton	M	MV35	40:23	0:40:05
355	32	Emma STEVENS	* Petts Wood AC	F	FV45	40:23	0:40:09
356	2748	Chris FINILL	Harrow AC	M	MV65	40:25	0:40:17
357	2652	Jono HOWELL		M	MV35	40:26	0:40:09
358	3018	Stephen COUSINS	Film My Run	M	MV55	40:27	0:40:18
359	859	James GREVESON HICKIE	Threshold Run Club	M	MV35	40:28	0:40:10
360	1023	Graham HOLLANDS	Eastbourne Rovers AC	M	MV35	40:31	0:40:11
361	1326	Joseph LUKER		M	MSEN	40:32	0:40:02
362	1204	Richard KING		M	MSEN	40:34	0:40:14
363	2347	Louise WINTERTON	* Wreake Runners	F	FV40	40:34	0:40:30
364	79	Sally ALEXANDER	* Lingfield RC	F	FV50	40:38	0:40:13
365	2771	Charlie DON		M	MU20	40:42	0:40:27
366	541	Duncan CURTIS	Brighton & Hove AC	M	MV55	40:45	0:40:32
367	589	Frazer DEANS	Bognor Regis Tone Zone Runners	M	MV35	40:45	0:40:24
368	2214	Nicholas WADE	Reigate Priory AC	M	MV50	40:48	0:40:29
369	2931	Chris MEPHAM		M	MV35	40:49	0:40:25
370	2705	Mahmood ROOSTAEI	Havant Athletics Club	M	MV50	40:50	0:40:34
371	2942	Sean GIBSON	Brighton & Hove AC	M	MV60	40:55	0:40:43
372	522	Chris CROUCH	Bognor Regis Tone Zone Runners	M	MV35	40:56	0:40:35
373	2428	Alex BONZI		M	MV45	40:56	0:40:42
374	888	Fraser HAGELL	Haywards Heath Harriers	M	MV35	40:58	0:40:48
375	2142	Lisa TODD	* Storm Plymouth	F	FSEN	40:59	0:40:42
376	2330	Ben WILSON	Arena 80 AC	M	MV40	41:01	0:40:43
377	2857	William MILLS		M	MSEN	41:04	0:40:51
378	1396	Sarah MAY	* Bideford AAC	F	FV50	41:06	0:40:54
379	645	Dave DUNSTALL		M	MV60	41:06	0:40:48
380	1730	Helen POOL	* Reading Roadrunners	F	FV50	41:07	0:40:51
381	2399	Mike SMALLEY	Croydon Harriers	M	MV40	41:08	0:40:52
382	1253	Patrick LAURENCE	Haywards Heath Harriers	M	MSEN	41:08	0:40:51
383	1616	John ORDEN	Arena 80 AC	M	MV65	41:09	0:40:50
384	3064	Nikhil MISTRY	Imperial College AC	M	MSEN	41:09	0:40:51
385	2669	Ali FARRALL	* Tunbridge Wells Harriers	F	FV50	41:13	0:40:52
386	480	Matt COOPER	Horsham Joggers	M	MSEN	41:13	0:40:36
387	2086	Dani TARLETON	* Arena 80 AC	F	FV50	41:14	0:40:55
388	196	Nick BEAUMONT	Worthing Gazelles	M	MV35	41:14	0:40:57
389	2288	Ryan WHITE		M	MSEN	41:16	0:40:49
390	1468	Harry MILLAR		M	MSEN	41:19	0:40:57
391	1979	Nicola SIMPSON	* Richmond and Zetland Harriers	F	FV50	41:21	0:41:09
392	2240	Mike WALTER	Paddock Wood AC	M	MV45	41:21	0:41:10
393	2735	Graham BAKER	Brighton & Hove Frontrunners	M	MV40	41:21	0:40:54
394	2776	Eddie LANCASTER	Portslade Hedgehoppers	M	MV45	41:21	0:41:07
395	2131	Jordan THORNTON		M	MSEN	41:21	0:40:59
396	2415	Robert YOUNG		M	MV50	41:23	0:40:59
397	2991	Jessica STRIBBLING	* Brighton Phoenix	F	FV35	41:23	0:41:04
398	1861	Paola RODRIGUEZ GIUSTINIANI*		F	FV40	41:24	0:41:06
399	351	Daisy BURCHFIELD	* Horsham Blue Star Harriers	F	FSEN	41:25	0:41:10
400	3008	Ben BOWRA		M	MV35	41:26	0:41:02



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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
401	660	James EDE	Oaks Blokes	M	MV35	41:27	0:40:52
402	1353	Joseph MALPAS-BARB		M	MSEN	41:29	0:41:10
403	525	Stuart CROWTHER	Brentwood Beagles AC	M	MV60	41:29	0:41:04
404	346	Graham BULL	Reigate Priory AC	M	MV60	41:32	0:41:13
405	2799	Danielle SIMPSON	* Brighton Phoenix	F	FSEN	41:32	0:41:12
406	2742	Percy JENNINGS		M	MSEN	41:33	0:41:05
407	1523	Hannah MORRIS	* Dorking & Mole Valley AC	F	FSEN	41:33	0:41:17
408	1015	Christopher HOBBS		M	MV40	41:34	0:41:08
409	1992	Paul SLOMAN		M	MV40	41:36	0:41:09
410	1084	Alex HYNE	Peacehaven Run Club	M	MV35	41:37	0:40:57
411	1858	Linda RODRIGUEZ	* Reigate Priory AC	F	FV40	41:40	0:41:22
412	1059	Guy HUDSON	Henfield Joggers	M	MV45	41:41	0:41:26
413	923	Thomas HARMAN		M	MV40	41:41	0:41:20
414	2834	Neil BARNES	Runpals	M	MV40	41:43	0:41:21
415	588	Charles DEAN-ORANGE	Vegan Runners	M	MSEN	41:49	0:41:25
416	448	Natasha CLAY	Best Athletics	M	MSEN	41:49	0:41:28
417	2177	Sally TURNER	* Cornwall AC	F	FV40	41:50	0:41:30
418	1329	Polly LUTTER	* City Hash House Harriers	F	FV40	41:50	0:41:28
419	3046	Alexander RAWLINSON	Portslade Hedgehoppers	M	MSEN	41:50	0:41:32
420	1470	Mark MILLAR		M	MV55	41:51	0:41:30
421	3047	Marika RUBINO	*	F	FSEN	41:51	0:41:50
422	1278	Iain LEVINE	Prospect Park Track Club	M	MV60	41:52	0:41:33
423	213	Adam BENNIMAN	Crawley Run Crew	M	MSEN	41:54	0:41:27
424	2987	Christopher BEBB		M	MV35	41:55	0:41:40
425	1656	Luke PARRY		M	MV35	41:55	0:41:37
426	725	Ian FINES	Lewes AC	M	MV60	41:57	0:41:30
427	1712	Penny PILBEAM	* Tonbridge AC	F	FV50	41:58	0:41:33
428	2711	Tyler DALTON		M	MSEN	41:58	0:41:42
429	2689	Jason NOLAN		M	MSEN	41:59	0:41:37
430	1034	Daryl HOPKINS		M	MSEN	41:59	0:41:39
431	1383	Brett MASSEY	Brighton & Hove Frontrunners	M	MV45	41:59	0:41:33
432	1669	Simon PEARCE	Crawley Run Crew	M	MV45	42:00	0:41:32
433	1736	Martin POPE	Oaks Blokes	M	MV55	42:04	0:41:42
434	1426	Tom MCLAREN	Smugglers	M	MSEN	42:05	0:41:39
435	2679	William TAYLOR		M	MSEN	42:07	0:41:44
436	2314	Clint WILLIAMS	Hove Hornets	M	MV60	42:07	0:41:33
437	1976	Daniel SIMPKIN		M	MSEN	42:07	0:41:53
438	513	Kyle CRICKMORE		M	MSEN	42:08	0:41:47
439	2871	Hannah WILLIAMS	* Reigate Priory AC	F	FV35	42:08	0:41:50
440	832	Jamie GOODHEAD	Burgess Hill Runners	M	MV50	42:10	0:41:52
441	261	Daniel BOTELER		M	MV35	42:15	0:41:56
442	1945	John SHAPLAND	Bideford AAC	M	MV70	42:15	0:41:55
443	2861	Darren NOBLE		M	MV35	42:16	0:41:57
444	2241	Samuel WALTERS		M	MSEN	42:17	0:41:54
445	614	Andrea DIACCI		M	MV45	42:19	0:41:56
446	238	Daniel BLACKMAN	Progressive strides RC	M	MSEN	42:20	0:41:55
447	2945	Richard BYSOUTH	Tunbridge Wells Harriers	M	MV45	42:21	0:41:56
448	1558	Jamilla NCAYIYANA	* Reigate Priory AC	F	FSEN	42:21	0:42:03
449	1110	Lara JAMES	* Jersey Spartan Athletic Club	F	FV45	42:22	0:41:59
450	325	Aurelie BROWN	*	F	FSEN	42:23	0:41:59

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
451	561	Pauline DAVIES	* South West Road Runners	F	FV50	42:25	0:42:04
452	2094	Ash TAYLOR	Spartan run club	M	MV35	42:26	0:42:10
453	3041	Lauren JOHNSON	* Epsom and Ewell Harriers	F	FV45	42:27	0:42:05
454	2093	Lee TAYLOR	Arena 80 AC	M	MV50	42:28	0:42:07
455	1181	Michael KELLEY		M	MSEN	42:28	0:42:11
456	663	Tony EDGAR		M	MV45	42:28	0:42:04
457	1929	Rob SEAR		M	MSEN	42:30	0:42:06
458	3074	Darren OSBORNE	Pound Hill Pounders	M	MV35	42:30	0:41:53
459	1946	Gemma SHARP	* Arena 80 AC	F	FV40	42:31	0:42:18
460	1532	Emma MOSSOP	* Cornwall AC	F	FV50	42:31	0:42:10
461	2944	Rebecca WALTER	* Lewes AC	F	FSEN	42:32	0:42:08
462	1010	Philip HINE	Reading Roadrunners	M	MV35	42:33	0:42:17
463	2242	Paul WALTERS	Reigate Priory AC	M	MV60	42:33	0:42:10
464	881	John GURNEY	Dartford Harriers AC	M	MV65	42:34	0:42:27
465	2919	Jonty TICKNER TAYLOR		M	MSEN	42:36	0:42:20
466	2621	Marcus LITTLEJOHNS	Lewes AC	M	MV40	42:37	0:42:13
467	318	Lucy BROOM	* Steel City Striders RC	F	FV50	42:39	0:42:19
468	1559	Rob NEAL	Brighton & Hove AC	M	MV40	42:40	0:42:19
469	1159	Guy JOSEPH		M	MSEN	42:41	0:42:15
470	2657	Danny BORRER		M	MV35	42:42	0:42:25
471	1875	Malcolm ROSE	North Derbyshire RC	M	MV70	42:43	0:42:21
472	3027	Shaun BILLING	Brighton & Hove AC	M	MV55	42:43	0:42:24
473	2865	Kirsty PHILLPOT	* Brighton & Hove AC	F	FV50	42:43	0:42:31
474	3037	Jessica THOMSON	* Bognor Regis Tone Zone Runners	F	FSEN	42:44	0:42:24
475	1545	Harry MURPHY		M	MU17	42:46	0:42:20
476	2260	Matthew WEBB		M	MV35	42:46	0:42:21
477	2333	Jonathon WILSON		M	MSEN	42:47	0:42:11
478	1477	Paul MILLSOM	Vegan Runners	M	MV65	42:48	0:42:29
479	1499	Taylor MONCKTON	Rogue Runners	M	MSEN	42:48	0:42:14
480	927	Ben HARRINGTON	Crawley Run Crew	M	MV40	42:50	0:42:14
481	1651	Gemma PARKINSON	* Petts Wood Runners	F	FSEN	42:51	0:42:26
482	2515	Rob JONES	SHAEF Shifters	M	MV50	42:51	0:42:11
483	518	Ryan CROSS	Drip'n'Run	M	MSEN	42:51	0:42:12
484	3045	Morgan GEAL	Peacehaven Run Club	M	MSEN	42:52	0:42:30
485	2851	Peter EDISS		M	MV45	42:53	0:42:30
486	117	James ASHWORTH		M	MV40	42:54	0:42:29
487	1051	Harry HOWELLS SHEARING		M	MSEN	42:55	0:42:28
488	2392	Anthony YOUNG		M	MV50	42:55	0:42:29
489	1544	Michael MURPHY		M	MV40	42:56	0:42:14
490	1437	Sarah MCNICOL	* North Derbyshire RC	F	FV50	42:57	0:42:36
491	1390	Simon MATTHEWS	Purbeck Runners	M	MV55	43:02	0:42:29
492	1302	Chloe LLOYD	* Reading Roadrunners	F	FV35	43:03	0:42:48
493	2029	Owen SPOTTISWOODE		M	MV35	43:03	0:42:40
494	2873	Jemimah KNIGHTBRIDGE	* Brentwood Beagles AC	F	FU20	43:03	0:42:45
495	2990	Reuben OMRAN	Brighton & Hove AC	M	MU17	43:05	0:42:51
496	1934	Steve SELBY	Brighton Phoenix	M	MV55	43:07	0:42:47
497	2902	Luisa RAMIREZ	* Arena 80 AC	F	FSEN	43:09	0:42:46
498	77	Laurie ALDAM		M	MSEN	43:10	0:42:25
499	855	Mark GREEN	Haywards Heath Harriers	M	MV35	43:12	0:42:36
500	2920	Jana SZCZEPANIAK	* Arena 80 AC	F	FSEN	43:12	0:42:55

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
501	2194	Fiona USHER	* Lincoln & District Runners	F	FV60	43:13	0:42:46
502	2286	Benjamin WHISTON		M	MV45	43:14	0:42:50
503	141	Ronnie BAKER	Worthing Gazelles	M	MU20	43:16	0:42:51
504	730	Robert FISHERSMITH	Elmbridge Road Runners	M	MV40	43:17	0:42:43
505	1339	Gary MACEY	Bognor Regis Tone Zone Runners	M	MV60	43:19	0:42:41
506	2765	Dan KING	Brighton Phoenix	M	MV50	43:20	0:42:59
507	1237	Jim LAIDLAW	Aldershot Farnham & District AC	M	MV45	43:21	0:43:07
508	1297	Xiaobin LIU		M	MV45	43:21	0:43:03
509	2355	Paul WOOD	Peacehaven Run Club	M	MV45	43:21	0:42:58
510	890	Emily HAGUE	* Lewes AC	F	FSEN	43:22	0:43:02
511	534	Amelia CULSHAW	* Brighton Phoenix	F	FV50	43:22	0:43:12
512	771	Emily GAMBLE	* Cruisers RC	F	FV45	43:22	0:43:06
513	2378	Hannah WRIGHT	* Reigate Priory AC	F	FV35	43:22	0:43:04
514	1481	J MINAGRD		M	MV45	43:23	0:42:42
515	2283	Caroline WHELAN	* Dorking & Mole Valley AC	F	FV45	43:24	0:43:02
516	1753	Sarah PRICE	* Brighton Phoenix	F	FV40	43:25	0:42:59
517	2752	Darren HALE	Brighton Tri Club	M	MV50	43:26	0:43:18
518	2874	Deborah KNIGHTBRIDGE	*	F	FV45	43:26	0:43:10
519	1417	Scott MCGAFFNEY		M	MV45	43:27	0:43:02
520	756	Mark FRANKS	Petts Wood Runners	M	MV50	43:28	0:43:04
521	1755	Elizabeth PRINSEP	* Romsey Road Runners	F	FV55	43:30	0:43:06
522	2185	Ryan TYLER		M	MV35	43:31	0:43:13
523	1831	Samantha RIDLEY	* Haywards Heath Harriers	F	FV55	43:31	0:43:09
524	2186	Gayle TYLER	* Burgess Hill Runners	F	FV50	43:33	0:43:08
525	70	Ismail AHMED ADAM	Sanctuary Runners Brighton	M	MSEN	43:34	0:42:45
526	2790	Olivia FIELDER	*	F	FSEN	43:34	0:43:11
527	740	John FONTANINI		M	MV35	43:34	0:43:10
528	200	Michael BECKMANN		M	MV50	43:34	0:43:01
529	1838	Ian ROBB		M	MV45	43:35	0:43:02
530	379	Maria CAMACHO	* Rogue Runners	F	FV55	43:36	0:43:19
531	2955	Ben ROGERS	Rogue Runners	M	MV45	43:38	0:43:06
532	2717	James BRAMPTON	Brighton & Hove Fronrunners	M	MV35	43:39	0:43:12
533	1176	Shaun KEELEY		M	MSEN	43:39	0:43:17
534	2788	Owen WADEY		M	MV35	43:40	0:43:15
535	310	Darren BRINE		M	MV50	43:41	0:43:17
536	2205	Raimonds VILMANIS		M	MV45	43:42	0:43:06
537	1469	Harriet MILLAR	*	F	FSEN	43:44	0:43:23
538	2747	Jake KETLEY		M	MSEN	43:45	0:43:25
539	2876	Malcolm ROWETH	Arena 80 AC	M	MV55	43:45	0:43:13
540	406	Christian CHADWICK	Lonely Goat RC	M	MV35	43:47	0:43:18
541	713	Darrel FAULKNER		M	MV35	43:48	0:43:22
542	2696	Mark COBBOLD	Dorking & Mole Valley AC	M	MV40	43:48	0:43:27
543	1965	Martin SHORT		M	MV55	43:50	0:43:26
544	467	George COLLIER		M	MSEN	43:50	0:43:24
545	2681	Jon POPE		M	MV35	43:51	0:43:26
546	300	Adam BRENNAND		M	MV50	43:52	0:43:24
547	1205	Jemma KING	*	F	FV40	43:52	0:43:27
548	2508	Jeff LIU		M	MSEN	43:55	0:43:20
549	1249	Martin LASCELLES	Vegan Runners	M	MV65	43:55	0:43:28
550	2720	John MORTIMER		M	MV50	43:56	0:43:28

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
551	868	Charlie GRINSTED		M	MSEN	43:57	0:43:21
552	2819	Jose FERNANDES		M	MV35	43:57	0:43:13
553	1144	Dewi JONES		M	MV55	43:58	0:43:42
554	2434	Stephen POPPY		M	MSEN	43:58	0:43:30
555	2499	Kun CHEUNG		M	MSEN	43:58	0:43:36
556	2552	Liffey DANIELS	*	F	FV35	44:00	0:43:38
557	1534	Daniel MOUNCE	Steyning AC	M	MSEN	44:00	0:43:18
558	495	Aaron COTTRELL		M	MSEN	44:01	0:43:30
559	894	Lorraine HALE	* Arena 80 AC	F	FV50	44:01	0:43:53
560	1256	Harry LAWAL	University of Sussex AC	M	MSEN	44:01	0:43:22
561	1776	Stephen RANGER		M	MV40	44:04	0:43:32
562	583	Adam DE SILVER	Chantal Mob	M	MV40	44:04	0:43:19
563	2615	Sam EVANS	Brighton & Hove Frontrunners	M	MV35	44:05	0:43:43
564	2662	Corentin CLEMENT		M	MSEN	44:06	0:43:52
565	1333	Tristan M ROBERTS	Vegan Runners	M	MV35	44:07	0:43:39
566	466	Christopher COLLEY	Alton Runners	M	MV45	44:08	0:43:35
567	2928	Dylan WAKEFIELD		M	MSEN	44:09	0:43:38
568	232	Andrew BISHOP	Burgess Hill Runners	M	MV55	44:09	0:43:43
569	2311	Alex WILLIAMS		M	MSEN	44:09	0:43:39
570	1250	Lin LASCELLES	* Vegan Runners	F	FV60	44:09	0:43:42
571	798	Issy GIBSON	* Brighton Phoenix	F	FSEN	44:10	0:43:42
572	2533	James PALMER		M	MSEN	44:10	0:43:35
573	234	Shaun BLACK	Horsham Joggers	M	MV35	44:11	0:43:42
574	879	Toby GUNSTONE		M	MSEN	44:11	0:43:33
575	2343	Harvey WINDER		M	MV35	44:12	0:43:34
576	1886	Pierre-Alain RUFFIE		M	MV35	44:13	0:43:43
577	2153	Simon TOOTELL	Wootton Road Runners	M	MV45	44:14	0:43:46
578	1124	Maree JESSON	* Wootton Road Runners	F	FV50	44:14	0:43:46
579	1143	Damian JONES		M	MV45	44:14	0:43:45
580	1471	Lynsey MILLAR	*	F	FV50	44:14	0:43:52
581	464	Reece COLEMAN		M	MV35	44:15	0:43:28
582	2296	Roger WHITELEY	Run Academy Worthing	M	MV50	44:15	0:43:42
583	961	Theo HAYWOOD		M	MSEN	44:15	0:43:40
584	1335	Joe MACALLISTER	Portslade Hedgehoppers	M	MV35	44:16	0:43:34
585	1604	Nick OELMANN		M	MV40	44:16	0:43:50
586	3062	Laszlo HARASZTI	Elmbridge Road Runners	M	MV55	44:17	0:43:40
587	861	Tim GRICE		M	MSEN	44:18	0:43:39
588	1511	Daniel MOORE	Elmbridge Road Runners	M	MSEN	44:18	0:43:36
589	1334	Jo MABBITT	* Portslade Hedgehoppers	F	FV35	44:19	0:43:55
590	916	Takayuki HARA		M	MV45	44:21	0:43:42
591	313	Amy BRISTOW	* Elmbridge Road Runners	F	FV40	44:22	0:43:51
592	459	Joel COHEN		M	MSEN	44:24	0:43:48
593	165	Ann BARKER	* North Derbyshire RC	F	FV60	44:24	0:44:02
594	2600	Isabel NORRIS	* Brighton Phoenix	F	FSEN	44:24	0:43:57
595	2709	Steve BRADLEY	Shoreham Coasters	M	MV50	44:24	0:43:59
596	1710	Will PICKWORTH		M	MSEN	44:25	0:43:59
597	698	Eddie EVELYN-HALL		M	MV40	44:25	0:43:49
598	2978	Tara TAYLOR	* Tunbridge Wells Harriers	F	FV60	44:27	0:43:56
599	1749	Mal PREECE	North Wales Road Runners	M	MV60	44:27	0:44:05
600	496	Tim COULTRUP		M	MV60	44:29	0:43:53

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
601	2975	Charlotte WHITE	*	F	FSEN	44:29	0:44:12
602	1117	Jason JEFFERY	Brighton & Hove AC	M	MSEN	44:31	0:44:14
603	1731	Gary POOLE		M	MV35	44:32	0:43:57
604	624	Patrick DODDY	Brighton & Hove Frontrunners	M	MV50	44:32	0:43:53
605	1931	Miles SEAVILL	Brighton Phoenix	M	MSEN	44:33	0:44:00
606	570	Harry DAVIS	University of Sussex AC	M	MU20	44:35	0:44:01
607	1008	Rob HINCHLIFFE		M	MV35	44:38	0:44:04
608	128	Julie BACKLEY	* Cambridge Harriers	F	FV50	44:39	0:44:21
609	2985	Kath WALLEK	* Burgess Hill Runners	F	FV50	44:43	0:44:12
610	1841	Sarah ROBERTS	* Dacorum AC	F	FV75	44:43	0:44:39
611	1497	Mariam MOJAHID	* Southampton AC	F	FSEN	44:44	0:44:15
612	1866	Sam ROLFE		M	MSEN	44:46	0:44:15
613	2464	Charlie STURROCK		M	MSEN	44:47	0:44:04
614	2470	Gerry POLTON		M	MV50	44:49	0:44:15
615	2855	Randall JOY-CAMACHO	Portslade Hedgehoppers	M	MV55	44:49	0:43:49
616	1362	Max MARIUTTO		M	MSEN	44:50	0:44:17
617	766	George GALE		M	MSEN	44:51	0:44:12
618	1668	Oren PAYNTON	Elmbridge Road Runners	M	MV50	44:52	0:44:16
619	2712	Mark ODIAWO-DEAMER		M	MV55	44:53	0:44:16
620	2677	Oliver PAGE		M	MSEN	44:54	0:44:23
621	1131	Alex JOHNSON		M	MSEN	44:54	0:44:09
622	2454	Richard GASKILL	Hove Hornets	M	MV50	44:54	0:44:21
623	2353	Michael WOOD	Oxted runners	M	MV35	44:55	0:44:19
624	848	Isabella GRAY	* Drip'n'Run	F	FV35	44:55	0:44:30
625	539	James CUNNINGHAM		M	MSEN	44:55	0:44:23
626	1460	Neil MICHEL		M	MV40	44:55	0:44:14
627	1065	Freya HUGHES	* Brighton Phoenix	F	FSEN	44:57	0:44:36
628	494	Benjamin COTTLE		M	MV45	44:57	0:44:22
629	748	John FOSS	South London Harriers	M	MV65	44:58	0:44:21
630	2829	Soph CHEESMAN	*	F	FSEN	44:58	0:44:34
631	2553	Edward JOHNSON		M	MSEN	45:00	0:44:28
632	369	Simon BUTTON		M	MV60	45:00	0:44:31
633	2714	Richard WILDING		M	MV60	45:00	0:44:16
634	1189	Robert KENNETT		M	MV40	45:01	0:44:19
635	2732	Lauren ORCHARD	* Elmbridge Road Runners	F	FSEN	45:01	0:44:36
636	2459	Luke DAY		M	MU20	45:01	0:44:31
637	2426	James WEBSTER		M	MSEN	45:01	0:44:12
638	954	Ali HASANZADEH CHAYJANI		M	MSEN	45:01	0:44:26
639	932	James HARRISON	Arena 80 AC	M	MSEN	45:02	0:44:39
640	1063	James HUGGETT		M	MSEN	45:03	0:44:29
641	2557	Evert BAKER	Worthing & District Harriers	M	MV60	45:03	0:44:31
642	81	Amanda ALEXANDER	*	F	FV35	45:05	0:44:36
643	1639	Ross PALMER		M	MV40	45:07	0:44:27
644	2403	Craig MUNN	London Frontrunners	M	MSEN	45:07	0:44:31
645	2510	Katharine MORROW	*	F	FSEN	45:07	0:44:33
646	1212	Steve KIRCHER		M	MV55	45:07	0:44:46
647	252	Jason BOLGER		M	MV45	45:08	0:44:43
648	2477	Elizabeth ROBINSON	* Chichester Runners & AC	F	FV50	45:08	0:44:31
649	2019	Steve SPALDING	Hove Hornets	M	MV35	45:08	0:44:35
650	1688	Richard PERRY	Oaks Blokes	M	MV55	45:08	0:44:34

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
651	2803	Paul BRISTOW		M	MV60	45:09	0:44:36
652	1964	Ian SHIRES		M	MV45	45:09	0:44:35
653	636	Tom DOWELL		M	MSEN	45:10	0:44:30
654	2269	James WEST		M	MSEN	45:10	0:44:33
655	1788	Matt RAYCRAFT		M	MV35	45:10	0:44:25
656	613	Jas DHANDA	Reigate Priory AC	M	MV50	45:10	0:44:42
657	1829	Neil RIDGWAY		M	MV45	45:10	0:44:26
658	817	Dino GIORDANELLI		M	MV45	45:11	0:44:36
659	2698	Daniel THOMPSON		M	MV40	45:11	0:44:38
660	2659	Michael NORRIS	Hastings runners	M	MV55	45:12	0:44:46
661	1435	Thomas MCMORRIN	CAW RC	M	MV35	45:12	0:44:31
662	921	Steve HARE	Brighton & Hove AC	M	MV50	45:12	0:44:30
663	1703	Rob PIATT		M	MV50	45:13	0:44:37
664	1629	Alex OWEN	Worthing Striders	M	MSEN	45:13	0:44:45
665	2413	Charles DICKS	Fetch Everyone RC	M	MV70	45:13	0:44:50
666	1180	Stephen KELLEHER	Finch Coasters	M	MV65	45:14	0:44:31
667	1102	Tash JACKSON	*	F	FV35	45:16	0:44:35
668	2693	Rachael BARKER	* Brighton Phoenix	F	FSEN	45:16	0:44:48
669	1546	Danny MURPHY		M	MV45	45:17	0:44:51
670	983	Stewart HERDMAN	Mr Rs Runners	M	MV50	45:18	0:44:37
671	2821	Colin MOORE		M	MV40	45:21	0:44:50
672	2584	Peter ROBERTS	Xempo Pace Team	M	MV35	45:25	0:44:54
673	2246	Jo WARNOCK-HORN	* Penn Pacers	F	FV60	45:25	0:44:53
674	2585	Dan AFSHAR	Xempo Pace Team	M	MV50	45:26	0:44:55
675	1287	Patrick LEWSEY		M	MV35	45:29	0:44:49
676	215	Holly BERRY	*	F	FV40	45:29	0:44:52
677	1887	Tom RUFFLES	Rogue Runners	M	MV40	45:30	0:45:00
678	2820	Clifford GRAY	Tunbridge Wells Harriers	M	MV55	45:31	0:44:56
679	1049	Andrew HOVEY		M	MV45	45:32	0:45:00
680	3091	Theo DONEGAN		M	MSEN	45:32	0:44:49
681	1664	Martha PAWSON	* University of Sussex AC	F	FSEN	45:33	0:44:47
682	2436	Bella SANDERSON	*	F	FSEN	45:33	0:44:54
683	2155	Emily TORODE	*	F	FSEN	45:41	0:45:03
684	1868	Alice ROLLINGS	*	F	FSEN	45:42	0:45:07
685	2014	Karen SNOWLING	*	F	FSEN	45:43	0:45:05
686	555	Alexander DARSLEY	Brighton & Hove Frontrunners	M	MV40	45:44	0:45:06
687	2792	Leon A HUMPHREY		M	MSEN	45:45	0:45:18
688	1963	Karan SHINGHAL	IDS Run Club	M	MSEN	45:47	0:44:15
689	1796	Liam READ		M	MSEN	45:48	0:45:15
690	2521	Macey UTTING	* Imperial College AC	F	FSEN	45:49	0:44:54
691	821	Emma GODDARD	*	F	FV50	45:51	0:45:19
692	2969	Andras TOPANKA		M	MSEN	45:51	0:45:31
693	344	Fiona BUGLER	* Arena 80 AC	F	FV55	45:52	0:45:42
694	2996	Hannah BROWN	*	F	FSEN	45:53	0:45:28
695	2837	Christopher HARGRAVES	Imperial College AC	M	MSEN	45:54	0:44:43
696	2112	Matt THOMAS		M	MV40	45:55	0:45:40
697	1553	Allan NANAN	Lonely Goat RC	M	MV50	45:59	0:45:29
698	1275	Dominic LEPPARD		M	MV35	46:02	0:45:30
699	1555	Tim NASH	Elmbridge Road Runners	M	MV50	46:03	0:45:15
700	458	Ian COGGAN		M	MV40	46:03	0:45:26

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
701	1649	Jacob PARKER		M	MSEN	46:03	0:45:27
702	693	Peter EVANS	Bishops Stortford RC	M	MV55	46:04	0:45:45
703	2323	Jack WILLIS		M	MSEN	46:04	0:45:26
704	2113	Alain THOMAS	Arena 80 AC	M	MV40	46:05	0:45:33
705	1155	Lydia JORDAN	* Steyning AC	F	FV35	46:05	0:45:33
706	948	Matt HARVEY	Oaks Blokes	M	MV40	46:08	0:45:24
707	562	Tom DAVIES		M	MV40	46:11	0:45:29
708	2580	Col TURNER	Hastings Runners	M	MV40	46:11	0:45:21
709	1671	Kester PEARCE-HUGGETT		M	MSEN	46:11	0:45:36
710	2697	Nicola COBBOLD	* Dorking & Mole Valley AC	F	FV35	46:12	0:45:50
711	2348	Susan WINTLE	* Burgess Hill Runners	F	FV45	46:12	0:45:41
712	2891	Tim DELDERFIELD		M	MV50	46:12	0:45:43
713	2721	Abigail BROWN	*	F	FSEN	46:13	0:45:29
714	3032	Kelly MARCHI	*	F	FV40	46:16	0:45:43
715	863	Alice GRIFFITHS	*	F	FSEN	46:16	0:45:28
716	2457	Nicola STEED	* Hastings Runners	F	FV35	46:16	0:45:49
717	237	Gary BLACKMAN		M	MV50	46:17	0:45:32
718	1699	Ashton PHILLIPS	Northampton Road Runners	M	MV70	46:18	0:45:38
719	1798	Andy REBURN		M	MV50	46:20	0:45:43
720	578	Luke DAY		M	MSEN	46:20	0:45:41
721	3048	Elliott BADDELEY	Hereford Couriers	M	MSEN	46:21	0:45:40
722	2836	Florence KEOGH	* Brighton & Hove AC	F	FU20	46:21	0:45:38
723	721	Telmo FERREIRA	Lewes AC	M	MV45	46:21	0:45:57
724	1391	Lisa MATTHEWS	* Purbeck Runners	F	FV55	46:24	0:45:52
725	1572	Nikki NICHOLSON	* Elmbridge Road Runners	F	FV45	46:28	0:45:50
726	2894	Jamie WINFIELD		M	MV35	46:29	0:45:57
727	1690	Issy PETERS	* Haslemere border AC	F	FV50	46:30	0:46:10
728	2994	Rebecca MITCHELL	* Southampton AC	F	FSEN	46:31	0:45:44
729	1319	Alex LOVELOCK-WREN		M	MV35	46:31	0:46:06
730	1782	Steve RAVEN	Leamington AC	M	MV65	46:31	0:46:00
731	1029	Sam HOOD		M	MSEN	46:32	0:45:29
732	3017	Tasnim AL SIYADI	* Eastbourne Rovers AC	F	FSEN	46:32	0:45:56
733	2067	Joshua STRUDWICK	Progressive strides RC	M	MV40	46:33	0:45:48
734	437	Jack CLARK		M	MSEN	46:34	0:45:48
735	1756	Esmé PRIOR	*	F	FSEN	46:34	0:45:59
736	3060	Will HURST		M	MU20	46:35	0:45:49
737	1320	Edward LOVEMAN		M	MSEN	46:37	0:45:56
738	1264	Kwok LEE		M	MV45	46:37	0:46:00
739	782	Rianna GAYLE	*	F	FSEN	46:40	0:46:09
740	1229	Madeline KOSSE	*	F	FSEN	46:40	0:45:59
741	3000	Henry NOLLETT		M	MSEN	46:41	0:46:05
742	2024	Alex SPENDER		M	MV50	46:41	0:46:05
743	2956	Andrew MONTGOMERY		M	MSEN	46:44	0:45:55
744	138	Simon BAIN	Worthing Striders	M	MV40	46:44	0:46:04
745	1900	Jackie RYMELL	* Arena 80 AC	F	FV60	46:45	0:46:11
746	1187	James KENNARD		M	MSEN	46:47	0:46:06
747	1016	Warwick HOCKLEY		M	MV45	46:47	0:46:17
748	264	Steve BOTT	Black Pear Joggers	M	MV65	46:47	0:46:05
749	3073	Fiona TWEEDIE	*	F	FV45	46:48	0:46:04
750	2460	Max HAMILTON		M	MV45	46:49	0:46:19

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
751	1202	Charlie KIND		M	MSEN	46:52	0:46:13
752	297	Harry BREEZE-LAMB		M	MSEN	46:52	0:45:53
753	98	Thomas ALTY		M	MV40	46:53	0:46:11
754	1420	Tom MCGHIE		M	MU20	46:53	0:46:27
755	2840	Michael BENNY	Shoreham Coasters	M	MV50	46:54	0:46:24
756	1014	Jenny HIRST	* Brighton Phoenix	F	FSEN	46:54	0:46:14
757	1996	Robert SMITH	Arena 80 AC	M	MSEN	46:54	0:46:14
758	1711	Jonathan PICKWORTH	Arena 80 AC	M	MV55	46:54	0:46:03
759	76	Jason ALBON		M	MSEN	46:55	0:46:06
760	973	David HEMMINGS		M	MV40	46:55	0:46:03
761	1932	Simon SEDEHIZADEH		M	MV40	46:56	0:46:09
762	407	Clement CHAINE-THOMAS	Serpentine	M	MV40	46:57	0:46:13
763	678	Brandon ELLAWAY		M	MSEN	46:57	0:45:51
764	1682	Nuno PEREIRA		M	MV35	46:57	0:45:55
765	616	Colin DIFFER		M	MV40	46:58	0:46:18
766	378	Harry CALTHORPE		M	MV40	47:00	0:46:15
767	1531	Emily MOSEDALE	* Victoria Park & Tower Hamlets AC	F	FV45	47:00	0:46:27
768	2422	Martin KEMPSHALL		M	MV35	47:02	0:46:21
769	2643	Rob ALBON		M	MSEN	47:03	0:46:14
770	741	Brendan FORD		M	MSEN	47:05	0:46:10
771	2850	Alan DANIELS		M	MV40	47:06	0:45:51
772	1643	Vital PARANGOVSKIS		M	MV35	47:06	0:46:01
773	1840	Lisa ROBERJOT	* Horley Harriers RC	F	FV55	47:07	0:46:38
774	1316	Christopher LORD	Brighton & Hove Frontrunners	M	MV45	47:07	0:46:25
775	1267	William LEEMING		M	MU20	47:08	0:46:28
776	2674	Ben SOTHERAN		M	MSEN	47:08	0:46:05
777	3022	Faith EDGINGTON-MOLE	* Retford AC	F	FV60	47:10	0:46:26
778	1597	Joe OCALLAGHAN		M	MSEN	47:12	0:46:20
779	2950	Clare GIBBONS	*	F	FV45	47:12	0:46:28
780	537	Helen CUNINGHAME	* Brighton Phoenix	F	FSEN	47:13	0:46:38
781	1387	Vanessa MATHERS	* City of Southend AC	F	FV55	47:14	0:46:34
782	2784	Jonathan TEASDALE		M	MV55	47:16	0:46:38
783	2778	Paul OLDFIELD	Crawley Run Crew	M	MV55	47:16	0:46:33
784	2089	Fin TAYLOR		M	MU20	47:17	0:46:17
785	487	Louie CORNISH		M	MSEN	47:19	0:46:24
786	2263	Anna WEBER	*	F	FSEN	47:19	0:46:42
787	1291	Martin LILLEY		M	MSEN	47:20	0:46:22
788	1381	Colin MARTISON	Sussex Stallions	M	MV45	47:21	0:46:31
789	842	Ian GOWER	Kenilworth Runners	M	MV60	47:22	0:46:49
790	461	Neil COLE	Elmbridge Road Runners	M	MV40	47:23	0:46:35
791	2908	Beata BLAGA	*	F	FV35	47:24	0:46:33
792	634	Matthew DOUGAN	Hove Hornets	M	MV45	47:25	0:46:51
793	1375	William MARTIN		M	MSEN	47:26	0:46:37
794	2364	Darren WOODS	Striders of Croydon	M	MV35	47:27	0:46:50
795	2953	Greg SMITH		M	MSEN	47:29	0:46:49
796	2290	Jade WHITE	*	F	FV40	47:30	0:46:58
797	2202	Ben VERE		M	MV35	47:32	0:46:45
798	2885	Alice HAMER	*	F	FV35	47:33	0:46:47
799	903	Dionne HAMIL	* Durham City Harriers & AC	F	FV50	47:34	0:46:50
800	1695	Ben PETTITT		M	MV40	47:34	0:46:49



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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
801	202	Keeran BEEHAREE		M	MV35	47:34	0:46:52
802	1974	Anton SIMANOWITZ		M	MV55	47:35	0:46:24
803	2852	Alex HURRELL	Clapham Chasers	M	MSEN	47:35	0:47:00
804	1076	Geoff HURRELL	Tunbridge Wells Harriers	M	MV60	47:35	0:47:00
805	1401	Annette MAYNARD	* Burgess Hill Runners	F	FV50	47:36	0:47:06
806	2259	Sarah WEBB	* Worthing Gazelles	F	FV45	47:38	0:47:10
807	547	Darren DALTON	Run Things Run Club	M	MV50	47:38	0:47:05
808	1618	Helen OSGERBY	*	F	FV45	47:38	0:46:36
809	2025	Richard SPENDLOVE	Stainland Lions RC	M	MV75	47:39	0:47:08
810	2766	Filippo DAL BEN		M	MSEN	47:40	0:46:32
811	259	Sonia BORDONADO	*	F	FSEN	47:42	0:47:11
812	2374	Philip WORSFOLD		M	MV45	47:42	0:46:52
813	3024	Christoffer LESCHLY		M	MU20	47:42	0:47:01
814	2204	Tanya VIEHOFF	* Horley Harriers RC	F	FV60	47:44	0:47:15
815	1115	Suzanne JARRETT	* Brighton & Hove AC	F	FV45	47:45	0:46:54
816	862	Darren GRICE		M	MV35	47:47	0:47:05
817	84	Holly ALLAN	*	F	FSEN	47:47	0:47:07
818	2671	Louis DELAROCHE	Imperial College AC	M	MSEN	47:48	0:46:50
819	920	Matthew HARDY		M	MV45	47:48	0:47:13
820	305	B BRIGGS		M	MV45	47:50	0:47:03
821	2518	Mike CLARK	Mel's Milers Jogging Club	M	MV70	47:50	0:47:12
822	1554	Peter NASH		M	MV35	47:56	0:47:05
823	2475	Geoffrey HARRINGTON		M	MV45	47:57	0:47:18
824	679	James ELLAWAY		M	MV40	47:57	0:46:51
825	1444	Nathan MEAGER		M	MSEN	47:58	0:47:22
826	269	Ciaran BOURNE		M	MSEN	47:59	0:47:12
827	2909	Matthew SNOOK	Crawley AC	M	MSEN	48:02	0:45:54
828	1910	Tracey SARGENT	*	F	FV40	48:03	0:47:31
829	3067	Dan WAIT		M	MV40	48:03	0:47:07
830	2404	Lucy BLEWETT	* Fordy Runs RC	F	FV40	48:04	0:47:22
831	2462	Stuart COLSTON	Sutton Runners	M	MV55	48:05	0:47:27
832	211	Sam BENNETT	7 Oaks Tri club	M	MV50	48:07	0:47:18
833	2754	Richard SYMON		M	MV45	48:11	0:47:29
834	2838	Andrea JANOSKOVA	* Rogue Runners	F	FV40	48:11	0:47:27
835	1758	Sarah PRIOR	*	F	FV50	48:16	0:47:34
836	2977	Darren GRUBB		M	MV45	48:17	0:47:30
837	167	Kate BARNES	* Veterans AC	F	FV40	48:17	0:47:31
838	3038	Thomas SCANNELL	We Run Croydon	M	MV40	48:19	0:47:17
839	2274	Phyl WESTON	* Horsham Joggers	F	FV55	48:21	0:47:21
840	2357	Daniel WOOD		M	MV45	48:21	0:47:47
841	1928	Philip SCOTT	Haywards Heath Harriers	M	MV60	48:22	0:47:20
842	106	Pia ANTONINI	*	F	FSEN	48:23	0:47:53
843	2526	Mike HARPER	Vegan Runners	M	MV60	48:24	0:47:40
844	1912	Rhianne SARNA	* Meads Runners	F	FV45	48:25	0:47:46
845	975	Charlie HEMPSTEAD	Arena 80 AC	M	MV60	48:26	0:47:35
846	2957	Blue THORPE	* Imperial College AC	F	FSEN	48:26	0:47:30
847	2140	Oliver TOBIN		M	MV35	48:27	0:47:41
848	2961	Toby HEAL	Brighton & Hove AC	M	MU17	48:28	0:47:31
849	1779	Martin RATCLIFFE	Brighton Phoenix	M	MSEN	48:28	0:47:44
850	755	Maisie FRANKLIN	*	F	FSEN	48:28	0:47:44

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
851	652	Connor DYMENT		M	MSEN	48:28	0:47:39
852	2881	Rosie CASE-GREEN	* Reigate Priory AC	F	FSEN	48:30	0:47:47
853	1440	Sam MCSHANE		M	MSEN	48:30	0:46:11
854	3036	Rhiannon BARTLETT	*	F	FSEN	48:30	0:47:47
855	2354	Paul WOOD	Oaks Blokes	M	MV45	48:31	0:47:32
856	2726	Rose SAWYER	* Tunbridge Wells Harriers	F	FV50	48:31	0:47:56
857	2547	Matt EDBROOKE		M	MV45	48:34	0:47:22
858	849	Tina GRAY	*	F	FV45	48:35	0:47:56
859	573	Michael DAVIS		M	MSEN	48:36	0:47:38
860	481	Anne COOPER	* Dorking & Mole Valley AC	F	FV45	48:39	0:47:46
861	622	Marina DOBON	*	F	FSEN	48:42	0:47:36
862	367	Ryan BUSUTTIL		M	MV40	48:43	0:47:32
863	587	Craig DEANE		M	MV50	48:43	0:48:20
864	2724	Scott PARKER	Shoreham Coasters	M	MSEN	48:44	0:47:51
865	439	Paul CLARK	Crawley AC	M	MV60	48:45	0:48:02
866	668	Paul EDWARDS	Mr Rs Runners	M	MV50	48:46	0:48:04
867	2572	Abdulrahman RABEEA		M	MU17	48:50	0:48:43
868	2733	Lorna HACKETT	* Worthing Gazelles	F	FSEN	48:51	0:48:14
869	258	Christopher BOOTLE		M	MV45	48:51	0:48:22
870	2666	Richard JAMES	Arena 80 AC	M	MV50	48:51	0:47:47
871	352	Robin BURCHFIELD		M	MV45	48:51	0:48:02
872	648	Julian DURANT		M	MV60	48:52	0:47:51
873	683	Rich ELLIS		M	MV35	48:53	0:48:12
874	2218	Margaret WADMAN	* Horsham Joggers	F	FV60	48:53	0:48:14
875	2509	Jake COOK		M	MSEN	48:54	0:47:52
876	444	Rick CLARKE		M	MV55	48:55	0:48:00
877	402	Antonio CATALANO		M	MV45	48:56	0:47:43
878	1240	Alistair LAMBERT		M	MSEN	48:58	0:48:10
879	3033	Neil RATEIWA		M	MU20	48:58	0:48:11
880	816	Ryan GINNS		M	MSEN	48:59	0:48:23
881	790	Fabio GERINI	Arena 80 AC	M	MV55	49:00	0:48:17
882	558	Rupert DAVIDSON		M	MV45	49:02	0:48:04
883	418	Becca CHAPMAN	*	F	FSEN	49:06	0:48:14
884	2863	James BLURING	Brighton & Hove Frontrunners	M	MV40	49:06	0:48:20
885	726	Amy FINES	* Lewes AC	F	FSEN	49:07	0:48:05
886	1833	Christopher RILEY		M	MV50	49:08	0:48:30
887	1392	Jonathan MATTHEWS		M	MSEN	49:08	0:48:10
888	2344	Nick WINNING	Lonely Goat RC	M	MV65	49:09	0:48:26
889	858	Malcolm GREIG		M	MV55	49:09	0:48:16
890	2704	Liz WICKHAM	* Gipsy Hill Run Club	F	FV40	49:11	0:48:19
891	918	Tim HARBOR		M	MV50	49:11	0:48:09
892	1937	Damian SEMPLE		M	MV50	49:11	0:48:19
893	2315	Claire WILLIAMS	* Brighton & Hove Women's RC	F	FV40	49:11	0:48:14
894	2749	Severina MURRAY	*	F	FSEN	49:12	0:48:08
895	2157	Edward TOVEY		M	MSEN	49:12	0:48:10
896	2833	Beth REED	* Lewes AC	F	FSEN	49:13	0:48:10
897	1146	Neil JONES		M	MV40	49:15	0:48:32
898	1834	Gabriela RINCON INFANTE	*	F	FSEN	49:15	0:48:27
899	2619	Paul HOLDICH	West End Runners	M	MV55	49:15	0:48:56
900	1277	Simon LEVESON		M	MV45	49:16	0:48:11

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
901	1803	Paul REECE		M	MV55	49:17	0:48:26
902	768	Mark GALL		M	MSEN	49:17	0:47:57
903	1573	Richard NICHOLSON	Elmbridge Road Runners	M	MV45	49:17	0:48:40
904	2734	Toby COLLINS		M	MSEN	49:17	0:48:24
905	1323	Emma LOXEY	*	F	FSEN	49:18	0:48:34
906	360	John BURNS		M	MV65	49:18	0:48:07
907	1142	Holly Mei JONES	* Erme Valley Harriers	F	FSEN	49:18	0:48:30
908	915	Katy HANSCOMB	*	F	FSEN	49:18	0:48:30
909	1685	Ryan PERRIN		M	MSEN	49:19	0:48:30
910	2161	Naomi TOYNBEE	*	F	FV35	49:19	0:48:16
911	1759	Nora PROKOP	*	F	FSEN	49:19	0:48:36
912	2028	Andrea SPORZON		M	MV40	49:21	0:48:21
913	1133	Tim JOHNSON		M	MV35	49:21	0:48:22
914	827	Peter GOLTON		M	MV60	49:22	0:48:23
915	86	Claire ALLEGUEN	* Brighton & Hove Frontrunners	F	FV45	49:22	0:48:36
916	1635	Claire PAGE	*	F	FV50	49:22	0:48:44
917	1461	Simon MIDDLETON		M	MV40	49:23	0:48:19
918	2915	Jamie MATTHEWS		M	MV50	49:23	0:48:42
919	2682	Edward BANTOCK		M	MSEN	49:24	0:48:29
920	2001	Lucy SMITH	*	F	FV45	49:24	0:48:28
921	2629	Lucy PORTER	*	F	FV35	49:24	0:48:23
922	2332	Cydney WILSON	*	F	FSEN	49:26	0:48:13
923	831	Hannah GOODHEAD	* Burgess Hill Runners	F	FSEN	49:26	0:48:39
924	1673	Matt PEARSON		M	MV45	49:26	0:48:20
925	2058	Rory STOBO	University of Sussex AC	M	MU20	49:27	0:48:42
926	1998	Russell SMITH		M	MV45	49:29	0:48:42
927	860	Luke GRICE		M	MV40	49:30	0:48:43
928	302	Miles BRICE		M	MV40	49:30	0:48:26
929	550	Ben DAMES	* Oaks Blokes	F	FV40	49:31	0:48:31
930	2849	Donna ROSE	*	F	FSEN	49:31	0:48:16
931	456	Ben CLINTON		M	MSEN	49:31	0:48:37
932	1761	Lucy PRUDDEN	*	F	FV40	49:35	0:48:42
933	1748	Ian PRATT	Seafrost shufflers	M	MV55	49:35	0:48:38
934	649	Honza DUSANEK		M	MV45	49:36	0:48:45
935	1009	John HINDMARCH	Lingfield RC	M	MV60	49:36	0:48:32
936	2100	Penelope TEMPLE-SMITHSON	*	F	FV35	49:38	0:48:46
937	2976	Claire FIELDER	*	F	FV45	49:38	0:48:31
938	523	Barry CROUCH		M	MV40	49:38	0:49:19
939	2478	Daniel BHAMRA		M	MV40	49:38	0:49:19
940	2349	Matthew WINTON	Seaford Striders RC	M	MV40	49:38	0:48:46
941	1547	Zoe MURPHY	* Worthing Gazelles	F	FV40	49:39	0:48:43
942	2797	Edward FIELDER		M	MSEN	49:41	0:48:41
943	71	Astrid AINLEY	*	F	FSEN	49:41	0:48:54
944	710	Jo FARROW	*	F	FV55	49:43	0:48:49
945	1222	Tom KNIGHT		M	MV35	49:44	0:48:15
946	1896	Sam RUTTER		M	MV50	49:44	0:48:47
947	1099	Scott ISHERWOOD		M	MSEN	49:45	0:48:09
948	990	Joe HEYES		M	MSEN	49:45	0:48:36
949	580	Leo DAY		M	MSEN	49:45	0:49:04
950	2774	Sally HALL	*	F	FV45	49:45	0:48:52

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
951	2363	Toby WOODFINE		M	MV40	49:45	0:48:58
952	2753	Alexandra CANN	*	F	FSEN	49:46	0:48:46
953	1283	Rich LEWIS		M	MV55	49:46	0:48:44
954	74	Debbie AKINYELU	*	F	FSEN	49:47	0:48:45
955	1919	Louis SAVVA		M	MSEN	49:47	0:48:54
956	1502	Samuel MONTAGUE		M	MSEN	49:47	0:48:43
957	2068	Madhur SUBHASH		M	MV35	49:49	0:48:40
958	2695	Becky COATES	*	F	FSEN	49:49	0:48:48
959	2890	Andrew WHITING		M	MV55	49:49	0:49:02
960	2632	Mitchell WHITING		M	MV55	49:49	0:49:02
961	1382	David MASKELL	Portslade Hedgehoppers	M	MV60	49:50	0:49:24
962	727	Jack FINN	Reigate Priory AC	M	MSEN	49:52	0:49:33
963	1539	James MULLAN	Brighton & Hove AC	M	MSEN	49:52	0:49:34
964	2918	Max GOODWIN		M	MSEN	49:55	0:48:49
965	1118	Rob JEFFERY		M	MV50	49:57	0:49:10
966	565	Lucia DAVIES	*	F	FSEN	49:58	0:49:07
967	1816	Claire REYNER	*	F	FV40	49:58	0:49:22
968	2866	Teresa ESCARIA	*	F	FU20	49:59	0:49:03
969	1853	Peter ROCHE	Brighton & Hove Frontrunners	M	MV50	49:59	0:49:02
970	187	David BATES		M	MV40	49:59	0:49:06
971	2154	Luis TORIBIO		M	MV45	50:00	0:49:13
972	170	Maisie BARNES	*	F	FSEN	50:00	0:49:03
973	2772	Penelope BARRON	* Horsham Joggers	F	FV60	50:01	0:49:00
974	857	Freddie GREGORY		M	MSEN	50:02	0:49:00
975	68	Stefano ADDIS		M	MV50	50:03	0:49:44
976	212	Eddie BENNETT		M	MU20	50:06	0:49:17
977	2979	Poppy GOOCH	* BHFR	F	FSEN	50:06	0:49:26
978	969	Michael HEDLEY		M	MV50	50:07	0:48:58
979	1893	Andrew RUSSELL		M	MV55	50:07	0:49:11
980	1467	Zac MILFORD		M	MU17	50:07	0:49:13
981	1466	Sam MILFORD		M	MV50	50:07	0:49:13
982	1902	Sydney SALKELD	*	F	FSEN	50:08	0:48:56
983	2409	Martin RACKSTRAW		M	MV55	50:08	0:49:14
984	919	Katie HARDING	*	F	FSEN	50:09	0:49:39
985	669	Matt EDWARDS		M	MSEN	50:12	0:49:12
986	183	Josie BASSETT	*	F	FU20	50:12	0:48:44
987	1540	Tom MUNDAY		M	MSEN	50:13	0:48:57
988	2842	Jonathan HUMPHREYS		M	MSEN	50:13	0:49:05
989	1786	Charlotte RAWLINSON	* Portslade Hedgehoppers	F	FSEN	50:13	0:49:15
990	2229	Joe WALKER		M	MV35	50:14	0:49:29
991	1422	Kiel MCGREGOR		M	MSEN	50:14	0:49:24
992	1732	Colin POOLE		M	MV65	50:14	0:49:14
993	1025	Ross HOLMES	Worthing striders	M	MV35	50:15	0:49:19
994	2026	Gem SPICER	*	F	FV40	50:15	0:49:16
995	2193	Oliver URPI		M	MV40	50:15	0:49:21
996	2740	Jason WATTS		M	MV50	50:17	0:49:08
997	1452	Nicola MELLETT	*	F	FV40	50:18	0:49:14
998	2898	James WILFORD		M	MV45	50:18	0:49:25
999	1864	Tabitha ROGERS	* Petts Wood Runners	F	FSEN	50:18	0:49:23
1000	399	Neal CASS	Portslade Hedgehoppers	M	MV50	50:18	0:49:35

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1001	3052	James HART		M	MV45	50:19	0:48:52
1002	127	Reza AZIMI		M	MV45	50:19	0:49:34
1003	1584	N NORTON		M	MV45	50:20	0:49:23
1004	417	Hannah CHAPMAN	*	F	FSEN	50:21	0:49:29
1005	1463	Miles MILES		M	MU17	50:21	0:49:04
1006	2490	Judith CARTLEDGE	* lingfield rc	F	FV60	50:22	0:49:19
1007	1880	Philippa ROWE	*	F	FSEN	50:23	0:49:15
1008	987	Matt HEWITT		M	MSEN	50:24	0:49:24
1009	2110	Katie THICK	*	F	FSEN	50:24	0:49:35
1010	1510	Laura MOONEY	*	F	FV45	50:24	0:49:26
1011	511	Finian CREAM		M	MV35	50:27	0:49:27
1012	280	John BRADDOCK		M	MSEN	50:27	0:49:25
1013	535	Pippa CUMBERS	* Personify Fitness	F	FV50	50:28	0:49:04
1014	2336	Mark WILSON	Petts Wood Runners	M	MV45	50:28	0:49:15
1015	2569	Sally FOSTER	* Horsham Joggers	F	FV55	50:28	0:49:32
1016	1579	Joy NOAD	* Southern Counties Veterans AC	F	FV65	50:29	0:49:44
1017	256	Lee BONNETT		M	MV50	50:29	0:49:28
1018	2106	Chris TERRILL	London City Runners	M	MV70	50:30	0:49:33
1019	1075	Sarah HUNTLEY	*	F	FV40	50:32	0:49:33
1020	1186	Alastair KENDRICK	Castle Point Joggers	M	MV70	50:33	0:49:48
1021	306	Paul BRIGGS	Chichester Runners & AC	M	MSEN	50:33	0:49:34
1022	2895	James WELCH		M	MV50	50:35	0:49:37
1023	454	Glenn CLIFFORD	Elmbridge Road Runners	M	MV40	50:37	0:49:49
1024	2468	Roger SHAW		M	MV40	50:38	0:49:35
1025	2587	Megan GRIFFITHS	* Xempo Pace Team	F	FSEN	50:38	0:49:44
1026	2586	Dale CLARKE	Xempo Pace Team	M	MSEN	50:40	0:49:45
1027	1508	Adrian MONTI	Brighton & Hove AC	M	MV55	50:42	0:49:30
1028	411	Keith CHAMBERS	Lingfield RC	M	MV65	50:46	0:49:40
1029	793	Kate GIBBENS	*	F	FSEN	50:46	0:50:46
1030	3043	Travis CATT		M	MSEN	50:46	0:49:41
1031	2120	Jack THOMPSON		M	MV35	50:48	0:49:17
1032	2456	James WYLIE		M	MV35	50:48	0:49:44
1033	1486	Gavin MISKELLY	Arunners RC	M	MV55	50:49	0:50:00
1034	2966	Lauraine STEWART	* Pound Hill Pounders	F	FV50	50:49	0:49:55
1035	2664	Neil WINTER		M	MV55	50:51	0:49:46
1036	3068	Emre CANNUR		M	MSEN	50:54	0:49:55
1037	2949	Laura SWAIN	* Portslade Hedgehoppers	F	FV45	50:56	0:49:58
1038	62	Caroline ACKLEY	*	F	FV35	50:56	0:49:30
1039	2530	Hannah CORBETT	* Imperial College AC	F	FSEN	50:57	0:50:02
1040	1999	Paul SMITH	Hassocks Community Runners	M	MV60	50:59	0:49:47
1041	608	Neil DERMOTT	Brighton & Hove AC	M	MV65	51:01	0:50:14
1042	2448	Ali CORMACK		M	MSEN	51:02	0:50:17
1043	1184	Stewart KELLY		M	MV50	51:03	0:50:15
1044	2883	Mona SORENSEN	*	F	FV45	51:03	0:50:07
1045	226	Melissa BIRCH	*	F	FV50	51:03	0:50:06
1046	2480	Kate COOPER	* Worthing & District Harriers	F	FV50	51:03	0:50:06
1047	945	Ben HARTLEY		M	MV35	51:04	0:48:47
1048	2668	Ryan LILLEYWHITE		M	MSEN	51:06	0:50:23
1049	2000	Michael SMITH		M	MSEN	51:07	0:50:23
1050	233	Jack BISHOP		M	MSEN	51:07	0:50:02

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1051	2396	Nicholas ZANTIS		M	MSEN	51:08	0:50:18
1052	279	Elif BRADBURY	*	F	FV45	51:09	0:50:08
1053	1936	Margarita SEMCUK	*	F	FSEN	51:09	0:50:19
1054	2560	Hetti WALSBY	*	F	FV45	51:10	0:50:31
1055	161	Scott BAREFIELD		M	MSEN	51:17	0:49:35
1056	2741	Kate WADDICOR	* Steel City Striders RC	F	FV70	51:17	0:50:45
1057	1526	Annette MORRIS	* Reigate Priory AC	F	FV65	51:17	0:50:16
1058	160	Susie BARDEN	*	F	FSEN	51:21	0:50:30
1059	1209	Kerry KIPLING	* Portslade Hedgehoppers	F	FV50	51:22	0:50:22
1060	129	Sam BACON	Crawley Run Crew	M	MV35	51:22	0:50:13
1061	130	Lucy BACON	*	F	FSEN	51:22	0:50:13
1062	2455	Rachael INNS	* Hastings Runners	F	FV40	51:23	0:50:32
1063	2625	Willow PLATER	*	F	FSEN	51:23	0:50:26
1064	2626	Harvey PLEWS		M	MSEN	51:25	0:50:18
1065	3016	Gareth BEATY		M	MV45	51:25	0:50:00
1066	2342	Grant WINBORN	Fordy Runs RC	M	MV50	51:26	0:50:20
1067	563	Brian DAVIES		M	MV55	51:26	0:50:20
1068	1103	Nathan JACKSON		M	MSEN	51:27	0:50:14
1069	602	Ryan DENNY		M	MSEN	51:27	0:50:28
1070	865	Simon GRIGOR	Run Higher Collective	M	MV65	51:28	0:50:17
1071	2219	Jen WADMAN	*	F	FV40	51:30	0:50:51
1072	2137	Selina TIONG	*	F	FV35	51:30	0:47:06
1073	1361	Andi MARFLEET	Horsham Joggers	M	MV40	51:31	0:50:21
1074	1600	Lisa O'DONNELL	*	F	FV35	51:31	0:50:34
1075	2248	Jake WARWICK		M	MSEN	51:32	0:50:25
1076	3080	Leo MISKIN		M	MSEN	51:33	0:49:44
1077	2568	Karin DIVALL	* Lewes AC	F	FV65	51:33	0:50:41
1078	2787	Alex FIELDER		M	MSEN	51:34	0:50:24
1079	424	Mark CHEE	Portslade Hedgehoppers	M	MV50	51:35	0:50:37
1080	1196	Aamir KHAN		M	MSEN	51:36	0:48:19
1081	874	Beth GUDGEON	*	F	FSEN	51:37	0:49:59
1082	1842	Mike ROBERTS	Petts Wood Runners	M	MV60	51:37	0:50:29
1083	1691	Ian PETERS	Lancing Eagles	M	MV60	51:37	0:50:29
1084	2407	Paul CERNICHARO		M	MV35	51:39	0:49:55
1085	1490	Neil MITCHELL		M	MV65	51:40	0:50:26
1086	316	Emily BROOKES	* Horsham Joggers	F	FSEN	51:41	0:51:13
1087	3002	Karen ANDREW	*	F	FV45	51:41	0:50:19
1088	955	George HASKELL		M	MSEN	51:42	0:49:50
1089	1822	Rosie RICHARDS	*	F	FSEN	51:42	0:50:23
1090	1541	Ernest MUNGWARI		M	MSEN	51:42	0:49:49
1091	465	Tom COLES		M	MSEN	51:43	0:50:28
1092	1940	Mohit SHAH	Horsham Joggers	M	MSEN	51:44	0:51:16
1093	3072	Zsolt JAKAB		M	MV35	51:45	0:50:51
1094	2564	Matthew STOCKWOOD	Lingfield RC	M	MV55	51:46	0:50:42
1095	1168	Clio KARAPIPERI	*	F	FSEN	51:46	0:50:57
1096	1193	Justine KEOGH	*	F	FV50	51:46	0:50:51
1097	329	Chloe BROWN	*	F	FSEN	51:47	0:50:44
1098	519	Peter CROSS	Belgrave Harriers	M	MV65	51:47	0:50:57
1099	3087	Jonathan STEELE		M	MSEN	51:47	0:50:17
1100	408	Stephen CHALLIS		M	MV45	51:48	0:50:38

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1101	1459	Alexandra MICHAEL	*	F	FSEN	51:49	0:49:13
1102	1653	Gary PARR	Burgess Hill Runners	M	MV40	51:49	0:50:36
1103	823	Amanda GODFREY	* Chichester Runners & AC	F	FV60	51:50	0:50:53
1104	617	Ian DIVALL		M	MV40	51:51	0:50:44
1105	384	Calum CANNON		M	MSEN	51:51	0:50:49
1106	1961	Claire SHILLING	*	F	FSEN	51:52	0:50:37
1107	321	Luke BROWN		M	MSEN	51:52	0:51:02
1108	2759	Dan WEST		M	MSEN	51:53	0:50:42
1109	2346	Eric WINSTONE	Bushfield Joggers	M	MV70	51:54	0:50:55
1110	758	Catherine FRIAR	*	F	FV45	51:56	0:51:00
1111	2195	Jeet VAGHELA		M	MSEN	51:56	0:48:35
1112	2297	Abigail WHITELEY	* Run Academy Worthing	F	FV45	51:56	0:50:56
1113	255	Zoe BONNETT	*	F	FV40	51:58	0:50:57
1114	393	Jonathan CARR		M	MV40	51:58	0:49:48
1115	473	Margaret CONNOLLY	* South London Harriers	F	FV65	51:59	0:51:04
1116	2716	Shannen PETERS	*	F	FSEN	51:59	0:50:43
1117	1290	Leonard LIEVIN		M	MSEN	51:59	0:51:30
1118	2846	Kerrie NOAKES	*	F	FV45	52:00	0:51:09
1119	139	Poppy BAINES	*	F	FSEN	52:00	0:50:48
1120	891	Richard HAILSTONE		M	MV60	52:00	0:50:54
1121	1100	Georgi IVANOV		M	MV35	52:00	0:51:12
1122	1888	Liviu RUGASAN		M	MV40	52:00	0:51:06
1123	2358	Chris WOOD		M	MV45	52:04	0:50:29
1124	952	Jamie HARWOOD		M	MV45	52:04	0:51:11
1125	1817	Elizabeth REYNOLDS	*	F	FV35	52:04	0:51:08
1126	284	John BRADSHAW		M	MV60	52:05	0:51:07
1127	1242	Kate LAMPLOUGH	*	F	FSEN	52:05	0:50:33
1128	388	Judith CARDER	* Brighton & Hove AC	F	FV65	52:06	0:51:23
1129	2862	Lynn MACDONALD	*	F	FV50	52:06	0:50:49
1130	1894	Brian RUSSELL	Brighton Gazelles	M	MV55	52:06	0:50:52
1131	2801	Graeme COLLARD	Brighton Gazelles	M	MV45	52:07	0:51:02
1132	2684	Kirk HOLLAND		M	MV40	52:07	0:50:56
1133	348	Jo BUNDAY	*	F	FV50	52:08	0:51:03
1134	60	Richard ABLETT		M	MV50	52:09	0:51:22
1135	276	Ben BOYLE		M	MV45	52:10	0:50:53
1136	2565	Laura STOCKWOOD	* Lingfield RC	F	FV40	52:10	0:51:05
1137	840	Kian GOULDEN		M	MSEN	52:10	0:50:18
1138	2844	Susan DUNN	* HY AC	F	FV50	52:11	0:51:07
1139	1971	Diogo SILVA		M	MV50	52:12	0:50:04
1140	2271	Tom WESTERMAN		M	MSEN	52:14	0:50:39
1141	548	Mark DALY		M	MV45	52:14	0:51:19
1142	1207	Andrew KINGHAM		M	MV60	52:14	0:50:47
1143	2227	Ian WAKINS	Lingfield RC	M	MV60	52:16	0:51:10
1144	3021	Frankie CARR-PACQUAY		M	MSEN	52:16	0:50:39
1145	1431	Danny MCLAUGHLIN	Orpington Road Runner	M	MV60	52:18	0:51:32
1146	1367	Jonathon MARROWS		M	MV35	52:19	0:51:08
1147	1111	Mary JAMES	*	F	FV45	52:20	0:51:16
1148	1206	Riley KING		M	MU17	52:23	0:51:13
1149	1821	Lydia RICE	*	F	FSEN	52:23	0:50:59
1150	699	Wendy EVEREST	* Petts Wood Runners	F	FV55	52:26	0:51:20

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1151	416	Sarah CHAPMAN	*	F	FV45	52:27	0:51:36
1152	2826	Lauren NICHOLAS	* Imperial College AC	F	FSEN	52:28	0:51:17
1153	1801	Christie REDLEY	* Brighton & Hove Frontrunners	F	FV35	52:28	0:51:35
1154	687	Alessio ERDAS		M	MSEN	52:29	0:51:22
1155	2930	Fernando PEREZ		M	MSEN	52:33	0:50:00
1156	2886	Kerrie EDMONDS	*	F	FV35	52:34	0:51:41
1157	767	Philip GALE	Portslade Hedgehoppers	M	MV45	52:35	0:51:37
1158	1895	Andrew RUSSELL		M	MV55	52:35	0:51:43
1159	1825	Jack RICHARDSON-PAYNE		M	MSEN	52:37	0:51:48
1160	244	Chris BLAKER		M	MV35	52:38	0:51:34
1161	243	Harry BLAKE		M	MSEN	52:39	0:51:23
1162	2702	Ryan BUDD		M	MSEN	52:40	0:51:24
1163	3082	Robert BODDY		M	MV40	52:40	0:51:48
1164	1565	Robin NEWBOLD		M	MV50	52:41	0:51:26
1165	2577	Charlie LEWIS		M	MSEN	52:42	0:51:31
1166	1741	Bob POTIPHAR	Arena 80 AC	M	MV60	52:42	0:51:40
1167	1638	John PALMER	Burgess Hill Runners	M	MV55	52:43	0:51:12
1168	1281	Chris LEWIS	Oaks Blokes	M	MV45	52:43	0:51:33
1169	549	Josh DALY		M	MSEN	52:44	0:51:40
1170	1797	Sean READ		M	MV55	52:47	0:51:46
1171	744	Jared FORREST		M	MSEN	52:48	0:50:56
1172	192	Laura BAZILLE	* Lancing Eagles	F	FV35	52:48	0:51:42
1173	2822	Liam TOBIN		M	MSEN	52:50	0:51:42
1174	116	Iona ASHWORTH	*	F	FSEN	52:50	0:52:00
1175	1520	Rodney MORLEY	Bognor Regis Tone Zone Runners	M	MV60	52:51	0:52:13
1176	2482	Nigel HOLLEWELL	Run Academy Worthing	M	MV60	52:52	0:51:15
1177	2147	Chloe TOMKINS	*	F	FSEN	52:52	0:51:36
1178	1923	John SCHNEIDER		M	MV50	52:53	0:52:04
1179	1577	Leah NIMZ	* Portslade Hedgehoppers	F	FSEN	52:54	0:51:55
1180	1094	James INNIS		M	MSEN	52:55	0:51:44
1181	3040	Mark LYNAS		M	MV35	52:55	0:50:08
1182	1832	Simon RIGLER		M	MV45	52:55	0:51:01
1183	2328	Nick WILMOT		M	MV60	52:55	0:51:34
1184	1357	Annabel MANICOM	* University of Sussex AC	F	FU20	52:57	0:51:28
1185	571	Amy DAVIS	* Team Synergy	F	FU20	52:57	0:52:11
1186	2277	Beatrice WHEATLEY	* Meads Runners	F	FSEN	52:58	0:51:56
1187	1977	Matt SIMPKIN		M	MV50	52:58	0:51:58
1188	1970	Marisa SILVA	* Brighton & Hove Women's RC	F	FSEN	53:00	0:51:42
1189	2162	Ben TRANTER		M	MV45	53:01	0:51:56
1190	2614	Freddie LOWES		M	MSEN	53:01	0:51:24
1191	2764	Joe LACEY	Horsham Joggers	M	MSEN	53:02	0:51:53
1192	1877	Nick ROSEBLADE	WMR	M	MV40	53:02	0:51:28
1193	690	Joel ESSEX		M	MV45	53:02	0:51:39
1194	1145	Christopher JONES		M	MV45	53:02	0:51:39
1195	2910	Emily GUIRY	*	F	FSEN	53:03	0:51:45
1196	1322	Steven LOWRY-SMITH	Brighton & Hove AC	M	MV55	53:04	0:53:04
1197	1125	Anthony JEWELL		M	MV60	53:04	0:51:20
1198	1026	Tim HOLTAM	Sanctuary Runners Brighton	M	MV40	53:05	0:52:05
1199	2247	Bev WARWICK	* North Derbyshire RC	F	FV65	53:06	0:52:05
1200	2061	Natalie STONE	*	F	FSEN	53:08	0:52:00



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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1201	584	Monica DEAKIN	* University of Sussex AC	F	FU20	53:08	0:52:10
1202	745	David FORSDICK	Oaks Blokes	M	MV55	53:08	0:51:45
1203	450	Sam CLEEVE		M	MSEN	53:12	0:51:58
1204	1598	Tom O'CALLAGHAN		M	MSEN	53:13	0:52:21
1205	994	Theo HILL	Oaks Blokes	M	MV40	53:15	0:51:51
1206	262	Amieke BOTES	*	F	FSEN	53:18	0:52:02
1207	2440	Steven DARE		M	MV40	53:18	0:52:08
1208	1800	Jay REDFORD		M	MSEN	53:20	0:52:35
1209	933	Tim HARRISON		M	MV50	53:21	0:51:58
1210	294	Sarah BRAVO	*	F	FV50	53:22	0:51:40
1211	1136	Alex JOHNSON		M	MSEN	53:23	0:51:52
1212	335	Francis BROZ		M	MV55	53:23	0:52:29
1213	1000	Rob HILL		M	MV60	53:24	0:52:02
1214	240	Barry BLACKMAN		M	MV45	53:26	0:52:27
1215	157	Robert BANHAM	Southern Counties Veterans AC	M	MV50	53:28	0:52:16
1216	1787	Paul RAWLINSON	Portslade Hedgehoppers	M	MV65	53:28	0:52:15
1217	2645	Martha BRISCO	*	F	FSEN	53:29	0:51:56
1218	265	Paul BOUGOURD		M	MV50	53:29	0:52:20
1219	1445	Katrina MEANEY	*	F	FV45	53:30	0:52:26
1220	1611	Sarah OLIVER	* Crawley Run Crew	F	FV45	53:31	0:52:26
1221	1631	Ayush OZA		M	MSEN	53:31	0:50:09
1222	1044	Imogen HORTON	*	F	FSEN	53:34	0:52:16
1223	2782	Darren SINDEN		M	MV50	53:36	0:52:32
1224	2441	Maria DALLA COLA	* Sutton Runners	F	FV40	53:37	0:52:28
1225	559	Jenny DAVIDSON	*	F	FV45	53:41	0:53:41
1226	224	Rachel BILSKI	* Fordy Runs RC	F	FV35	53:42	0:52:36
1227	814	Kelly GILMARTIN	*	F	FV40	53:44	0:52:52
1228	1781	Edmond RATEIWA		M	MV50	53:44	0:52:09
1229	1772	Nathaniel RAINIER		M	MSEN	53:45	0:52:10
1230	2757	Tom FAIRFAX		M	MSEN	53:45	0:52:33
1231	2656	Robert FELL	Arunners RC	M	MV40	53:45	0:52:39
1232	1263	Anya LECKIE	*	F	FSEN	53:49	0:52:46
1233	126	Terry AVEY	Brighton Phoenix	M	MV70	53:49	0:52:57
1234	2959	O-Lie FINGER		M	MSEN	53:49	0:52:46
1235	1373	Annie MARSHALL-TAYLOR	*	F	FU17	53:52	0:52:39
1236	477	Derek COOMBES		M	MV45	53:53	0:51:42
1237	2134	Alice TIERNEY	*	F	FSEN	53:53	0:52:33
1238	1043	Ricky HORSCRAFT	Goodgym Worthing	M	MV50	53:53	0:52:51
1239	431	Alex CHRYSANTHOU		M	MV35	53:54	0:52:33
1240	893	Lara HAKIMI	*	F	FV35	53:54	0:52:32
1241	2658	Neil PAYNE		M	MV50	53:54	0:52:43
1242	2143	Linda TOMBS	*	F	FV60	53:55	0:52:29
1243	2079	Michelle SWEENEY	*	F	FV40	53:55	0:52:57
1244	186	Guy BATE		M	MV60	53:55	0:52:31
1245	436	Sarah CLARK	* Horsham Joggers	F	FV45	53:55	0:52:27
1246	533	Brooke CULLETON	*	F	FSEN	53:55	0:52:46
1247	2660	Millie PAYNE	*	F	FSEN	53:56	0:52:44
1248	837	Glenda GOSCOMB	* Sevenoaks AC	F	FV65	53:57	0:52:39
1249	2514	Freddie NICHOLSON	Imperial College AC	M	MSEN	53:57	0:53:00
1250	2648	Elliot MCKEOWN		M	MSEN	53:58	0:51:58

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1251	227	Sarah BIRCH	* Horsham Joggers	F	FV55	53:58	0:52:30
1252	2032	Elisabeth SQUIRES	*	F	FSEN	54:00	0:52:06
1253	1720	Valerie PLACE	* 7 Oaks Tri club	F	FV60	54:00	0:52:42
1254	538	Lucy CUNNANE	*	F	FV35	54:00	0:52:52
1255	333	Jim BROWN	Windle Valley Runners	M	MV75	54:01	0:53:04
1256	946	Jonathan HARTNETT		M	MV35	54:01	0:52:55
1257	551	Aurore DAMOISEAUX	*	F	FSEN	54:03	0:52:43
1258	3051	Alex ROBBINS	Black Trail Runners	M	MSEN	54:04	0:52:37
1259	2548	Lucas PICHLER	University of Sussex AC	M	MSEN	54:05	0:53:30
1260	953	Sidney HARWOOD-MATTHEWS	University of Sussex AC	M	MSEN	54:05	0:53:31
1261	104	David ANSCOMBE	Burgess Hill Runners	M	MV60	54:05	0:52:34
1262	1993	Naomi SLOMAN	*	F	FV40	54:05	0:53:16
1263	1388	Adrian MATHERS	Hockey Trail Runners	M	MV55	54:06	0:52:50
1264	2031	Nick SQUIRES	Petts Wood Runners	M	MV60	54:06	0:52:51
1265	2869	James DOWN		M	MSEN	54:08	0:52:39
1266	1804	Hannah REED	*	F	FSEN	54:09	0:52:57
1267	526	Liam CRUMP		M	MSEN	54:10	0:52:58
1268	2280	Isla WHEELER	* Foxy Ladies RC	F	FU17	54:11	0:52:44
1269	2174	Penny TURLEY	* Lonely Goat RC	F	FV65	54:11	0:53:29
1270	1389	Tshepho MATI	Burgess Hill Runners	M	MV50	54:12	0:52:48
1271	836	William GOODYEAR		M	MV35	54:13	0:52:44
1272	878	James GUNN		M	MV40	54:14	0:52:56
1273	2952	Lee DAVIS		M	MV35	54:15	0:53:08
1274	597	Katy DELMAGE LEE	*	F	FSEN	54:15	0:53:09
1275	786	David GEBEI		M	MV40	54:16	0:52:41
1276	2927	Alex LONGMUIR	CADAC	M	MV60	54:16	0:52:39
1277	2686	Aura BECKHOFER-FIALHO	*	F	FV55	54:16	0:52:42
1278	2060	Andy STONE	East Grinstead Runners	M	MV55	54:16	0:52:01
1279	427	Edward CHESSMAN		M	MV50	54:17	0:52:55
1280	1386	Erin MASSON	*	F	FSEN	54:17	0:53:01
1281	2546	Paul LOMAS-CLARKE	DMVAC	M	MV75	54:17	0:53:24
1282	2416	Leo KALMUS		M	MU17	54:18	0:52:50
1283	136	Francesca BAILEY	* Horsham Joggers	F	FSEN	54:19	0:53:40
1284	2236	Will WALKINTON		M	MV35	54:19	0:53:00
1285	2539	Gary VILES	Crawley AC	M	MSEN	54:20	0:53:05
1286	1011	Juliet HINTON-SMITH	*	F	FSEN	54:21	0:52:48
1287	2063	Ruth STONE	* Arena 80 AC	F	FV45	54:21	0:52:58
1288	108	Carla ARBOLEDA	*	F	FSEN	54:22	0:53:07
1289	1120	Lyn JENKINS	* Westbury Harriers	F	FV70	54:24	0:52:51
1290	867	Peter GRINDROD		M	MV50	54:25	0:52:52
1291	1795	Tony REA	Heathfield RR	M	MV80	54:26	0:53:32
1292	1305	Oilly LLOYD-HOOKER		M	MSEN	54:27	0:53:05
1293	2250	Jasper WATKIN		M	MSEN	54:27	0:53:06
1294	1164	Philip KALMUS		M	MV55	54:27	0:53:00
1295	2253	Nick WATSON	Sevenoaks Ladies Joggers	M	MV35	54:28	0:53:11
1296	2610	Jennifer KELLY	* Petts Wood Runners	F	FV55	54:30	0:53:12
1297	2216	Lauren WADE	*	F	FSEN	54:33	0:53:10
1298	277	Scott BOYLE		M	MV45	54:35	0:53:17
1299	2159	Phillippa TOWNEND	* Hanover Runners	F	FV50	54:35	0:53:03
1300	260	Bartek BOSKI		M	MV45	54:37	0:52:34

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1301	2472	Kenton WALKER		M	MV55	54:39	0:54:06
1302	419	Owen CHAPMAN		M	MV40	54:39	0:53:20
1303	1450	Anita MEHTA	*	F	FV45	54:40	0:52:56
1304	2427	Harriet FRY	*	F	FSEN	54:42	0:53:49
1305	675	Maya EHSAN	*	F	FU20	54:43	0:53:14
1306	704	Isabel FAGERVIK	* University of Sussex AC	F	FSEN	54:43	0:53:29
1307	2929	Hayley SENGEBUSCH	*	F	FV55	54:44	0:53:01
1308	1990	Nakita SLADE	* Brighton & Hove Women's RC	F	FSEN	54:44	0:53:14
1309	266	Sally BOULTON	* Stragglers	F	FV70	54:45	0:53:23
1310	251	Ed BOILING		M	MV50	54:45	0:53:24
1311	789	Graham GERAGHTY		M	MV40	54:47	0:53:50
1312	1593	Melanie OBRIEN	*	F	FSEN	54:48	0:53:33
1313	1702	Pattareeya PHOSRI	*	F	FSEN	54:49	0:53:03
1314	1310	Ben LOGAN		M	MSEN	54:49	0:53:09
1315	291	Gabriel BRAUS		M	MSEN	54:50	0:53:18
1316	1551	Zoe MUTCH	*	F	FV50	54:50	0:53:20
1317	426	Christine CHESSMAN	*	F	FV45	54:50	0:53:28
1318	1513	Richard MORAN		M	MV40	54:50	0:53:41
1319	3050	Tom CROWDER		M	MV35	54:51	0:53:10
1320	3049	David MCALEER		M	MV35	54:51	0:53:10
1321	2164	Elizabeth TRINDER	*	F	FSEN	54:52	0:53:19
1322	1221	Andrew KLUTH		M	MV55	54:52	0:53:44
1323	1769	Jean-Baptiste RACHAIL		M	MSEN	54:52	0:53:03
1324	2884	Pete SMITH		M	MV40	54:53	0:53:02
1325	2576	Mark BISHOP		M	MV50	54:54	0:53:23
1326	2264	Ruth WEBER	*	F	FSEN	54:54	0:53:33
1327	839	Jonathan GOULD		M	MV35	54:56	0:53:24
1328	1104	Byron JACOBS		M	MV60	54:57	0:53:48
1329	1342	Sandra MACKENZIE	*	F	FV40	54:58	0:52:05
1330	607	Russel DERMOTT		M	MV35	54:58	0:53:34
1331	1556	Meleesa NAUGHTON	*	F	FV40	54:58	0:53:44
1332	1096	Thomas IRVINE		M	MU17	54:59	0:53:17
1333	577	Molly DAWSON	*	F	FSEN	54:59	0:53:52
1334	621	Robert DOBBS	Hove Hornets	M	MSEN	54:59	0:53:59
1335	1955	Ellie SHELLEY	*	F	FV50	55:00	0:53:40
1336	103	Siobhan ANDREWS	*	F	FSEN	55:02	0:53:47
1337	2958	Mark HAYES		M	MV50	55:02	0:53:27
1338	374	Bryony CAIRNS	*	F	FSEN	55:04	0:53:40
1339	2048	Luke STEPHENS	CDF Runners	M	MSEN	55:05	0:53:48
1340	307	Charlotte BRIGGS	*	F	FSEN	55:05	0:53:45
1341	2433	Clif FRY		M	MV55	55:05	0:54:13
1342	1173	Lindsey KAUFFMAN	*	F	FV55	55:06	0:53:37
1343	2543	Charlotte CRAIG	* DMVAC	F	FV60	55:06	0:53:55
1344	3077	Justin ADAMS		M	MV40	55:07	0:53:49
1345	1843	Ben ROBERTS		M	MSEN	55:10	0:53:40
1346	1935	Kerry SELLERS	*	F	FV45	55:11	0:53:12
1347	389	Nick CAREW-GIBBS	AJ's Run School	M	MV65	55:12	0:53:59
1348	1657	Edward PARRY	Brighton & Hove Frontrunners	M	MSEN	55:13	0:53:36
1349	781	Chris GATT FLORIDIA	Petts Wood Runners	M	MV55	55:14	0:53:59
1350	926	Simon HARRIES		M	MV55	55:14	0:54:10

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1351	2167	Margarita TROFIMOVA	*	F	FSEN	55:15	0:54:25
1352	1920	Chris SAWYER		M	MV50	55:15	0:53:57
1353	1903	Pete SALKELD		M	MV55	55:16	0:54:04
1354	1261	Martin LEAKE		M	MV65	55:17	0:53:50
1355	2627	Kevin DOHERTY	Vegan Runners	M	MV55	55:18	0:54:15
1356	581	Nick DAY		M	MV55	55:18	0:53:56
1357	2291	Matthew WHITE		M	MV55	55:18	0:53:59
1358	2713	Eilidh GOODALL	*	F	FSEN	55:20	0:53:56
1359	3028	Debbie MONTAGUE	* Werrington Joggers	F	FV50	55:20	0:53:58
1360	1883	Nicholas ROWLINSON		M	MV55	55:20	0:54:01
1361	1924	John SCHOFIELD	Burgess Hill Runners	M	MV75	55:20	0:53:48
1362	2373	Luke WORKMAN		M	MSEN	55:21	0:53:48
1363	2104	Laura TERREY	*	F	FSEN	55:22	0:54:20
1364	851	Sharon GREEN	*	F	FV40	55:22	0:53:56
1365	1451	Ciaran MELIA		M	MV35	55:22	0:53:38
1366	3025	Emil AAGAARD		M	MU20	55:22	0:53:54
1367	3044	Aaron ATA-BAAH		M	MSEN	55:22	0:54:08
1368	2680	Lizi ATKINSON	*	F	FSEN	55:23	0:54:17
1369	2722	Carol AYLWARD	*	F	FV45	55:24	0:53:48
1370	2676	Rohan MCKEE		M	MSEN	55:25	0:54:02
1371	901	Thomas HAMBLET		M	MSEN	55:25	0:53:09
1372	3011	***** UNKNOWN COMPETITOR				55:26	0:54:06
1373	1062	Jade HUET	*	F	FV35	55:26	0:54:06
1374	1371	Cal MARSHALL		M	MSEN	55:26	0:53:51
1375	1166	Ingrid KANE	*	F	FV50	55:27	0:54:12
1376	96	Lisa ALMOND	* Run Academy Worthing	F	FV35	55:28	0:54:32
1377	2165	Eleanor TRINDER	*	F	FSEN	55:28	0:53:29
1378	701	Jennifer EXCELL	*	F	FV35	55:28	0:54:04
1379	2082	Paul SWINNERTON	Seaford Striders RC	M	MV50	55:29	0:54:06
1380	1472	James MILLAR		M	MV40	55:29	0:53:59
1381	2423	Scott DALY		M	MSEN	55:30	0:54:12
1382	1813	Sophie REGO	* Pound Hill Pounders	F	FSEN	55:30	0:54:20
1383	2491	Hannah CARTLEDGE	* lingfield rc	F	FSEN	55:31	0:54:27
1384	3026	Gustav STRØMSVIK		M	MU17	55:31	0:54:02
1385	2502	Rachel JONES	* SHAEF Shifters	F	FV50	55:32	0:54:10
1386	1354	Ayesha MALPAS-BARB	*	F	FSEN	55:32	0:53:53
1387	2694	Hannah HART	*	F	FSEN	55:34	0:54:14
1388	2368	Tony WOOLLARD		M	MV65	55:34	0:54:20
1389	274	Antonia BOXALL	* Burgess Hill Runners	F	FV65	55:35	0:53:46
1390	586	Arran DEAN		M	MV35	55:36	0:53:47
1391	337	Leo BRYANT		M	MV45	55:36	0:54:05
1392	253	Chloe BOLSOVER	*	F	FV35	55:37	0:54:17
1393	1771	Sean RAINEY	Chichester Runners & AC	M	MV55	55:37	0:53:52
1394	248	Susan BLOWER	*	F	FV50	55:37	0:54:00
1395	3034	Adam HAYES		M	MV40	55:37	0:54:15
1396	762	T FRY	*	F	FV50	55:38	0:54:29
1397	404	Richard CAVE		M	MV45	55:40	0:54:31
1398	463	Christopher COLE		M	MV40	55:41	0:53:52
1399	1587	Rebecca NYGREN	*	F	FSEN	55:41	0:53:53
1400	895	Johnny HALES	Worthing Bears	M	MV40	55:41	0:54:32

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1401	1586	Julia NUTLEY	*	F	FV40	55:41	0:54:17
1402	2022	Antony SPENCER		M	MV40	55:42	0:54:07
1403	1090	Matthew INGRAM		M	MV45	55:42	0:54:02
1404	2486	Gray PANTON	Brighton & Hove Frontrunners	M	MV40	55:42	0:54:01
1405	2443	Tracy GROVER	* Sutton Runners	F	FV60	55:43	0:54:33
1406	556	Jessica DAVEY	*	F	FV50	55:45	0:54:20
1407	1562	Andy NEALE		M	MV50	55:45	0:54:36
1408	2251	Callum WATKINS		M	MSEN	55:47	0:54:16
1409	221	Charlie BICKNELL		M	MSEN	55:47	0:53:01
1410	1137	Joe JOHNSON		M	MV35	55:47	0:54:02
1411	1122	Simon JENNER	Hove Hornets	M	MV50	55:48	0:54:08
1412	1101	Anna IVANOVA	*	F	FU17	55:49	0:53:16
1413	1269	John LEGG		M	MV50	55:50	0:54:11
1414	505	Fin COYNE		M	MSEN	55:50	0:54:37
1415	504	Peter COYNE		M	MV50	55:50	0:54:38
1416	1064	Mark HUGGETT		M	MV65	55:51	0:54:20
1417	1519	Laurie MORGAN	*	F	FV35	55:51	0:54:32
1418	2763	Mollie JORDAN	* Horsham Joggers	F	FSEN	55:54	0:54:39
1419	708	Adam FARRELL		M	MV50	55:55	0:54:11
1420	1844	David ROBERTS		M	MV55	55:56	0:54:39
1421	1809	Dewi REES		M	MV40	55:56	0:54:54
1422	1810	Fiona REES	*	F	FV40	55:56	0:54:55
1423	2706	Tamar COLEMAN	* Arena 80 AC	F	FV60	55:58	0:54:30
1424	1856	Sarah ROCKETT	*	F	FV40	55:59	0:54:09
1425	1344	Amber MACOSCAR	*	F	FSEN	55:59	0:54:09
1426	637	Jessica DOWNS	*	F	FV55	55:59	0:54:33
1427	2069	Emily SUMMERFIELD	*	F	FV35	56:00	0:54:59
1428	2424	Chloe TRIMMER	*	F	FSEN	56:00	0:54:29
1429	1282	Rebecca LEWIS	* BTRS	F	FV40	56:01	0:54:45
1430	802	Rhys GIDMAN		M	MSEN	56:01	0:54:07
1431	1496	Alex MODELLY		M	MSEN	56:02	0:54:27
1432	219	Amy BEVAN	*	F	FSEN	56:05	0:54:39
1433	892	David HAINES		M	MV55	56:05	0:54:57
1434	2971	Andrew GOODALL		M	MV35	56:06	0:54:05
1435	2588	Andrew MARTIN	Xempo Pace Team	M	MV55	56:06	0:54:39
1436	1128	Rav JHALLI		M	MV35	56:07	0:54:23
1437	1742	Margreet POTTER	* Horsham Joggers	F	FV50	56:07	0:54:36
1438	985	Simon HERRIOTT		M	MV40	56:08	0:54:33
1439	1602	Katherine O'DONNELL	*	F	FV35	56:08	0:54:34
1440	1293	Carla LINDSAY	*	F	FV35	56:08	0:54:40
1441	2005	Mary SMITH	*	F	FV55	56:08	0:54:36
1442	2105	Jack TERREY		M	MSEN	56:08	0:56:08
1443	1674	Gaby PEARSON	* Caldicot RC	F	FSEN	56:08	0:54:06
1444	1394	Zoe MAUGHAN TAYLOR	* Elmbridge Road Runners	F	FV50	56:10	0:55:22
1445	2191	Colin URBEN	Urbernators	M	MV60	56:16	0:54:50
1446	1448	Chloe MEARS	*	F	FSEN	56:17	0:54:11
1447	680	Hayden ELLAWAY		M	MU17	56:17	0:55:12
1448	390	Natasha CAREY	*	F	FSEN	56:17	0:54:41
1449	2230	Ian WALKER		M	MV50	56:18	0:54:06
1450	182	Mark BASSET		M	MV50	56:19	0:55:00

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1451	847	Stefanie GRANT	*	F	FV45	56:20	0:55:00
1452	87	Ben ALLEGUEN		M	MV40	56:21	0:54:43
1453	2471	David FREEMAN	Crawley AC	M	MV35	56:21	0:55:15
1454	947	Matt HARVEY	Oaks Blokes	M	MV40	56:21	0:54:47
1455	536	Stewart CUMMING		M	MV35	56:22	0:54:25
1456	1645	Mehul PAREKH		M	MV35	56:25	0:55:07
1457	2964	Amanda COLLIER	*	F	FV55	56:26	0:54:38
1458	3094	Luke CARTER		M	MV40	56:27	0:51:52
1459	361	John BURNS		M	MV65	56:28	0:55:26
1460	967	James HEDGES		M	MV35	56:28	0:54:27
1461	2425	Neil POLLOCK		M	MV40	56:30	0:55:21
1462	1225	Ann KNOWLES	*	F	FV60	56:30	0:55:17
1463	430	Anne-Lise CHRISTMAS	* Elmbridge Road Runners	F	FV45	56:31	0:55:16
1464	641	Hannah DUCE	*	F	FSEN	56:32	0:55:06
1465	2405	Maiwenn CLEMENT	*	F	FSEN	56:32	0:55:22
1466	2651	Gemma PAYNE	*	F	FSEN	56:33	0:54:57
1467	1018	Guy HODGSON	Bognor Regis Tone Zone Runners	M	MV50	56:34	0:54:41
1468	1594	Sean O'BRIEN	Lucky Frog Run Club	M	MSEN	56:42	0:55:00
1469	1255	Jayne LAVERICK	*	F	FSEN	56:42	0:55:23
1470	2914	Patrick MURRAY		M	MV55	56:42	0:53:28
1471	605	Zachariah DENTON		M	MSEN	56:44	0:55:11
1472	176	Andre BARROSO		M	MV40	56:45	0:55:21
1473	2828	Sophia HENSON	*	F	FU20	56:46	0:55:10
1474	1171	Przemyslaw KARPICKI		M	MV45	56:48	0:54:40
1475	1165	Ciara KALMUS	*	F	FV50	56:49	0:55:20
1476	2021	Jolene SPENCE	*	F	FV35	56:49	0:55:50
1477	2078	Nakul SWAMI		M	MSEN	56:50	0:53:06
1478	206	Asia BEJER	*	F	FV40	56:52	0:55:51
1479	1473	Lisa MILLAR	*	F	FV50	56:52	0:55:24
1480	168	Peter BARNES	Hove Hornets	M	MV50	56:52	0:55:24
1481	375	Tegan CAIRNS	*	F	FSEN	56:53	0:55:29
1482	3071	Sylvia LONGWORTH-CATT	*	F	FSEN	56:54	0:55:15
1483	235	Jessica BLACKABY	* Cardiff Tri Club	F	FSEN	56:56	0:55:18
1484	2442	Mike BRIDLE		M	MSEN	56:57	0:54:07
1485	1138	Dan JOHNSON		M	MV35	56:57	0:55:11
1486	1626	Douglas OVENS		M	MV60	56:58	0:55:17
1487	1930	Sarah SEARLE-BROWN	*	F	FV40	56:59	0:55:20
1488	1830	Grace RIDLEY	*	F	FSEN	57:00	0:55:51
1489	3013	***** UNKNOWN COMPETITOR				57:04	0:56:15
1490	1672	Laura PEARCE-HUGGETT	*	F	FSEN	57:06	0:55:36
1491	107	Isabelle ARAUJO	*	F	FV35	57:06	0:55:36
1492	803	Magdalena GIGNAL	* Vegan Runners	F	FV45	57:09	0:55:36
1493	674	Sue EEDLE	* London Heathside	F	FV65	57:09	0:55:47
1494	2307	Katie WILLARD	*	F	FV35	57:16	0:55:28
1495	1980	Penny SIMPSON	* Arena 80 AC	F	FV55	57:17	0:56:10
1496	97	Laura ALONSO	*	F	FV45	57:17	0:55:28
1497	1351	Laxmi Anjali MAJEVADIA	*	F	FV35	57:18	0:55:59
1498	90	Nicholas ALLEN	Horsham Joggers	M	MV50	57:18	0:55:33
1499	2437	Emma HORAN	* Petts Wood Runners	F	FV35	57:19	0:55:49
1500	1336	Alan MACDONALD	Fetch Everyone RC	M	MV55	57:19	0:56:12

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1501	2045	Frankie STENNING	*	F	FSEN	57:22	0:56:06
1502	155	Violeta BALLESTEROS	*	F	FSEN	57:23	0:55:58
1503	2654	Tom EDWARDS	Eastbourne Rovers AC	M	MV35	57:26	0:55:45
1504	2535	Sansan PANG	*	F	FSEN	57:27	0:55:51
1505	1403	Fergu MCALLISTER		M	MSEN	57:29	0:56:04
1506	677	Paul ELLAWAY	Ellaway AC	M	MV45	57:31	0:56:25
1507	982	Gabriella HENSON	*	F	FSEN	57:31	0:55:54
1508	1739	Michael POPE		M	MV60	57:31	0:55:55
1509	1738	Lauren POPE	*	F	FSEN	57:31	0:55:55
1510	2760	Katie ARMSTRONG	*	F	FSEN	57:33	0:56:18
1511	1837	Johansen ROB		M	MV35	57:34	0:56:09
1512	582	Julia DAY	*	F	FV50	57:35	0:55:57
1513	2691	Khodaidad ISLAMZAI		M	MU17	57:35	0:54:56
1514	654	April E BLAND	*	F	FV35	57:38	0:56:08
1515	1095	Charlie IRVINE		M	MV40	57:38	0:56:06
1516	963	Peter HAZZARD		M	MV35	57:39	0:55:39
1517	392	Brogan CARPENTER	*	F	FSEN	57:40	0:57:40
1518	2932	Silvie VAN DER PLAS	*	F	FSEN	57:41	0:56:07
1519	498	Staten COUSINS-ROE		M	MV40	57:42	0:55:58
1520	1069	Diane HUGOT	*	F	FV35	57:42	0:55:25
1521	986	Elliot HESS		M	MV35	57:43	0:56:24
1522	1916	Anastasia SAUNDERS	*	F	FSEN	57:43	0:56:24
1523	1410	Elaine MCDONALD	*	F	FSEN	57:43	0:56:01
1524	3078	Manon FLEURY	*	F	FSEN	57:44	0:56:02
1525	922	David HARLOCK		M	MV60	57:44	0:56:03
1526	385	Suzie CANT	* Rogue Runners	F	FSEN	57:48	0:55:08
1527	1295	Rob LINES		M	MV55	57:49	0:55:58
1528	747	Nick FOSH		M	MV35	57:50	0:56:21
1529	2880	Ben NEWTON		M	MV35	57:50	0:56:11
1530	1848	Callum ROBERTSON		M	MSEN	57:51	0:56:05
1531	815	Victoria GILMORE	*	F	FV35	57:52	0:56:06
1532	1650	Ruth PARKER	*	F	FV40	57:53	0:56:17
1533	1548	Millie MURPHY	*	F	FU17	57:54	0:56:28
1534	179	Sarah BARTLEY	* Mickleover RC	F	FV50	57:55	0:55:44
1535	2408	Callum BARNES		M	MV35	57:55	0:56:10
1536	1578	Alex NISBETT		M	MSEN	57:56	0:56:34
1537	3063	Kim SALOUR	*	F	FV35	57:56	0:56:10
1538	2203	Lucy VICKERS	*	F	FSEN	57:56	0:56:34
1539	1265	Simone LEE	* Crawley Run Crew	F	FV40	57:57	0:56:33
1540	2641	Darren GOLDSMITH		M	MV55	58:00	0:56:36
1541	1312	Hannah LOMAX	*	F	FSEN	58:02	0:56:11
1542	818	Ben GLADMAN		M	MV35	58:03	0:56:07
1543	2601	Carolyn COOMBES	* Worthing Striders	F	FV40	58:04	0:56:48
1544	2856	Glen LAMBOURNE	Worthing Striders	M	MV50	58:04	0:56:48
1545	1192	Louise KENYON	*	F	FV55	58:05	0:56:39
1546	1455	Lucy MERRITT	*	F	FV35	58:07	0:56:48
1547	2087	Barry TAVENER		M	MV40	58:08	0:56:35
1548	1705	Kevin PICKAVANCE		M	MV40	58:08	0:56:19
1549	2785	Sophie JOHNSTONE	*	F	FV40	58:09	0:56:08
1550	2281	Fiona WHEELER	*	F	FV45	58:10	0:56:41

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1551	942	Chris HART		M	MV65	58:11	0:55:54
1552	810	Claire GILES	* Burgess Hill Runners	F	FV45	58:12	0:56:41
1553	1248	Matt LARKING		M	MV35	58:12	0:56:28
1554	2450	Holly RANSOM	*	F	FSEN	58:12	0:56:27
1555	2634	Mick TROUGHTON		M	MV70	58:14	0:56:37
1556	1826	Ryan RICHTER		M	MV45	58:15	0:56:44
1557	1981	Daisy SIMPSON-DANCER	* University of Sussex AC	F	FU20	58:15	0:56:45
1558	515	Darren CRISP	Epsom Oddballs RC	M	MV50	58:17	0:56:44
1559	1227	Niki KOCZOOVA	*	F	FV35	58:19	0:57:24
1560	441	Christina CLARKE	*	F	FV50	58:21	0:56:33
1561	2121	Connor THOMPSON		M	MSEN	58:21	0:56:55
1562	1088	Ethan INGRAM		M	MU17	58:23	0:56:42
1563	1089	Maisie INGRAM	*	F	FSEN	58:23	0:56:42
1564	2310	William WILLIAM		M	MSEN	58:25	0:56:12
1565	2770	Hampus HULTGREN		M	MSEN	58:25	0:56:17
1566	1665	Chris PAWSON		M	MV40	58:26	0:56:25
1567	1376	William MARTIN		M	MSEN	58:26	0:56:30
1568	3030	Oscar LOPEZ		M	MSEN	58:28	0:56:02
1569	751	Tom FOWLE		M	MSEN	58:30	0:57:07
1570	432	Gemma CHUMNANSIN	*	F	FV40	58:30	0:56:50
1571	2065	Sarah STRANGEMAN	*	F	FSEN	58:33	0:56:48
1572	3084	Christine BARRETT	* Market Harborough AC	F	FV60	58:33	0:57:03
1573	1378	Paul MARTIN		M	MV55	58:34	0:57:16
1574	343	Anne BUGLASS	*	F	FV40	58:35	0:56:36
1575	403	Ian CAUSTON		M	MV50	58:35	0:56:01
1576	169	Anna BARNES	* Crawley Run Crew	F	FV35	58:36	0:57:09
1577	2257	Maria WEATHERSTONE	* Crawley Run Crew	F	FV40	58:36	0:57:09
1578	2231	Kerry WALKER	*	F	FV40	58:37	0:57:09
1579	2542	Graham PENNY	Eastbourne Rovers AC	M	MV50	58:37	0:57:10
1580	2228	Andrew WALKER	Reigate Priory AC	M	MV45	58:37	0:57:09
1581	209	Scarlett BELL	*	F	FSEN	58:37	0:57:04
1582	956	Emily HASKINS	*	F	FV35	58:38	0:57:05
1583	877	Rachel GUMBRILL	* Hove Hornets	F	FSEN	58:38	0:56:54
1584	2239	Anthony WALLER	Portslade Hedgehoppers	M	MV55	58:38	0:56:40
1585	2438	Elizabeth RAINES	*	F	FSEN	58:39	0:56:44
1586	1134	Simon JOHNSON		M	MV40	58:40	0:57:06
1587	864	Wills GRIGG		M	MSEN	58:41	0:56:50
1588	1811	Kym REEVES	* Brighton Phoenix	F	FV60	58:41	0:57:18
1589	2339	Emily WILSON	*	F	FSEN	58:41	0:57:19
1590	1571	Will NEWMARCH		M	MV35	58:41	0:56:50
1591	2144	Amanda TOMBS	*	F	FV65	58:43	0:57:29
1592	685	Deana EMBLING	*	F	FV50	58:44	0:57:07
1593	2211	Veera VIRTANEN	*	F	FSEN	58:45	0:56:30
1594	1234	Sarah LACEY	*	F	FV60	58:45	0:56:42
1595	2524	Neil GONZALEZ		M	MSEN	58:48	0:56:31
1596	914	Brendan HANLON		M	MV50	58:48	0:56:42
1597	2540	Charlotte BLACK	*	F	FV35	58:48	0:56:57
1598	2507	Fran HAINES	*	F	FV35	58:49	0:57:01
1599	2317	Adam WILLIAMS		M	MV35	58:50	0:57:12
1600	1987	Chris SKILLINGS		M	MV40	58:51	0:57:00



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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1601	1191	James KENWARD		M	MV35	58:51	0:57:13
1602	520	Will CROSS		M	MSEN	58:51	0:57:17
1603	2780	Emma HOLLINGTON	*	F	FV35	58:52	0:57:16
1604	2449	Tea HALILAJ	*	F	FSEN	58:53	0:57:05
1605	2382	Robert WRIGHT		M	MSEN	58:53	0:56:33
1606	2006	James SMITH		M	MSEN	58:54	0:58:04
1607	1442	Richard MEAD		M	MV50	58:54	0:56:39
1608	3015	John GLOVER		M	MV40	58:56	0:56:40
1609	58	Katy ABBOTT	*	F	FV45	58:58	0:57:07
1610	2304	Miranda WILKINSON	*	F	FV45	58:58	0:57:29
1611	2367	Ann WOOLFE	*	F	FV60	58:58	0:57:08
1612	883	Richard GUTHRIE		M	MV55	58:59	0:57:20
1613	2080	Mikyle SWINDELLS		M	MSEN	59:00	0:57:06
1614	2947	Laurissa CUMINGS	*	F	FSEN	59:01	0:57:04
1615	1363	Sian MARIUTTO	*	F	FSEN	59:02	0:57:45
1616	298	Rachel BREMNER	* Paddock Wood AC	F	FV40	59:02	0:57:28
1617	2386	Sharon WROE	* Petts Wood Runners	F	FV65	59:03	0:57:18
1618	290	Caroline BRANSDEN	* Horsham Joggers	F	FV70	59:03	0:57:32
1619	289	Mike BRANSDEN	Horsham Joggers	M	MV70	59:04	0:57:32
1620	528	Nigel CRUTTENDEN	Burgess Hill Runners	M	MV65	59:06	0:57:23
1621	2561	Ben CARPENTER		M	MSEN	59:07	0:57:37
1622	566	Bethany DAVIES	*	F	FV45	59:07	0:57:17
1623	650	Andrea DUSANKOVA	*	F	FV50	59:07	0:57:25
1624	142	Clare BAKER	*	F	FV50	59:08	0:58:09
1625	2387	Anna WYLIE	*	F	FV40	59:08	0:57:49
1626	1799	Ruxandra RECOSEANU	*	F	FSEN	59:08	0:57:29
1627	1536	Georgia MUGGERIDGE	*	F	FSEN	59:10	0:58:21
1628	1874	Chloe ROSAMOND	*	F	FSEN	59:11	0:57:04
1629	105	John ANTON		M	MV60	59:11	0:57:27
1630	189	Warren BATTERSBY		M	MSEN	59:12	0:57:52
1631	1400	Rachel MAYLEN	*	F	FSEN	59:13	0:57:02
1632	3023	Brian TIERNEY		M	MV55	59:13	0:57:54
1633	777	Billy GATES		M	MSEN	59:15	0:57:26
1634	750	Kay FOSTER	*	F	FV55	59:16	0:57:33
1635	510	Stephen CRAY		M	MV65	59:16	0:57:19
1636	1162	Sean JUPP		M	MV60	59:17	0:57:02
1637	576	Jo DAWES	*	F	FV35	59:17	0:57:30
1638	804	Natalia GIGNAL	*	F	FU17	59:18	0:57:46
1639	401	Myles CASSIDY		M	MSEN	59:19	0:57:28
1640	3088	Russell WOOD	CAW RC	M	MV40	59:19	0:57:03
1641	1457	Rachelle METCALFE	*	F	FV55	59:20	0:57:28
1642	491	Joanna COTTAM	*	F	FV40	59:20	0:57:37
1643	1714	Felicity PILKINGTON	*	F	FV40	59:20	0:57:37
1644	2923	Alex NORRIS		M	MSEN	59:22	0:57:30
1645	2305	Andrew WILKINSON	Portslade Hedgehoppers	M	MV60	59:22	0:57:43
1646	853	Bethan GREEN	*	F	FV40	59:22	0:57:32
1647	1092	Carl INMAN	Petts Wood Runners	M	MV50	59:22	0:58:05
1648	2380	Ollie WRIGHT		M	MV35	59:23	0:57:35
1649	2076	Heidi SWAIN	*	F	FV45	59:23	0:57:58
1650	2854	Sam BOUGHEN		M	MU20	59:23	0:57:24

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1651	852	Stephen GREEN	Uckfield Runners	M	MV55	59:24	0:57:42
1652	2179	Rebecca TURNER	* Worthing Gazelles	F	FV40	59:27	0:57:38
1653	308	Emma BRIGHT	*	F	FV55	59:27	0:57:42
1654	722	Jason FINCH		M	MV50	59:28	0:57:49
1655	2970	Samuel WILSON		M	MSEN	59:29	0:58:38
1656	85	Lisa ALLAN	*	F	FV55	59:29	0:57:56
1657	1045	Kira HOUGHTON	*	F	FSEN	59:31	0:56:52
1658	900	Frida HALVORSEN	*	F	FSEN	59:33	0:58:35
1659	488	Melissa CORRY	*	F	FV35	59:34	0:57:01
1660	2745	Suzy TURNER	* Lewes AC	F	FV50	59:34	0:57:45
1661	2860	Huw JOHN		M	MSEN	59:35	0:57:59
1662	612	Lynda DEVENISH	*	F	FV65	59:36	0:57:48
1663	611	Megan DEVENISH	*	F	FV40	59:36	0:57:48
1664	180	Will BARTLEY - ROSE	Mickleover RC	M	MSEN	59:38	0:57:26
1665	800	Shirley GIBSON	* Darlington Harriers & AC	F	FV75	59:38	0:58:36
1666	94	Lynsey ALLEN	*	F	FV45	59:40	0:58:02
1667	1724	Matthew POLLARD		M	MV60	59:41	0:56:56
1668	3089	Mark HUGHES		M	MV60	59:42	0:57:35
1669	716	Apryl FELTON	* Rookery Fit Farm	F	FV35	59:45	0:58:24
1670	359	Jordan BURNILL	*	F	FV35	59:45	0:57:35
1671	822	Sam GODFREY		M	MSEN	59:46	0:57:49
1672	1286	Carl LEWIS		M	MV55	59:46	0:58:23
1673	1770	John RADOUX		M	MV45	59:50	0:58:12
1674	1707	Helen PICKFORD	*	F	FV40	59:50	0:58:24
1675	991	John HEYS		M	MV70	59:52	0:58:38
1676	1434	David MCMANUS	Bognor Regis Tone Zone Runners	M	MV45	59:52	0:58:00
1677	1717	Katalin PINTER	*	F	FV40	59:53	0:58:16
1678	1884	Katrina ROY	*	F	FSEN	59:53	0:58:42
1679	856	Tobias GREENWOOD		M	MSEN	59:53	0:57:48
1680	247	Hannah BLOOMFIELD	* North Herts RRC	F	FSEN	59:54	0:58:23
1681	2206	Kirsty VINCE	*	F	FSEN	59:55	0:58:45
1682	1960	Peter SHERRINGTON		M	MV55	59:57	0:58:15
1683	834	Katie GOODSSELL	*	F	FSEN	59:57	0:57:58
1684	684	Lee ELLIS		M	MSEN	1:00:01	0:58:09
1685	2463	Carmen SMALL	*	F	FSEN	1:00:02	0:58:39
1686	873	Brigitte GROVES	* Portslade Hedgehoppers	F	FV65	1:00:03	0:58:30
1687	3007	Paul CRAWLEY	Uckfield Runners	M	MV50	1:00:03	0:57:39
1688	811	Robert GILL	London Frontrunners	M	MV70	1:00:04	0:58:07
1689	1677	Beth PEGLER	*	F	FSEN	1:00:05	0:57:46
1690	2150	Gaynor TOMS	* Foxy Ladies RC	F	FV50	1:00:05	0:58:36
1691	1236	Natasha LAGDEN	* City of Southend AC	F	FV50	1:00:08	0:58:52
1692	1713	Alex PILBEAM		M	MSEN	1:00:09	0:58:12
1693	292	Sarah BRAVO	*	F	FV50	1:00:10	0:58:28
1694	326	John BROWN	Brighton & Hove Frontrunners	M	MV55	1:00:11	0:58:30
1695	1636	Conor PAGE		M	MSEN	1:00:11	0:58:04
1696	1601	Amy O'DONNELL	*	F	FSEN	1:00:11	0:58:29
1697	774	Sean GARRICK		M	MV55	1:00:11	0:58:28
1698	1744	Ayesha POTTS	*	F	FSEN	1:00:12	0:58:19
1699	715	Chris FELL		M	MV40	1:00:13	0:58:51
1700	1179	Sophie KELLAND	*	F	FV35	1:00:13	0:58:26

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1701	1561	Paul NEALE		M	MV60	1:00:14	0:57:07
1702	114	Keith ASHALL		M	MV50	1:00:14	0:57:59
1703	2905	Ian PUTTOCK	Arunners RC	M	MV55	1:00:15	0:58:35
1704	1570	Jonathan NEWMAN		M	MV45	1:00:16	0:57:14
1705	633	Francesca DORRINGTON	*	F	FV40	1:00:17	0:58:39
1706	61	Deborah ABSALOM	* Portslade Hedgehoppers	F	FV65	1:00:18	0:58:41
1707	776	Siobhan GARVIN	* Croydon Harriers	F	FV40	1:00:19	0:58:24
1708	178	Joe BARTLETT		M	MSEN	1:00:19	0:58:24
1709	2566	Laura SMITH	*	F	FSEN	1:00:20	0:58:16
1710	1479	Jack MILNE		M	MSEN	1:00:21	0:58:25
1711	2027	Lucy SPICER	*	F	FSEN	1:00:22	0:58:35
1712	681	Louise ELLIOTT	*	F	FV40	1:00:23	0:58:08
1713	785	Victoria GEATCHES	*	F	FV35	1:00:23	0:59:06
1714	1659	Chris PARSONS		M	MV60	1:00:26	0:58:28
1715	3070	Alfonso BRAVO		M	MV50	1:00:27	0:58:37
1716	2103	Regina TEPLOVA	* Drip'n'Run	F	FSEN	1:00:29	0:57:42
1717	2538	Alan VILES	Horley Harriers RC	M	MV65	1:00:29	0:59:13
1718	872	Grace GROVES	*	F	FSEN	1:00:30	0:58:34
1719	610	Gary DERWENT	Cardiac Athletes	M	MV55	1:00:32	0:58:39
1720	218	Claire BETTNEY	*	F	FV45	1:00:32	0:59:11
1721	1116	Tom JEANES		M	MV35	1:00:32	0:58:37
1722	2746	Dave RYAN	Lewes AC	M	MV55	1:00:33	0:58:43
1723	742	Lynsey FORD	*	F	FV50	1:00:34	0:58:55
1724	2268	Hayley WELLS	*	F	FSEN	1:00:36	0:58:42
1725	1878	Iain ROSS		M	MV50	1:00:39	0:59:02
1726	2370	Laura WOOLLARD	* Petts Wood Runners	F	FV45	1:00:40	0:58:46
1727	1157	Lucy JORDAN	* Horsham Joggers	F	FSEN	1:00:41	0:59:27
1728	110	Sara ARNOLD	*	F	FV35	1:00:41	0:59:36
1729	1066	Ian HUGHES	Lancing Eagles	M	MV65	1:00:42	0:58:31
1730	2773	Sarah FLAGG	*	F	FV40	1:00:44	0:59:33
1731	1341	Robert MACKAY		M	MV55	1:00:45	0:58:51
1732	516	Paul CRONIN		M	MV50	1:00:47	0:58:38
1733	606	Tallulah DENYER	*	F	FSEN	1:00:47	0:58:48
1734	2091	Beth TAYLOR	*	F	FSEN	1:00:47	0:58:48
1735	1679	Phoebe PENNINGTON	*	F	FSEN	1:00:49	0:58:22
1736	2020	Laura SPENCE	*	F	FV35	1:00:50	0:58:35
1737	1002	Lewis HILLICKS		M	MSEN	1:00:51	0:58:43
1738	1696	Bridget PETTITT	*	F	FV55	1:00:51	0:58:51
1739	2642	Ele DOLTON	*	F	FV55	1:00:52	0:59:35
1740	1973	Sing Yang SIM		M	MV35	1:00:53	0:59:22
1741	2972	Julia SCHLUESENER	*	F	FV40	1:00:53	0:58:51
1742	1610	Nicky OLIVER	*	F	FV45	1:00:54	0:58:55
1743	143	Katharine BAKER	*	F	FV45	1:00:54	0:59:17
1744	1022	Daniel HOLLAND		M	MV45	1:00:54	0:58:54
1745	1907	Graeme SANDIESON		M	MV60	1:00:55	0:59:30
1746	2016	Trisha SOLLY	* Sevenoaks Ladies Joggers	F	FV35	1:00:55	0:59:35
1747	2015	Laura SOLEILHAC	*	F	FSEN	1:00:56	0:58:51
1748	484	Emma CORBY	*	F	FSEN	1:00:56	0:59:05
1749	2160	Alex TOWNSEND	Thames Turbo Triathlon Club	M	MSEN	1:00:56	0:59:06
1750	1408	Daniel MCDERMOTT-ROE		M	MSEN	1:00:56	0:59:13

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1751	2007	Harrie SMITH	*	F	FV50	1:00:59	0:59:35
1752	1885	Alex ROYALL		M	MV35	1:00:59	0:59:08
1753	1091	Samantha INGRAM	*	F	FV55	1:01:00	0:59:20
1754	1819	Jake REYNOLDS		M	MSEN	1:01:00	0:57:45
1755	542	Ella CUSCHIERI	*	F	FSEN	1:01:01	0:59:48
1756	2036	Joyce STACK	*	F	FV45	1:01:01	0:59:10
1757	1845	Iva ROBERTS	*	F	FV40	1:01:02	0:59:02
1758	1093	Rachel INMAN	* Petts Wood Runners	F	FV50	1:01:03	0:59:48
1759	2115	Harvey THOMAS		M	MSEN	1:01:03	0:59:31
1760	808	Tasmin GILES	*	F	FSEN	1:01:04	0:59:13
1761	2804	Amelia FIELDER	*	F	FSEN	1:01:04	0:59:22
1762	1423	Marlene MCHALE	* Burgess Hill Runners	F	FV70	1:01:05	0:59:28
1763	3076	Vivienne CARDEN	*	F	FV40	1:01:06	0:59:14
1764	438	Imogen CLARK	* University of Sussex AC	F	FSEN	1:01:07	0:59:17
1765	1215	Rebecca KITCHENER	*	F	FSEN	1:01:07	0:58:53
1766	2319	Mirabel WILLIAMS	*	F	FSEN	1:01:07	0:58:53
1767	960	Peter HAYLER	Northern Masters AC	M	MV65	1:01:07	1:00:00
1768	2611	Matt CUMMING		M	MV40	1:01:09	0:58:55
1769	100	Leelou AMAT	*	F	FSEN	1:01:09	0:59:42
1770	2612	Danni PLANT	*	F	FV35	1:01:10	0:58:55
1771	1852	Gilly ROBINSON	*	F	FV45	1:01:10	0:59:21
1772	64	Sarah ADAMS	*	F	FSEN	1:01:11	0:59:30
1773	882	Alice GUTHRIE	*	F	FSEN	1:01:11	0:59:31
1774	907	Remy HAMILTON	*	F	FSEN	1:01:11	0:59:13
1775	514	Debra CRISP	* Brighton & Hove Women's RC	F	FV55	1:01:12	0:59:36
1776	2579	Charlotte GOWARD	*	F	FV35	1:01:12	0:58:54
1777	1524	Jane MORRIS	* Mole Valley Runners	F	FV60	1:01:16	0:59:16
1778	2951	Sarah DALTON	*	F	FV50	1:01:16	0:59:50
1779	1881	Tracey ROWLAND	* Hove Hornets	F	FV60	1:01:16	0:58:54
1780	2578	Vicky LIVINGSTONE	*	F	FV35	1:01:17	0:58:58
1781	2401	Christopher PAULI		M	MV50	1:01:18	0:58:56
1782	2262	Rebecca WEBB	*	F	FV60	1:01:19	0:59:23
1783	1948	Micah SHARP		M	MSEN	1:01:19	1:00:28
1784	2889	Anna BEDDOWS	*	F	FSEN	1:01:19	0:59:15
1785	2853	Nikki BOUGHEN	*	F	FV45	1:01:21	0:59:27
1786	1349	Vanessa MAHONEY	*	F	FV45	1:01:22	0:59:34
1787	2180	Paul TURNER		M	MV50	1:01:22	0:59:20
1788	1818	Chris REYNOLDS		M	MV60	1:01:22	0:59:40
1789	2825	Vince GUY		M	MV55	1:01:23	0:59:36
1790	2129	Michael THOMSON	Haltemprice RRC	M	MV60	1:01:24	0:59:21
1791	455	Stuart CLIFFORD		M	MV50	1:01:24	0:59:17
1792	1969	Jack SILK		M	MSEN	1:01:27	0:59:22
1793	355	Richard BURGE		M	MV55	1:01:28	0:59:47
1794	1670	Michael PEARCE	Brighton & Hove Frontrunners	M	MSEN	1:01:29	0:59:12
1795	172	Matt BARRATT		M	MV55	1:01:31	0:59:08
1796	2107	Silvana TERRY	*	F	FV45	1:01:31	1:00:21
1797	2591	Nazzareno VIRDO	Xempo Pace Team	M	MV40	1:01:33	0:59:45
1798	2590	Claire ELSWORTH	* Xempo Pace Team	F	FV35	1:01:33	0:59:46
1799	1031	Simon HOOPER	Oaks Blokes	M	MV50	1:01:34	1:00:10
1800	445	Katy CLARKSON	*	F	FSEN	1:01:40	1:00:20

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1801	1905	Mike SALSBURY		M	MV55	1:01:44	0:59:13
1802	2892	David HOLLOWAY		M	MV55	1:01:48	0:54:43
1803	2334	Crawford WILSON		M	MV55	1:01:48	0:59:36
1804	2465	Sally CARTER	*	F	FV50	1:01:51	0:59:57
1805	825	Clare GOLLOP	* Epsom Oddballs RC	F	FV50	1:01:55	1:00:20
1806	2761	Robyn CHAMBERLAIN-WEBBER	*	F	FSEN	1:01:56	1:00:15
1807	1019	Kamila HODSON	*	F	FV50	1:01:57	0:59:57
1808	1294	Michael LINES		M	MV40	1:02:00	1:00:20
1809	2308	Daniel WILLARD		M	MV35	1:02:09	1:00:20
1810	2504	Sophie THORPE	*	F	FSEN	1:02:09	1:00:15
1811	2872	Flavia Giselle FIGUEROA COCCA	*	F	FV35	1:02:13	1:00:31
1812	132	Paul BAGGALEY		M	MV60	1:02:15	1:00:21
1813	2879	John PERKS	Petts Wood Runners	M	MV75	1:02:15	0:59:48
1814	2937	Carolina CABEZA	*	F	FV35	1:02:16	1:00:08
1815	2968	Colin LOGIER		M	MV70	1:02:16	0:59:54
1816	1678	Chris PELL		M	MV40	1:02:19	1:00:03
1817	174	Lyttleton BARRETT	Petts Wood Runners	M	MV70	1:02:23	1:00:26
1818	152	Katy BALLANTYNE	*	F	FSEN	1:02:28	1:00:45
1819	604	Kate DENT	* Brighton & Hove Frontrunners	F	FV55	1:02:32	1:00:51
1820	1226	Mo KOCSAN	*	F	FV35	1:02:32	1:00:00
1821	2252	Rosalind WATKINS	*	F	FSEN	1:02:33	1:01:14
1822	1989	Eri SKINNER	*	F	FV45	1:02:34	1:00:11
1823	3065	Tony MILANOWSKI		M	MV50	1:02:39	1:00:25
1824	1421	Sean MCGRANAGHAN		M	MV65	1:02:40	1:01:05
1825	425	Michelle CHEN	*	F	FSEN	1:02:45	1:00:44
1826	1484	Jim MINOGUE	Horsham Joggers	M	MV70	1:02:46	1:00:49
1827	1340	Matthew MACEY	Bognor Regis Tone Zone Runners	M	MSEN	1:02:46	1:00:29
1828	1663	Louise PATEL	*	F	FV40	1:02:48	1:00:57
1829	3069	Emma MAGDALENO	* Bilbaotri	F	FV45	1:02:48	1:00:58
1830	2209	Maria VINUELA	*	F	FV45	1:02:49	1:00:59
1831	1112	Mark JAMES	Crawley Run Crew	M	MV50	1:02:50	1:01:22
1832	2501	Grant CAMERON		M	MV55	1:02:51	1:00:55
1833	2963	Caroline MULLINER	* Brighton & Hove Women's RC	F	FV50	1:02:52	1:01:04
1834	1633	Susanne PACKHAM	* Brighton & Hove AC	F	FV55	1:02:53	1:00:57
1835	2411	Steve ROLLINSON		M	MV55	1:02:53	1:01:46
1836	1869	Gaby ROLLINSON	*	F	FSEN	1:02:53	1:01:46
1837	2520	Ava PACKHAM SCAAMRDELLA	* Rogue Runners	F	FU17	1:02:53	1:00:54
1838	2519	Amy PACKHAM	* Rogue Runners	F	FV45	1:02:54	1:00:54
1839	593	Tom DEFRAINE		M	MSEN	1:02:54	1:00:37
1840	1313	Maria Beatrice LOMBARDINI	*	F	FV40	1:02:58	1:01:18
1841	2623	Beverly SHERIDAN	* Lewes AC	F	FV65	1:03:00	1:02:05
1842	1356	Stefania MANCO	*	F	FSEN	1:03:05	1:01:29
1843	2114	Alex THOMAS		M	MSEN	1:03:06	1:01:57
1844	1728	Nadia PONTING	*	F	FSEN	1:03:09	1:01:09
1845	2261	Lily WEBB	*	F	FSEN	1:03:10	1:01:14
1846	995	Lucy HILL	*	F	FU20	1:03:10	1:01:32
1847	1208	Martha KINSEY	*	F	FSEN	1:03:10	1:01:18
1848	1740	Rosanna PORFIRIO	*	F	FV55	1:03:14	1:01:17
1849	413	Susan CHAMBERS	*	F	FV60	1:03:15	1:01:23
1850	2225	James WAKE		M	MV35	1:03:18	1:01:16

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1851	709	Kayleigh FARRELL	*	F	FV35	1:03:18	1:00:59
1852	619	Kim DIXON	*	F	FV35	1:03:18	1:01:00
1853	144	Patricie BAKER	*	F	FSEN	1:03:20	1:01:07
1854	529	Kim CRUTTENDEN	* Burgess Hill Runners	F	FV60	1:03:23	1:01:26
1855	992	Alan HEYS		M	MV40	1:03:24	1:02:11
1856	635	Cheryl DOUGLAS	*	F	FV50	1:03:24	1:00:49
1857	257	Mia BOOTHBY	*	F	FSEN	1:03:25	1:02:05
1858	1569	Tilly NEWMAN	*	F	FV60	1:03:26	1:01:26
1859	1621	Sophia OSGERBY	*	F	FU20	1:03:28	1:01:17
1860	979	Kitty HENNESSY	*	F	FV40	1:03:28	1:01:27
1861	191	Penny BAYLEY	*	F	FV45	1:03:29	1:01:51
1862	1347	Natasha MAGUDER	* Greenwich Runners	F	FV40	1:03:29	1:01:51
1863	732	Jack FLEMING		M	MV35	1:03:31	1:01:30
1864	2004	Martin SMITH		M	MV45	1:03:31	1:00:29
1865	2703	Paul BUDD		M	MV60	1:03:33	1:01:16
1866	288	Chris BRANDT	Oaks Blokes	M	MV65	1:03:36	1:01:53
1867	1085	Amy I LINDNER	*	F	FV35	1:03:36	1:01:17
1868	2636	Alice STUART	*	F	FSEN	1:03:37	1:01:48
1869	2108	James TETLEY		M	MV40	1:03:37	1:01:38
1870	2807	Linda BEATTIE	*	F	FV40	1:03:39	1:01:37
1871	286	Sophie BRAMLEY	*	F	FV40	1:03:40	1:01:38
1872	2528	Larissa PURDIE	* Lewes AC	F	FV60	1:03:40	1:01:16
1873	1279	Laura LEVY-CAMERON	*	F	FSEN	1:03:40	1:01:37
1874	646	Michelle DUPLOCK	* Hove Hornets	F	FV45	1:03:42	1:01:51
1875	1654	Sarah PARR	* Burgess Hill Runners	F	FV35	1:03:44	1:01:47
1876	2606	Gregg MORRIS		M	MV40	1:03:44	1:01:33
1877	2285	Ellie WHILEY	*	F	FSEN	1:03:48	1:01:44
1878	1406	Ian MCCANN	Sevenoaks Ladies Joggers	M	MV60	1:03:50	1:02:25
1879	394	Laura CARR	*	F	FSEN	1:03:53	1:01:40
1880	1793	Hannah RAYYA	*	F	FV35	1:03:53	1:01:26
1881	2673	Jacqueline SHEPHERD	* Lewes AC	F	FV60	1:03:56	1:01:33
1882	1385	Innes Angus MASSON		M	MV60	1:03:57	1:01:17
1883	2172	Nina TULLY	* Tuff Fitty Tri Club	F	FV45	1:03:57	1:01:28
1884	2383	Matthew WRIGHT		M	MSEN	1:03:58	1:01:37
1885	2340	Tasha WILSON	*	F	FSEN	1:03:59	1:01:51
1886	2907	Tobi DAVIS		M	MSEN	1:04:00	1:01:51
1887	761	Kirsty FROST	*	F	FSEN	1:04:02	1:02:07
1888	1644	Paul PAREDES		M	MSEN	1:04:02	1:02:07
1889	2719	Helen SLATER	*	F	FSEN	1:04:04	1:01:47
1890	1485	James MINOPRIO		M	MV45	1:04:04	1:01:40
1891	327	Hayley BROWN	*	F	FV35	1:04:05	1:03:01
1892	1491	Lauren MITCHELL	*	F	FSEN	1:04:06	1:02:24
1893	1642	Fiona PARAGPURI	* Run Academy Worthing	F	FV55	1:04:08	1:01:56
1894	1692	Joanna PETERS	*	F	FV40	1:04:13	1:02:22
1895	988	Lisa HEWITT	*	F	FV45	1:04:14	1:02:01
1896	91	Heather ALLEN	* Hart road runners	F	FV75	1:04:17	1:03:04
1897	1763	Rachel PUGH	*	F	FSEN	1:04:20	1:02:08
1898	217	Oscar BESTON		M	MU17	1:04:20	1:03:40
1899	689	Daria ERSHOVA	*	F	FV35	1:04:21	1:02:08
1900	723	Stephanie FINCH	*	F	FV35	1:04:22	1:01:38

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1901	358	Nicholas BURLEY		M	MV55	1:04:25	1:02:18
1902	1272	Daisy LEITCH	*	F	FV55	1:04:28	1:02:22
1903	82	Munaza ALI	*	F	FV35	1:04:29	1:02:19
1904	2385	Anne WRIGLEY	*	F	FV45	1:04:30	1:02:32
1905	1167	Anne KANE	*	F	FV50	1:04:31	1:02:24
1906	2445	Paul DUNSTALL		M	MV60	1:04:32	1:02:36
1907	2786	Craig GAZEY		M	MV40	1:04:36	1:01:45
1908	1073	Andrew HUNTER		M	MV40	1:04:37	1:02:34
1909	2444	Jeremy MABBITT		M	MV45	1:04:38	1:02:48
1910	285	Anne BRADY	*	F	FV70	1:04:39	1:02:20
1911	1270	Caroline LEGG	*	F	FV45	1:04:40	1:02:26
1912	1413	Neil MCDONOUGH	Striders of Croydon	M	MV45	1:04:42	1:02:50
1913	2420	Emma LINTON	*	F	FV35	1:04:43	1:02:10
1914	273	Clare BOWSKILL	*	F	FV50	1:04:44	1:02:36
1915	599	Philip DENHAM		M	MV55	1:04:44	1:02:13
1916	1465	Harry MILES		M	MSEN	1:04:45	1:01:54
1917	2901	Rebecca GIBSON	*	F	FSEN	1:04:45	1:02:39
1918	1533	Holly MOTION	*	F	FSEN	1:04:46	1:02:43
1919	1235	Sacha LADKIN	*	F	FV45	1:04:48	1:02:27
1920	1747	Jake PRATLEY		M	MSEN	1:04:49	1:02:46
1921	492	Jennie COTTEE	*	F	FV45	1:04:49	1:03:28
1922	1404	John MCANDREW		M	MV65	1:04:50	1:03:17
1923	1379	Andrew MARTIN		M	MV60	1:04:51	1:02:38
1924	1667	Fionnuala PAYNE	*	F	FSEN	1:04:51	1:02:49
1925	1200	Rachel KIDD	*	F	FSEN	1:04:52	1:02:49
1926	1589	Keira O'CONNELL	*	F	FSEN	1:04:53	1:02:39
1927	2751	Janet GORDON	* East Grinstead Runners	F	FV60	1:04:54	1:01:53
1928	1726	Saffie POMEROY	*	F	FSEN	1:04:55	1:03:45
1929	1698	Ray PHELPS		M	MV50	1:04:56	1:02:33
1930	2074	Colin SUTTON		M	MV50	1:04:56	1:02:33
1931	2381	Sophie WRIGHT	*	F	FV35	1:04:58	1:02:47
1932	1292	Julia LINDERT	*	F	FV40	1:04:58	1:03:05
1933	1185	Jo KEMP	*	F	FV35	1:04:59	1:02:34
1934	1170	Christopher KARLEY	Hassocks Community Runners	M	MV65	1:05:00	1:02:36
1935	370	Terence BUXTON	Striders of Croydon	M	MV60	1:05:00	1:02:40
1936	644	Barbara DUNNING	*	F	FV55	1:05:00	1:02:41
1937	2503	Jasmine DAY	*	F	FSEN	1:05:01	1:02:51
1938	1007	Abbie HILLS	* Lewes AC	F	FSEN	1:05:02	1:03:39
1939	2017	Yian SOLOMON	* Lancing Eagles	F	FV75	1:05:03	1:02:42
1940	703	Leigh EXTON	Brighton Gazelles	M	MV35	1:05:10	1:02:28
1941	1300	Simon LIVERMORE	Brighton Gazelles	M	MV45	1:05:10	1:02:16
1942	493	Benjamin COTTLE		M	MV45	1:05:10	1:02:15
1943	2573	Carlo DE CAPRIO		M	MV50	1:05:10	1:03:03
1944	428	Tony CHILDS		M	MV65	1:05:11	1:01:58
1945	2574	Sarah DE CAPRIO	*	F	FV60	1:05:14	1:03:06
1946	2967	Jeremy PUGH		M	MV55	1:05:14	1:03:09
1947	2095	Zoe TAYLOR-DIXON	*	F	FSEN	1:05:16	1:02:39
1948	1169	Anwar KARIMI	Sanctuary Runners Brighton	M	MV45	1:05:17	1:04:28
1949	1850	Alexandra ROBINS	* Petts Wood Runners	F	FV40	1:05:18	1:03:21
1950	415	Steven CHANTREY	Brighton & Hove Frontrunners	M	MV60	1:05:20	1:02:55

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
1951	974	Aki HEMMINGS	*	F	FV50	1:05:22	1:02:59
1952	412	Thomas CHAMBERS		M	MV60	1:05:24	1:03:30
1953	1082	Paula HUTTON	*	F	FV40	1:05:24	1:03:05
1954	1081	Graham HUTTON		M	MV45	1:05:25	1:03:05
1955	482	Jacqui COOPER	* Dorking & Mole Valley AC	F	FV55	1:05:26	1:03:26
1956	2940	Gemma COOKE	*	F	FSEN	1:05:26	1:03:20
1957	2384	Marc WRIGLEY		M	MV45	1:05:28	1:03:29
1958	1988	Louise SKINNER	*	F	FSEN	1:05:28	1:03:04
1959	2768	Anne GOODALL	*	F	FV55	1:05:28	1:03:48
1960	1805	Matilda REED	*	F	FU20	1:05:29	1:03:27
1961	1806	Andy REED		M	MV60	1:05:29	1:03:27
1962	2030	Christina SPRINGBETT	* Petts Wood Runners	F	FV40	1:05:29	1:03:03
1963	3085	Craig BARRETT		M	MV60	1:05:30	1:02:50
1964	1052	Katie HOWES	* Burgess Hill Runners	F	FSEN	1:05:30	1:03:36
1965	3090	Charlie MOYLER	*	F	FSEN	1:05:31	1:02:58
1966	396	Abbie CARROLL	*	F	FSEN	1:05:31	1:02:52
1967	2630	Jessica MAHER	*	F	FSEN	1:05:32	1:03:11
1968	2166	Emma TRINDER	*	F	FSEN	1:05:34	1:03:35
1969	795	Christine GIBBONS	* Arena 80 AC	F	FV65	1:05:34	1:04:27
1970	1872	Freya ROOTES	*	F	FSEN	1:05:35	1:03:29
1971	1870	Bryan ROOTES		M	MV55	1:05:35	1:03:28
1972	1871	Jane ROOTES	*	F	FV55	1:05:35	1:03:30
1973	2158	Leyla TOVEY	*	F	FV50	1:05:36	1:03:29
1974	2170	Harrison TUCKWELL		M	MSEN	1:05:36	1:03:08
1975	783	Sharese GAYLE	*	F	FSEN	1:05:36	1:03:21
1976	1254	Rae LAVENDER	*	F	FSEN	1:05:41	1:03:19
1977	805	Hania GIGNAL	*	F	FU20	1:05:42	1:03:37
1978	966	Annie HEATH	*	F	FV40	1:05:43	1:03:33
1979	2379	Howard WRIGHT		M	MV60	1:05:44	1:03:02
1980	1622	Patricia OSHEA	*	F	FV60	1:05:47	1:03:39
1981	2117	Jean THOMAS	* Cranbrook RC	F	FV60	1:05:50	1:04:09
1982	2410	Will SMITH		M	MSEN	1:05:53	1:03:17
1983	655	Miles EADES		M	MSEN	1:05:55	1:04:02
1984	2098	Sarah TEIMORY	*	F	FV55	1:05:56	1:03:58
1985	2249	Vicki WASKETT	*	F	FV45	1:05:57	1:03:37
1986	2122	Aoife THOMPSON	*	F	FSEN	1:06:01	1:03:55
1987	567	Sophie DAVIES	*	F	FSEN	1:06:01	1:03:55
1988	2213	Jessica VYSE	*	F	FV35	1:06:02	1:03:37
1989	887	Greg HADFIELD		M	MV65	1:06:04	1:03:56
1990	2300	Teg WILCOX-HOPKINS	*	F	FSEN	1:06:06	1:03:49
1991	2685	Dean BROOKE		M	MV35	1:06:09	1:03:19
1992	1859	Andreyana RODRIGUEZ	*	F	FV35	1:06:10	1:03:39
1993	2675	Suzie MCKEE	*	F	FSEN	1:06:11	1:03:36
1994	334	Rebecca BROWN	*	F	FV55	1:06:12	1:03:52
1995	1079	Holly HUTSON	* Petts Wood Runners	F	FV50	1:06:12	1:04:18
1996	925	Rees HARPER-NEGUS		M	MSEN	1:06:13	1:04:01
1997	968	Peter HEDGETHORNE	Portslade Hedgehoppers	M	MV65	1:06:14	1:04:14
1998	1641	Caroline PALMER	*	F	FV55	1:06:14	1:03:29
1999	2361	Joshua WOODASON		M	MU17	1:06:14	1:03:33
2000	1567	Lou NEWINGTON	*	F	FSEN	1:06:15	1:04:03



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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
2001	156	Edwin BANFIELD		M	MV50	1:06:15	1:04:21
2002	453	Natalie CLEVERLY	*	F	FSEN	1:06:15	1:03:56
2003	3086	Tom PASHBY		M	MSEN	1:06:16	1:03:56
2004	1262	Fiona LEAR	* Horsham Joggers	F	FV65	1:06:17	1:03:46
2005	2412	Patricia DICKS	* Bedford Run Club	F	FV65	1:06:17	1:04:18
2006	197	Christianne BECK	*	F	FV40	1:06:19	1:04:01
2007	1503	Elsa MONTEITH	*	F	FSEN	1:06:19	1:04:18
2008	2567	Keir MONTEITH		M	MV55	1:06:19	1:04:18
2009	1897	Natalie RUZYLLO	*	F	FV40	1:06:20	1:04:41
2010	1530	Karina MORTENSEN	*	F	FV45	1:06:22	1:03:57
2011	1666	Robyn PAYNE	*	F	FV35	1:06:22	1:04:12
2012	1053	Naomi HOWGATE	*	F	FV40	1:06:22	1:04:12
2013	996	Matthew HILL		M	MV45	1:06:23	1:04:05
2014	997	Joanne HILL	*	F	FV45	1:06:23	1:04:05
2015	2050	Nathalie STEPHENSON	*	F	FV50	1:06:24	1:03:55
2016	485	Denise CORDING	* Portslade Hedgehoppers	F	FV55	1:06:24	1:04:08
2017	746	Liz FORTE	*	F	FV45	1:06:24	1:03:55
2018	1580	Sarah NOAR	*	F	FV50	1:06:30	1:04:05
2019	543	Tessa CUSHAN	*	F	FV50	1:06:30	1:03:47
2020	1046	Annie HOUGHTON	*	F	FSEN	1:06:31	1:04:24
2021	2974	Sam HILL		M	MSEN	1:06:32	1:03:49
2022	2417	Carol DUNSEITH	*	F	FV55	1:06:32	1:04:23
2023	2293	Emma WHITE	* Brighton & Hove Women's RC	F	FV45	1:06:32	1:03:44
2024	1364	Tia MARIUTTO	*	F	FV55	1:06:32	1:05:14
2025	249	Kelly BODDY	*	F	FV45	1:06:34	1:05:38
2026	1384	Lorraine MASSEY	*	F	FV45	1:06:35	1:04:06
2027	414	Fiona CHAMBERS	*	F	FV45	1:06:36	1:04:06
2028	2012	Beth SMYRK	*	F	FSEN	1:06:37	1:03:51
2029	738	Natalie FLYNN	*	F	FSEN	1:06:37	1:04:41
2030	2066	Berni STRINGER	*	F	FV55	1:06:37	1:04:25
2031	737	George FLYNN		M	MSEN	1:06:37	1:04:42
2032	2878	Barbara CARR	* Petts Wood Runners	F	FV65	1:06:40	1:04:13
2033	501	Louise COWMAN	*	F	FSEN	1:06:40	1:04:42
2034	2635	Karen BUTCHER	* Bognor Regis Tone Zone Runners	F	FV50	1:06:40	1:04:36
2035	697	Sarah Jane EVANS	* Runthrough UK	F	FV60	1:06:41	1:05:27
2036	972	Stuart HELMER	Oaks Blokes	M	MV50	1:06:43	1:04:09
2037	970	Victoria HEINE	*	F	FV55	1:06:45	1:04:37
2038	2011	Emma SMITH	*	F	FV60	1:06:45	1:04:37
2039	1655	Joe PARROTT	Woodhatch Sprinters	M	MSEN	1:06:45	1:05:30
2040	3012	***** UNKNOWN COMPETITOR				1:06:47	1:05:46
2041	2375	Perrine WOUTERS	*	F	FSEN	1:06:47	1:03:51
2042	2730	Toby ALDENHOVEN		M	MV50	1:06:47	1:04:19
2043	1296	Barry LING		M	MV50	1:06:47	1:04:19
2044	1529	Hanne MORTENSEN	*	F	FV50	1:06:47	1:04:23
2045	500	James COWLAND		M	MV35	1:06:48	1:03:52
2046	3083	Honey WAGNER	*	F	FSEN	1:06:48	1:03:41
2047	2362	Mimi WOODASON	*	F	FV50	1:06:52	1:04:11
2048	2070	Chris SUMMERS	Petts Wood Runners	M	MV55	1:06:57	1:04:35
2049	362	Paul BURNS	Oaks Blokes	M	MV50	1:06:57	1:04:19
2050	2244	Natasha WARDER V	*	F	FSEN	1:07:00	1:05:13

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
2051	231	Charlotte BIRTWHISTLE	*	F	FU20	1:07:00	1:04:33
2052	2395	Jo ZAKIEWICZ	*	F	FV40	1:07:02	1:04:47
2053	2593	Aly WARNER	* Xempo Pace Team	F	FV45	1:07:02	1:04:45
2054	2594	Stephanie SINGER	* Xempo Pace Team	F	FV35	1:07:03	1:04:45
2055	1083	Kate HYLAND	* Newark Striders	F	FV45	1:07:05	1:04:54
2056	1041	Alexander HOROWITZ		M	MSEN	1:07:07	1:05:18
2057	1259	Alex LAWSON	*	F	FV50	1:07:11	1:05:00
2058	1407	Christine MCCARTHY	*	F	FV60	1:07:18	1:04:49
2059	486	Denise CORDING	* Portslade Hedgehoppers	F	FV55	1:07:20	1:05:04
2060	59	Dani ABBOTT	*	F	FV35	1:07:21	1:04:57
2061	1343	Ross MACKENZIE		M	MV45	1:07:23	1:04:30
2062	706	Francisca FARACHE	*	F	FV45	1:07:23	1:04:48
2063	207	Eszter BEKEFI	*	F	FSEN	1:07:24	1:05:11
2064	2798	Maisie BROOKS	*	F	FU20	1:07:27	1:05:20
2065	119	Jen ATHAN	*	F	FSEN	1:07:30	1:06:30
2066	2832	Robyn JOHNSTON	*	F	FSEN	1:07:30	1:05:12
2067	2341	Carly WILSON	*	F	FV45	1:07:35	1:05:34
2068	2736	Raihan MIAH		M	MU20	1:07:37	1:07:22
2069	2267	Roger WELLER		M	MV55	1:07:38	1:05:18
2070	2199	Jane VASUDEVAN	* Petts Wood Runners	F	FV60	1:07:41	1:05:15
2071	1047	Sarah HOUSTOUN	*	F	FV45	1:07:43	1:04:25
2072	949	Dave HARVEY	Hove Hornets	M	MV65	1:07:48	1:05:36
2073	2571	India MAGSON	*	F	FSEN	1:07:48	1:04:49
2074	1106	Meenakashi JAIN	*	F	FV40	1:07:50	1:06:08
2075	1315	Nadia LONSDALE	*	F	FV40	1:07:50	1:05:34
2076	483	Hogarth COOTE		M	MSEN	1:07:50	1:06:18
2077	1899	Sophie RYAN	*	F	FV45	1:07:50	1:05:01
2078	1432	Angela MCLELLAN	* Petts Wood Runners	F	FV55	1:07:51	1:05:25
2079	1734	Andrew POOLEY		M	MV65	1:07:53	1:05:50
2080	1733	Stacey POOLEY	*	F	FSEN	1:07:54	1:05:49
2081	1311	Rebecca LOISY	*	F	FV40	1:07:55	1:06:19
2082	1078	Nyree HUTCHINS	*	F	FV50	1:07:56	1:06:11
2083	854	Katie GREEN	*	F	FSEN	1:07:58	1:05:35
2084	1849	Laura ROBERTSON	*	F	FV55	1:08:00	1:06:04
2085	204	Amrita BEEHAREE	*	F	FV70	1:08:02	1:06:48
2086	724	Sharon FINCH	*	F	FV65	1:08:03	1:05:19
2087	673	Alan EDWARDS		M	MV65	1:08:03	1:05:04
2088	670	Kim EDWARDS	*	F	FV60	1:08:03	1:05:04
2089	199	Maria BECKFORD	*	F	FSEN	1:08:04	1:05:23
2090	1576	Anna NICOL-SMITS	* AC Iwes	F	FV60	1:08:04	1:05:39
2091	2904	Matthew SMITH		M	MSEN	1:08:06	1:05:25
2092	1247	Phoebe LANNI	*	F	FSEN	1:08:06	1:05:36
2093	2550	Scott SAYERS		M	MV35	1:08:09	1:05:22
2094	3061	Shannon SISSONS	*	F	FSEN	1:08:10	1:06:09
2095	591	Hannah DEEBLE	*	F	FV35	1:08:10	1:05:59
2096	391	Tina CARMICHAEL	* Sevenoaks Ladies Joggers	F	FV50	1:08:13	1:05:29
2097	2265	David WELCH		M	MV70	1:08:15	1:06:03
2098	600	Claire DENHAN	*	F	FV55	1:08:16	1:05:33
2099	2255	Jenny WEALL	*	F	FV45	1:08:18	1:06:40
2100	763	Becky FUEGO	*	F	FV45	1:08:21	1:06:09

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
2101	2391	Chi Wai YIP		M	MSEN	1:08:22	1:05:21
2102	1132	Stephen JOHNSON	Oaks Blokes	M	MV50	1:08:25	1:05:47
2103	2808	Joanne PETTIT	*	F	FV40	1:08:26	1:06:16
2104	1438	Barbara MCNULTY	*	F	FV65	1:08:27	1:06:21
2105	958	Anna HAYES	*	F	FV35	1:08:31	1:05:50
2106	1135	Hannah JOHNSON	*	F	FSEN	1:08:37	1:05:57
2107	615	Joana DIAS	*	F	FV40	1:08:42	1:06:05
2108	2035	Mathew STACEY		M	MV45	1:08:47	1:06:34
2109	884	Sally GUY	*	F	FV35	1:08:48	1:07:29
2110	2256	Richard WEATHERSTONE	Crawley Run Crew	M	MV55	1:08:48	1:06:39
2111	203	Keeran BEEHAREE		M	MV35	1:08:49	1:06:23
2112	2847	Lee ARNOLD		M	MV35	1:08:51	1:06:42
2113	497	Lara COUSINS	*	F	FV55	1:08:52	1:05:51
2114	1194	Lieghann KESTEVEN	*	F	FV35	1:08:53	1:07:10
2115	2875	Paul MCCARTHY	Lingfield Running Club	M	MV50	1:08:59	1:06:37
2116	1036	Lily HOPKINS	*	F	FSEN	1:09:02	1:06:30
2117	2631	Jane HOLFORD	* Lewes AC	F	FV60	1:09:07	1:06:42
2118	2672	Andrea UPHUS	* Lewes AC	F	FV55	1:09:08	1:06:42
2119	2998	Charlotte BONE	*	F	FSEN	1:09:08	1:06:47
2120	1039	Michael HOPLING		M	MSEN	1:09:08	1:06:35
2121	1038	Chloe HOPLING	*	F	FSEN	1:09:09	1:06:35
2122	1251	Dimple LATHIA	*	F	FSEN	1:09:10	1:06:47
2123	462	Sid COLE		M	MSEN	1:09:11	1:06:47
2124	1518	Bev MORGAN	*	F	FV65	1:09:16	1:07:01
2125	446	Alice Rose CLASBY	*	F	FSEN	1:09:17	1:06:22
2126	1074	Andrew HUNTER	Brighton & Hove Frontrunners	M	MV35	1:09:17	1:06:34
2127	447	Ellen Mae CLASBY		M	MSEN	1:09:17	1:06:22
2128	80	Liam ALEXANDER		M	MSEN	1:09:17	1:06:22
2129	2406	Angela HOUGH	*	F	FV60	1:09:21	1:06:08
2130	2495	Eloise ADAMSKI	*	F	FV40	1:09:23	1:08:28
2131	1020	Corinne HOLLAMBY	* Petts Wood Runners	F	FV55	1:09:24	1:06:58
2132	2132	Graham THURLEY		M	MV55	1:09:25	1:06:24
2133	1521	Holly MORRAN	*	F	FSEN	1:09:25	1:06:25
2134	2818	Ross PRESTON		M	MV45	1:09:28	1:07:35
2135	937	Jennifer HARRISON	*	F	FV35	1:09:31	1:07:13
2136	311	Camille BRINKWORTH	*	F	FV40	1:09:31	1:07:12
2137	2474	Adam HAGGERTY		M	MV35	1:09:36	1:06:41
2138	1298	Walt LIU		M	MSEN	1:09:37	1:06:26
2139	1163	Daphine KAJOBE	*	F	FSEN	1:09:38	1:07:09
2140	2235	Rianna WALKER	*	F	FU20	1:09:45	1:07:07
2141	2841	Karin STONE	*	F	FSEN	1:09:47	1:07:33
2142	1764	David PURSER		M	MV35	1:09:47	1:07:48
2143	2650	Beccy EASON	*	F	FV35	1:09:50	1:06:45
2144	1156	Helena JORDAN	* Horsham Joggers	F	FV55	1:09:51	1:07:37
2145	1284	Catherine LEWIS	*	F	FV45	1:09:53	1:07:29
2146	340	Emma BRYSON	*	F	FV35	1:09:54	1:06:53
2147	2040	Mia STARR	*	F	FU17	1:09:55	1:08:03
2148	2041	Robert STARR		M	MV55	1:09:55	1:08:04
2149	568	Christine DAVIES	*	F	FV65	1:10:05	1:07:01
2150	299	Jerry BRENNAN		M	MV60	1:10:09	1:07:55

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
2151	1411	Rebecca MCDONNELL	*	F	FSEN	1:10:10	1:07:55
2152	1557	Milli NAYLER	*	F	FSEN	1:10:11	1:07:23
2153	2613	Joelle STANFORD	* Sevenoaks Ladies Joggers	F	FV50	1:10:12	1:07:29
2154	1414	Nathalie MCENTEE	*	F	FV40	1:10:17	1:08:28
2155	1480	Rico MILTON		M	MSEN	1:10:22	1:07:36
2156	2192	Sara URBEN	*	F	FV60	1:10:27	1:08:03
2157	1828	Jamie RICKETTS		M	MV40	1:10:30	1:08:36
2158	95	Peter ALLSOPP	Almost Athletes	M	MV60	1:10:33	1:07:55
2159	638	Jennifer DRANSFIELD	*	F	FSEN	1:10:33	1:07:54
2160	3019	Holly LLOYD WILLIAMS	*	F	FSEN	1:10:36	1:07:51
2161	2556	Karen ROGERSON	* Horsham Joggers	F	FV45	1:10:38	1:07:35
2162	2221	Dan WAIT		M	MV40	1:10:38	1:07:54
2163	380	Bethany CAMBRIDGE	*	F	FSEN	1:10:39	1:07:57
2164	1219	Alina KLIMENTEVA	*	F	FSEN	1:10:42	1:07:50
2165	1228	Seva KOROSTYLEV		M	MSEN	1:10:42	1:07:51
2166	2512	Sohani BANDI	* Imperial College AC	F	FU20	1:10:43	1:07:58
2167	502	Melissa COX	*	F	FSEN	1:10:43	1:08:29
2168	1675	Grace PECK	*	F	FSEN	1:10:43	1:08:28
2169	2688	Abbie PETERS	*	F	FSEN	1:10:43	1:08:32
2170	474	Sophie COOK	*	F	FSEN	1:10:47	1:07:58
2171	2505	Angela BUCKLEY	*	F	FSEN	1:10:49	1:08:16
2172	930	Katherine HARRIS	*	F	FV45	1:10:50	1:08:10
2173	1792	David RAYNOR	Sevenoaks Ladies Joggers	M	MV60	1:10:50	1:08:14
2174	499	Lauren COWEY	*	F	FSEN	1:10:52	1:08:33
2175	2965	Mandy ARMSTRONG	*	F	FV55	1:10:54	1:08:26
2176	99	Natalie ALTY	*	F	FV50	1:10:54	1:08:26
2177	2141	Emily TOBIN	*	F	FSEN	1:10:54	1:08:28
2178	1609	Callum O'LEARY		M	MSEN	1:10:59	1:08:31
2179	2292	Jess WHITE	*	F	FSEN	1:10:59	1:08:54
2180	950	Jo HARVEY	*	F	FV40	1:11:01	1:08:06
2181	869	Katie GROOM	*	F	FV40	1:11:01	1:08:07
2182	1814	Joanna RENSHAW	*	F	FV50	1:11:02	1:08:50
2183	449	Roisin CLEARY	*	F	FSEN	1:11:03	1:08:49
2184	2092	Kirsten TAYLOR	*	F	FSEN	1:11:04	1:07:57
2185	739	Rose FLYTZANI	*	F	FV35	1:11:04	1:07:57
2186	2485	Christine MAGILL	* Brighton & Hove Women's RC	F	FV50	1:11:06	1:08:42
2187	2700	Lise MOUCHETTE	*	F	FU17	1:11:08	1:08:30
2188	2755	Joanne KELLY	*	F	FV35	1:11:09	1:08:39
2189	999	Beth HILL	*	F	FSEN	1:11:12	1:08:41
2190	162	Jessica BAREFIELD	*	F	FSEN	1:11:15	1:09:32
2191	2653	Andrew BAREFIELD		M	MV55	1:11:15	1:09:32
2192	3081	Amy BAGGOTT	*	F	FSEN	1:11:17	1:08:16
2193	2607	Tubah ROSHAD	*	F	FSEN	1:11:18	1:08:18
2194	2609	Skye CORREIA	*	F	FSEN	1:11:19	1:08:18
2195	1774	Abby RANCE	*	F	FSEN	1:11:20	1:08:34
2196	195	Clodagh BEATY	*	F	FV50	1:11:21	1:08:28
2197	295	Jess BRAY	* Elmbridge Road Runners	F	FSEN	1:11:24	1:09:15
2198	2913	Lauren WATTS	*	F	FSEN	1:11:25	1:10:16
2199	2925	Paul WIGGINS		M	MV40	1:11:27	1:08:30
2200	2924	Fawzia HAERI MAZANDERANI	*	F	FSEN	1:11:27	1:08:30

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
2201	2551	Naomi LUCAS	*	F	FSEN	1:11:30	1:08:43
2202	1975	Nick SIMMONDS		M	MV50	1:11:30	1:08:37
2203	3055	Natalie CAMPBELL	*	F	FV40	1:11:31	1:08:29
2204	1921	Catriona SAWYERS	* Personify Fitness	F	FV50	1:11:31	1:10:01
2205	1766	Caroline QUINN	*	F	FSEN	1:11:35	1:07:53
2206	1767	Laura QUINN-WILLIS	*	F	FV35	1:11:35	1:07:53
2207	812	Andy GILL		M	MV50	1:11:36	1:08:50
2208	121	Peter ATKINS		M	MV55	1:11:37	1:08:53
2209	1177	Geoff KEELING		M	MV60	1:11:39	1:08:57
2210	1178	Lucy KEELING	*	F	FSEN	1:11:39	1:08:58
2211	2338	Andrea WILSON	* Lancing Eagles	F	FV55	1:11:42	1:09:21
2212	2173	Melanie TUNMORE	* Beckenham RC	F	FV40	1:11:44	1:09:30
2213	1288	Laura LEX	*	F	FV50	1:11:45	1:08:55
2214	1289	Hannah LEX	*	F	FSEN	1:11:45	1:08:55
2215	943	Kate HART	*	F	FV65	1:11:46	1:09:04
2216	111	S ARRATOON	*	F	FV45	1:11:47	1:08:32
2217	2618	James FOX		M	MV50	1:11:47	1:08:54
2218	1324	Camille LUFF	*	F	FV50	1:11:48	1:09:53
2219	472	Eleanor COMPTON-PECK	*	F	FSEN	1:11:49	1:09:34
2220	166	Jodi BARNARD	*	F	FSEN	1:11:49	1:09:27
2221	1276	Olivia L'ETANG	*	F	FSEN	1:11:52	1:09:30
2222	3057	Mark GOODWIN	Oaks Blokes	M	MV50	1:11:56	1:09:22
2223	1743	Kate POTTINGER	*	F	FV60	1:12:08	1:09:26
2224	2467	Mollie PALFREYMAN	*	F	FSEN	1:12:12	1:09:23
2225	2595	Jenny GAUNT	* Xempo Pace Team	F	FV35	1:12:14	1:09:23
2226	2605	Salomé CARDONA	*	F	FSEN	1:12:15	1:09:14
2227	2592	Catharine DRANSFIELD	* Xempo Pace Team	F	FSEN	1:12:15	1:09:25
2228	702	Petra EXTON	*	F	FSEN	1:12:15	1:09:22
2229	1627	Cassie OVER	*	F	FV35	1:12:17	1:09:22
2230	366	Laura BUSBY	*	F	FV45	1:12:27	1:09:19
2231	2081	Martin SWINDLEHURST		M	MV65	1:12:35	1:10:40
2232	1590	Carmel O'MALLEY	* Brighton & Hove Women's RC	F	FV70	1:12:49	1:10:33
2233	2188	Megan TYLER	*	F	FSEN	1:12:56	1:10:11
2234	1952	Ian SHEK	Brighton & Hove Frontrunners	M	MV50	1:12:57	1:10:30
2235	931	Nicola HARRIS	*	F	FV50	1:12:58	1:10:07
2236	372	Chloe BYRNE	*	F	FSEN	1:13:02	1:10:33
2237	1416	Kerry MCFALL	* Crawley Run Crew	F	FV35	1:13:07	1:09:58
2238	1211	Justin KIRBY		M	MV60	1:13:11	1:10:13
2239	2402	Jess SMALE	* East Grinstead Runners	F	FV60	1:13:18	1:10:16
2240	1918	George SAVAGE		M	MSEN	1:13:24	1:10:11
2241	2038	Lorna STAGG	*	F	FV60	1:13:31	1:10:53
2242	1950	Lauren SHARPE	*	F	FSEN	1:13:33	1:10:55
2243	2692	Mariya HUSSEIN	*	F	FU20	1:13:36	1:10:37
2244	2570	Antonia GILLETT	*	F	FSEN	1:13:36	1:10:37
2245	2783	Suzanne HOLLAND	*	F	FV45	1:13:36	1:11:03
2246	2033	Liz SQUIRES	* Petts Wood Runners	F	FV65	1:13:42	1:11:16
2247	1001	Ron HILL		M	MV50	1:13:46	1:11:15
2248	1299	Emma LIU	*	F	FV35	1:13:46	1:10:35
2249	2489	Lorraine HARRIS	*	F	FV40	1:13:48	1:11:53
2250	2145	Andrew TOMBS		M	MV55	1:13:48	1:12:13

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
2251	575	Jessica DAVISON	*	F	FSEN	1:13:59	1:11:11
2252	188	Madeleine BATES	*	F	FSEN	1:14:00	1:11:14
2253	2234	Ken WALKER		M	MV70	1:14:06	1:11:26
2254	1195	Catherine KEYS	*	F	FV50	1:14:09	1:11:17
2255	2232	Zoe WALKER	*	F	FV50	1:14:10	1:11:17
2256	2608	Emma KAY	*	F	FSEN	1:14:13	1:11:12
2257	2072	Claire SUMMERS	*	F	FV40	1:14:14	1:11:51
2258	1151	Nikishja JONES	*	F	FSEN	1:14:18	1:11:14
2259	2418	Wendy EALES	* Dorking & Mole Valley AC	F	FV55	1:14:19	1:11:40
2260	1183	Lee KELLY		M	MV50	1:14:19	1:11:19
2261	398	Rachel CASHMAN	*	F	FV45	1:14:21	1:12:15
2262	2224	Catarina WAKE	*	F	FSEN	1:14:26	1:11:58
2263	2075	Sofia SVANTESSON	*	F	FSEN	1:14:26	1:11:59
2264	1304	Georgia LLOYD	*	F	FSEN	1:14:26	1:11:48
2265	1563	Phil NEATHEY	*	F	FV55	1:14:36	1:11:56
2266	469	Marie COLLINS	*	F	FV40	1:14:38	1:11:38
2267	908	Thomasina HAMMETT	*	F	FV35	1:14:39	1:11:38
2268	2372	Emma WOOLLY	* Horsham Joggers	F	FSEN	1:14:43	1:11:46
2269	752	Jess FOWLER	*	F	FSEN	1:14:52	1:11:44
2270	1174	Cerys KEATING	*	F	FSEN	1:14:52	1:11:44
2271	2245	Toby WARDROBE		M	MSEN	1:15:00	1:12:56
2272	2052	Holly STEPNEY	*	F	FSEN	1:15:00	1:12:56
2273	2527	Finn MONTEITH		M	MSEN	1:15:01	1:12:57
2274	552	Clive DARBON		M	MV60	1:15:05	1:12:13
2275	2272	Debbie WESTLAKE	*	F	FV60	1:15:05	1:12:14
2276	1370	Jeanette MARSHALL	*	F	FV60	1:15:05	1:12:06
2277	1746	Madelyn PRAMAN	*	F	FU20	1:15:07	1:13:03
2278	1591	Finlay O'SHEA MCGUINNES		M	MSEN	1:15:10	1:13:01
2279	2795	Alex DOWNIE	Pound Hill Pounders	M	MV60	1:15:27	1:12:51
2280	2796	Sally DOWNIE	* Pound Hill Pounders	F	FV55	1:15:27	1:12:51
2281	833	Andrea GOODMAN	* Hook Runners	F	FV60	1:15:27	1:13:43
2282	2537	Helen BAVERSTOCK	* Horley Harriers RC	F	FV65	1:15:28	1:12:34
2283	659	Evangeline EASTWOOD	*	F	FSEN	1:15:31	1:12:31
2284	1750	Mandy PREECE	* Porth Eirias Runners	F	FV60	1:15:33	1:12:38
2285	2295	Jenny WHITE	*	F	FV40	1:15:41	1:12:56
2286	830	Sarah GOOCH	* East Grinstead Runners	F	FV50	1:15:41	1:12:40
2287	2728	Rhys BAYLEY		M	MSEN	1:15:41	1:13:06
2288	936	Kendra HARRISON	*	F	FSEN	1:15:42	1:12:44
2289	2168	John TRORY	Road Runners Club	M	MV75	1:15:45	1:13:06
2290	1475	Juliet MILLER	* Sevenoaks Ladies Joggers	F	FV60	1:15:49	1:13:05
2291	1791	Laura RAYNER-BROWN	*	F	FV35	1:15:49	1:13:22
2292	2345	Julie WINNING	* Lonely Goat RC	F	FV65	1:15:51	1:13:10
2293	1321	Kelly LOWE	*	F	FSEN	1:16:08	1:13:41
2294	1476	Jane MILLETT	*	F	FV60	1:16:08	1:13:41
2295	2811	Sam COOM		M	MSEN	1:16:19	1:13:21
2296	2813	Danny COOM		M	MV50	1:16:19	1:13:22
2297	2810	Liam COOM		M	MSEN	1:16:19	1:13:22
2298	2812	Silas HULL-FLOWER		M	MSEN	1:16:19	1:13:22
2299	2238	Scott WALL		M	MV40	1:16:22	1:13:39
2300	672	Melissa EDWARDS	*	F	FV40	1:16:22	1:13:40

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
2301	263	Eszter BOTKA	*	F	FSEN	1:16:27	1:13:39
2302	521	Zoe CROSS	*	F	FSEN	1:16:28	1:14:42
2303	220	Zoe BEZANTS	*	F	FSEN	1:16:28	1:14:41
2304	2447	Kate PAXTON	*	F	FV55	1:16:35	1:14:01
2305	2806	Paul CARTER	Pound Hill Pounders	M	MV70	1:16:40	1:14:05
2306	383	Ellen CAMPBELL	*	F	FV40	1:16:42	1:13:33
2307	1854	Eve ROCHE	*	F	FSEN	1:16:42	1:13:31
2308	503	Libby COX	*	F	FSEN	1:16:42	1:13:31
2309	2359	Romilly WOOD	*	F	FSEN	1:16:44	1:13:48
2310	1802	Alice REDMOND	*	F	FV45	1:16:45	1:13:35
2311	93	Kirsteen ALLEN	* Sevenoaks Ladies Joggers	F	FV55	1:16:48	1:14:04
2312	2723	Roseanna BARKER	*	F	FSEN	1:16:50	1:16:50
2313	2046	Sascha STENNING	*	F	FV35	1:16:50	1:15:33
2314	1527	Sarah MORRISON	*	F	FV35	1:16:50	1:15:34
2315	421	Wayne CHAPMAN	*	M	MV50	1:16:50	1:14:02
2316	420	Debbie CHAPMAN	*	F	FV50	1:16:51	1:14:02
2317	422	Alex CHAPMAN	*	F	FSEN	1:16:51	1:14:02
2318	1725	Joe POLLARD	*	M	MSEN	1:16:52	1:14:07
2319	65	Jane ADAMS	* Horsham Joggers	F	FV70	1:16:54	1:14:18
2320	3031	Jamie PETTY	*	F	FSEN	1:16:57	1:14:12
2321	667	Sarah EDRIS	*	F	FSEN	1:16:59	1:13:44
2322	1820	Fleur RIAL	*	F	FSEN	1:17:07	1:14:21
2323	2488	Tony EDWARDS	*	M	MV60	1:17:10	1:14:32
2324	2487	Linda EDWARDS	*	F	FV45	1:17:10	1:14:32
2325	1915	Claire SAUNDERS	*	F	FV50	1:17:10	1:14:27
2326	1214	Isabelle KITA	* Striders of Croydon	F	FV60	1:17:28	1:14:45
2327	1615	Sarah ORCHARD	*	F	FV50	1:17:31	1:14:39
2328	791	Wendy GERRARD	*	F	FV50	1:17:31	1:14:40
2329	2278	Jasmin WHEATLEY	*	F	FSEN	1:17:32	1:14:57
2330	184	Mia BATCHELOR	*	F	FSEN	1:17:32	1:14:58
2331	1126	Amy JEWELL	*	F	FSEN	1:17:32	1:14:39
2332	309	Catherine BRIGINSHAW	*	F	FV35	1:17:34	1:14:54
2333	1004	Sacha HILLICKS	*	F	FSEN	1:17:34	1:14:39
2334	3053	Maria TALL-STUART	*	F	FV50	1:17:35	1:14:54
2335	2727	Sabrina MUNDY	*	F	FSEN	1:17:37	1:15:02
2336	1398	Francesca MAY	*	F	FSEN	1:17:45	1:14:53
2337	2146	Megan TOMBS	*	F	FSEN	1:18:01	1:16:26
2338	2073	Kirsty SUTHERLAND	*	F	FV55	1:18:04	1:15:33
2339	1070	Sofie HULTNER	*	F	FV35	1:18:04	1:16:01
2340	2731	Brogan MCPAKE	*	F	FSEN	1:18:06	1:15:26
2341	1443	Clara MEAD	*	F	FU17	1:18:07	1:15:03
2342	1097	Tracey ISAACS	* Petts Wood Runners	F	FV50	1:18:26	1:16:56
2343	2453	Stuart ISAACS	Petts Wood Runners	M	MV55	1:18:26	1:16:56
2344	1098	Caroline ISAACS SMITH	*	F	FV40	1:18:26	1:16:57
2345	452	Becci CLEMENTS	* CDF Runners	F	FSEN	1:18:34	1:15:54
2346	3059	Catherine THOMSON	*	F	FV40	1:18:44	1:15:52
2347	2390	Tanya YILMAZ	*	F	FSEN	1:18:45	1:16:17
2348	700	Holly EVERETT	*	F	FSEN	1:18:46	1:16:13
2349	229	Molly BIRD	*	F	FSEN	1:18:46	1:16:14
2350	2517	Melody WARNETT	*	F	FV40	1:18:48	1:16:19

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Pl.	Bib	Surname, name	Club	Sx	Cat	Time	Chip time
2351	2010	Mike SMITH	Fordy Runs RC	M	MV40	1:18:53	1:16:24
2352	145	Sophie BAKER	*	F	FSEN	1:18:59	1:14:46
2353	1588	Julie O'BRIEN	*	F	FV55	1:19:06	1:16:25
2354	691	Sarah ETROG		M	MSEN	1:19:08	1:16:02
2355	148	Jo BALDWIN	*	F	FV55	1:19:17	1:16:57
2356	245	Bernard BLAREAU		M	MV45	1:19:28	1:16:42
2357	1836	Lara RIX PARADINAS	*	F	FSEN	1:19:33	1:16:26
2358	2125	Charlotte THOMSETT	*	F	FSEN	1:19:36	1:17:37
2359	2124	Ben THOMSETT		M	MSEN	1:19:36	1:17:37
2360	1574	Gilly NICKOLS	* Heathfield RR	F	FV60	1:19:40	1:16:47
2361	935	Hannah HARRISON	* Petts Wood Runners	F	FV45	1:19:41	1:16:52
2362	1942	Elina SHAIMARDANOVA	*	F	FSEN	1:19:53	1:17:01
2363	2893	Phoebe STONE	*	F	FSEN	1:19:54	1:17:24
2364	271	Emily BOWKER	*	F	FU20	1:19:54	1:17:17
2365	695	Patrick EVANS		M	MSEN	1:20:01	1:18:08
2366	2116	Megan THOMAS	*	F	FSEN	1:20:02	1:18:09
2367	1003	Lynda HILLICKS	*	F	FV55	1:20:03	1:17:08
2368	2056	Amanda STEVENSON	*	F	FSEN	1:20:05	1:17:55
2369	2678	Jessica O'BRIEN	*	F	FSEN	1:20:05	1:17:55
2370	1773	Nicky RAMSAY	* Bognor Regis Tone Zone Runners	F	FV65	1:20:15	1:17:21
2371	749	Georgina FOSSEY	*	F	FV60	1:20:15	1:18:10
2372	512	Cheryl CREEDON	*	F	FV50	1:20:16	1:18:49
2373	590	Lauren DEARNE	*	F	FSEN	1:20:19	1:18:05
2374	1528	Adele MORRISON	* Fordy Runs RC	F	FV35	1:20:25	1:17:31
2375	2217	Mark WADE		M	MV50	1:20:25	1:17:31
2376	1808	Sophie REED	*	F	FSEN	1:20:29	1:17:50
2377	2941	Kate SANDFORD	*	F	FSEN	1:20:34	1:17:53
2378	331	Clare BROWN	* Crawley Run Crew	F	FV55	1:20:45	1:17:36
2379	651	Rose DYKINS	*	F	FV35	1:21:01	1:18:12
2380	1994	Maliwan SMALLWOOD	*	F	FV35	1:21:01	1:18:12
2381	2809	Callum LEVON		M	MV35	1:21:03	1:17:52
2382	1233	Zoe L	*	F	FSEN	1:21:03	1:17:52
2383	2051	Emma STEPHENSON	*	F	FV35	1:21:06	1:19:19
2384	66	Jane ADAMS	* Horsham Joggers	F	FV70	1:21:26	1:18:50
2385	1027	Jane HOLYER	*	F	FV60	1:21:30	1:18:54
2386	3042	Sabrina DEHASPE	*	F	FV45	1:21:43	1:18:58
2387	400	Jenny CASS	* Portslade Hedgehoppers	F	FV45	1:21:44	1:19:12
2388	2321	Laura WILLIAMS	* Petts Wood Runners	F	FV50	1:21:49	1:18:53
2389	509	Abigail CRANE	*	F	FV35	1:21:55	1:18:52
2390	770	Harriet GALLIFANT	*	F	FSEN	1:21:56	1:19:19
2391	769	Gemma GALLIFANT	*	F	FSEN	1:21:56	1:19:19
2392	1500	Cassie MONTAGNANI	*	F	FV40	1:22:15	1:19:07
2393	532	Sally CUE	* Sevenoaks Ladies Joggers	F	FV60	1:22:46	1:20:02
2394	592	Margaret DEEGAN	*	F	FV55	1:22:46	1:20:01
2395	1032	Sue HOOPER	* Sevenoaks Ladies Joggers	F	FV60	1:22:46	1:20:01
2396	1201	Shane KILFORD		M	MV35	1:23:02	1:20:06
2397	2888	Aislinn RAFFERTY	*	F	FSEN	1:23:52	1:21:23
2398	1433	Maeve MCLOUGHLIN	*	F	FV50	1:24:52	1:21:48
2399	1765	Sarah QUICK	*	F	FV40	1:24:57	1:21:58
2400	1005	Carrie HILLIER	*	F	FV50	1:24:57	1:21:58



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2401	717	Xinyue FENG	*	F	FSEN	1:25:44	1:22:44
2402	962	Daisy HAYWOOD	*	F	FSEN	1:25:59	1:23:27
2403	609	Nadya DERUNGS	*	F	FV55	1:25:59	1:23:27
2404	3054	Natalie CAMPBELL	*	F	FV40	1:26:09	1:23:07
2405	647	Mick DUPLOCK	Horsham Joggers	M	MV80	1:26:22	1:24:17
2406	2522	Crispin SCOTT	Horsham Joggers	M	MV65	1:26:22	1:24:17
2407	1549	Jack MURPHY		M	MSEN	1:26:38	1:23:12
2408	1439	Amanda MCPAKE	*	F	FV60	1:27:22	1:24:19
2409	557	Alan DAVEY	East Grinstead Runners	M	MV60	1:27:22	1:24:21
2410	1550	Michael MURPHY		M	MV60	1:27:55	1:24:29
2411	1393	Phil MATUS		M	MV70	1:28:10	1:25:18
2412	1161	James JUNIPER		M	MV40	1:28:13	1:25:24
2413	1160	Michelle JUNIPER	*	F	FV40	1:28:13	1:25:24
2414	779	Susan GATHERGOOD	*	F	FV70	1:29:11	1:26:27
2415	1061	Peter HUDSON	Isle of Wight Road Runners	M	MV75	1:29:16	1:25:48
2416	656	Alex EADES	*	F	FV60	1:29:20	1:26:33
2417	553	Angela DARBON	*	F	FV60	1:29:37	1:26:39
2418	146	Robert BAKER		M	MV70	1:29:57	1:25:43
2419	1735	Emily POOTS	*	F	FSEN	1:30:26	1:27:20
2420	3079	Alice FISHER	*	F	FSEN	1:32:29	1:29:43
2421	250	Mike BOICE		M	MV80	1:32:54	1:29:47
2422	2397	Tiejuan ZHAO	*	F	FV50	1:34:04	1:30:53
2423	1575	Gregory NICOLAOU		M	MV60	1:34:25	1:32:01
2424	228	Alan BIRCH		M	MV55	1:35:18	1:32:40
2425	2620	Laura SOUTHEY	* Personify Fitness	F	FV35	1:35:18	1:32:40
2426	3066	Danielle DO VALE	*	F	FU20	1:35:28	1:32:29
2427	2767	Heather CURRIE	* Crawley Run Crew	F	FSEN	1:37:53	1:34:36
2428	2984	Mohamed HAMAN		M	MU20	1:41:55	1:40:03
2429	246	Kerry BLAZDELL	*	F	FV50	1:42:33	1:39:26
2430	2432	Duncan CAMPBELL	Brighton & Hove Frontrunners	M	MV70	1:46:33	1:43:53
2431	993	Mark HICKEY		M	MV50	2:59:25	2:55:59
2432	92	Shaun ALLEN		M	MV50	2:59:27	2:56:00